

Pre K and Kindergarten Safe Environment Lesson

Outcomes

The learner will be able to:

- ✓ Identify some skills and talents that make her/him unique and special.
- ✓ Recognize that it is good that we are all different.
- ✓ Identify adults whom s/he trusts and make her/him feel special.

Part One

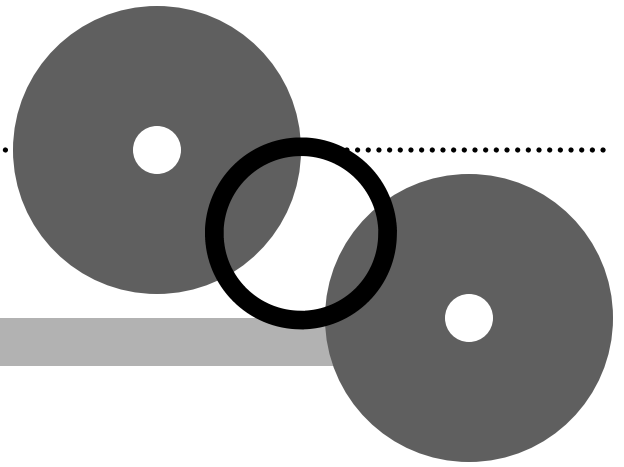
1. Welcome the students and introduce the lesson by explaining that the class will be talking about ways they are unique and special.
2. Read aloud the book When I Feel Good About Myself and be sure to share the illustrations as you read.

Gather the following items for this lesson:

- Book: When I Feel Good About Myself by Cornelia M. Spelman
- Drawing paper for each child
- Crayons for each child
- A cut-out heart for each child (included-page 3)
- A small table and basket
- Take Home Page for each child (included-page 4)

Part Two

1. Have students identify the situations in the book and characters they remember the most. Be sure to point out that in each situation, whether successful or not, the young characters always felt they were special no matter what.
2. Distribute drawing paper and crayons.
3. Invite students to draw a picture of their favorite part of the book.
4. Share individual pictures with the whole group.
5. Take some time to talk with the children about what it means to trust.
6. Invite the students to name adults whom they trust who help them feel special. Try to include examples like family members, teachers, doctors, firefighters, etc.



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Part Three

Closing Prayer: An Echo Prayer

Preparation for Prayer

Give each child a cut-out heart. Explain that during the prayer you will invite each child to say the name of a person they trust, who keeps them safe, and makes them feel special. After they say the name, they will put the heart in a basket on the prayer table.

Talk with the children about what an echo is. This prayer is an echo prayer; i.e. the children will repeat each line of the prayer as you offer it.

Prayer Experience

Thank you, God, for always taking care of us. (children repeat)

Bless all of the people who keep us safe. (children repeat)

