

## TRIDUUM FOR THE ENTHRONEMENT OF THE SACRED HEART

### Three-day Preparation

The Enthronement of the Sacred Heart of Jesus is the social reign of Jesus Christ in our homes, parishes, workplaces, schools, communities and nations. We consecrate ourselves to Jesus – making a covenant of love with Him. Our purpose is to bring forth Jesus Christ as the Enthroned King of Kings and Lord of Lords, placing everything under the influence of His Sacred Heart.

**DAY 1:** *To the Heart of Our King, Jesus of Bethlehem*

Read Luke 1:26-38; Luke 2:1-20; and Matthew 2:1-12

Rosary (*Third Joyful Mystery only*)

*Let Us Pray*

Sacred Heart of Jesus, we salute You, for You are the King of Kings, the Ruler of families and nations. But sad to say, in many nations, You have been dethroned and rejected. This is mainly because You were dethroned in many families of which the nations are composed.

Loving Master, we want to make up for this insult to Your Divine Majesty by lovingly enthroning You as King of our (*family or organization*). Like Mary and Joseph, like the shepherds and the three kings, we want to give You a royal welcome as they did when they adored You in Your humble home in Bethlehem. Like them, we have no royal throne to offer You, but we can and will offer something even more pleasing to You. In our (*home or organization*), Your throne will be a living throne: the loyal hearts of the members of this (*home or organization*); Your royal crown: our acts of love.

O Mary, queen of our (*home or organization*), by your loving submission to the will of God in all things, obtain for us the grace never to sadden the Heart of our King by willful disobedience of His commandments or those of His Church. May it be said of us what the Gospel said of Jesus, “He was subject to them.” Good St. Joseph, guardian of our (*family or organization*), help us to make this Enthronement the beginning of a new life of love in this (*home or organization*). Through the presence of the Sacred Heart of Jesus in our (*family circle or organization*) and through your powerful intercession, may we receive the grace to know our King more personally, love Him more ardently, and thus serve Him more faithfully. Amen.

*Daily Prayer*

O Christ Jesus, I acknowledge You to be King of the universe; all that has been made is created by You. Exercise over us all Your sovereign rights. We hereby renew the promises of our Baptism, renouncing Satan and all his works and empty promises, and we promise to lead henceforth a truly Christian life. Divine Heart of Jesus, we offer You our poor actions to obtain acknowledgement by every heart of Your sacred kingly power. May the kingdom of Your peace be firmly established throughout the earth.

*Most Sacred Heart of Jesus, Your kingdom come through Mary!*

*Sacred Heart of Jesus, protect us!*

*Immaculate Heart of Mary, queen of heaven, pray for us!*

*St. Joseph, friend of the Sacred Heart, pray for us!*

*St. Michael, first champion of the Kingship of Christ, pray for us!*

*Guardian Angels, pray for us!*

Sing or play an appropriate hymn.

**DAY 2:** *To the Heart of Our Brother: Jesus of Nazareth*

Read Luke 2:40-52

Rosary (*Fifth Joyful Mystery only*)

*Let Us Pray*

Dear Jesus, Son of God, when we call You “Brother,” we speak the truth for You are indeed just that. John told us so when in his Gospel he wrote, “But to as many as received Him, He gave the power of becoming sons of God.” Therefore, we are Your adopted brothers and sisters and co-heirs of heaven. And since You are a King, we have the privilege of being members of a royal family, as were Mary and Joseph. How honored we will be to have our Brother King come to dwell in our (*humble home or organization*) in order to share our joys and sorrows! Once You are enthroned in our (*family or organization*), we will understand as never before the meaning of the words, “And the Word was made flesh and dwelt among us.” No longer need we envy Mary and Joseph at Nazareth, for Your abiding presence in our (*home or organization*) will make our (*family or organization*) another Nazareth wherein we will give proof of our love. We will do this especially by the practice of charity: trying to love each other as You love us and to build a more just world in solidarity with the poor.