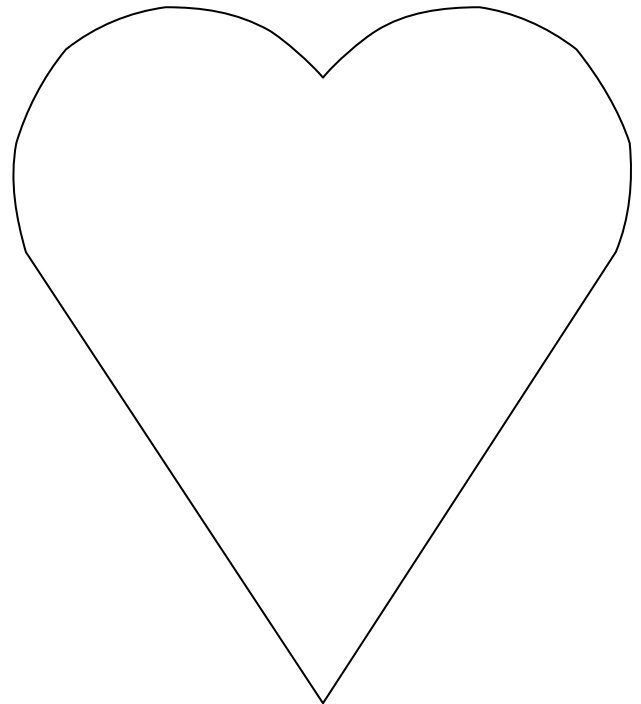
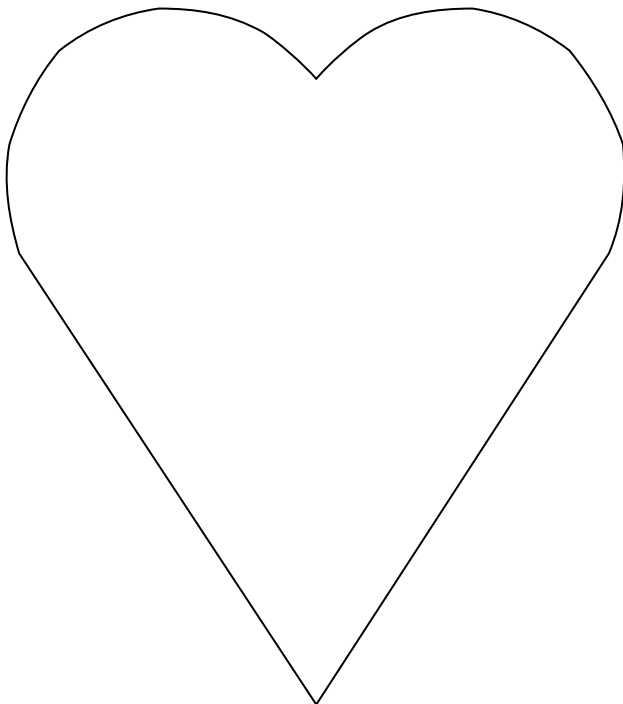
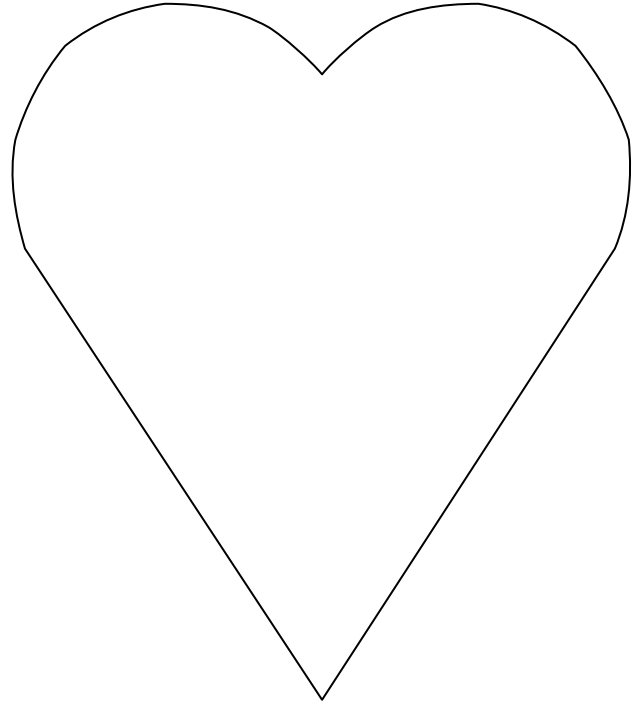
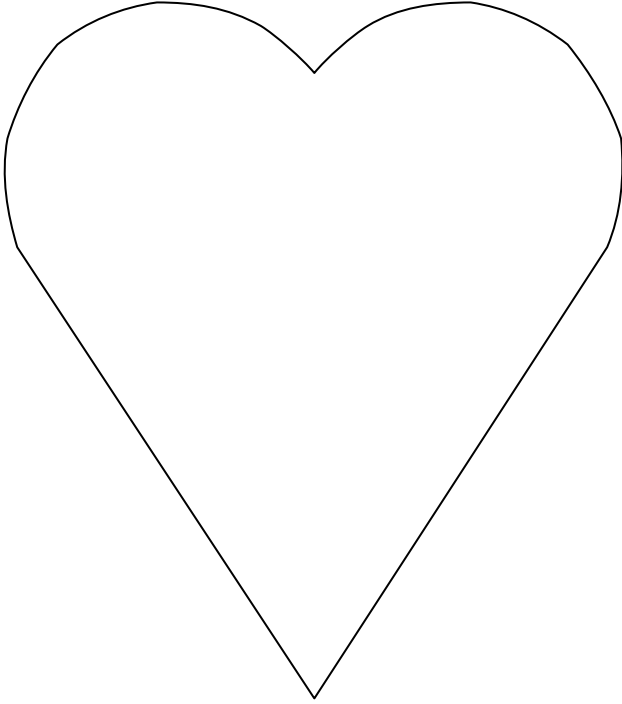
Bless all of the people who make us feel special. (children repeat)

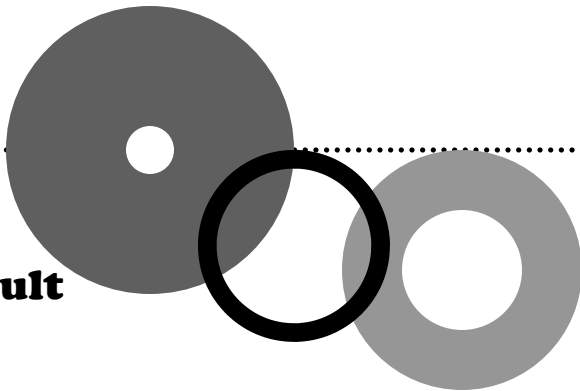
{At this time invite the children to say the name of one person who makes them feel special and to place the cut out heart in the basket. }

Help us to love and take care of each other. (children repeat)

Amen. (children repeat)

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Take Home Page

Tell a Trusted Adult

Dear Parents,

One of the things we have discussed in class is the importance of identifying trusted adults who keep us safe and make us feel special. We discussed people like family members as well as police officers, firefighters, doctors, teachers, nurses. Each child has identified at least one person they know whom they can talk to and trust. Have your child circle the trusted adults and explain why these people can be trusted, then have him/her draw a picture in the empty space of someone they know and trust.