O Mary, queen of Nazareth and Mother of Jesus, obtain for us the grace to appreciate the presence of Your Divine Son enthroned in our (*home or organization*). Grant us a greater love for Jesus ever present in the Blessed Sacrament, a deeper love for the Holy Sacrifice of the Mass, a more ardent longing to unite ourselves as often as possible with our loving Savior in Holy Communion. Good St. Joseph, you were privileged to share the joys and sorrows of your foster son at Nazareth. Teach us how to share our everyday joys and sorrows here on earth with our Brother, Jesus, so that one day our entire (*family or organization*) may join you and Mary in sharing the joys of heaven. There we will see my King and Brother face to face and with you love adore, thank, and praise Him for all eternity. Amen.

*Daily Prayer*

O Christ Jesus, I acknowledge You to be King of the universe; all that has been made is created by You. Exercise over us all Your sovereign rights. We hereby renew the promises of our Baptism, renouncing Satan and all his works and empty promises, and we promise to lead henceforth a truly Christian life. Divine Heart of Jesus, we offer You our poor actions to obtain acknowledgement by every heart of Your sacred kingly power. May the kingdom of Your peace be firmly established throughout the earth.

*Most Sacred Heart of Jesus, Your kingdom come through Mary!*

*Sacred Heart of Jesus, protect us!*

*Immaculate Heart of Mary, queen of heaven, pray for us!*

*St. Joseph, friend of the Sacred Heart, pray for us!*

*St. Michael, first champion of the Kingship of Christ, pray for us!*

*Guardian Angels, pray for us!*

Sing or play an appropriate hymn.

**DAY 3:** *To the Heart of Our Friend: Jesus of Bethany*

Read Luke 10:38-42; John 11:1-35

Rosary (*First Sorrowful Mystery only*)

*Let Us Pray*

“My delight is to be with the children of humankind.” These words from the Book of Proverbs were certainly spoken about You, dear Jesus, Who came down to share our exile here below. You delight in being with us because we need You and You are our best Friend. You love all without exception: saints and sinners, the rich and the poor, the learned and the uneducated. You love all races, all peoples, but above all You love all families. You proved that love by spending thirty years in your home in Nazareth, and during Your public life, many times You accepted invitations to visit families. You even told Zacchaeus the sinner that “I must stay in your house today.” But there was one family for whom You had a special love, that of Lazarus, Martha, and Mary. How many times did You stay in that beloved family at Bethany! It was there You found rest and solace after the fatigue of Your labors and the insulting attacks of Your enemies. At Bethany, You were always received as a royal Guest, but also You were treated as a Brother and Friend. Dear Jesus, once You are enthroned in our (*home or organization*), we too want to be Your true friends. We want You to feel at home with us. We will try to console You for those who do not love You. We will serve You like Martha; listen to You like Mary; and thank You like Lazarus. We feel confident that You will richly bless our (*family or organization*) and all those who invite You into their lives. And, if there are in our (*home or organization*) prodigal sons or daughters, lost sheep, sinners dead to the life of grace, we know that You will say to them as you did to Zacchaeus, “Today salvation has come to this house.” You will be to them a loving Father, a Good Shepherd, a Divine Physician, for You are “the Resurrection and the Life.” O Mary, Mother of our best Friend, and St. Joseph our patron, obtain for us the grace to make our (*home or organization*) a true Bethany for the Sacred Heart. May our friendship with Jesus be loving, loyal, and lasting. May our daily living with my King and Guest bring about a closer union of hearts, of minds, and of wills so that our entire (*family or organization*) united with the Heart of Jesus here on earth may remain united with Him and the Father and the Holy Spirit in our true home, heaven, for all eternity! Amen.

*Daily Prayer*

O Christ Jesus, I acknowledge you to be King of the universe; all that has been made is created by You. Exercise over us all Your sovereign rights. We hereby renew the promises of our Baptism, renouncing Satan and all his works and empty promises, and we promise to lead henceforth a truly Christian life. Divine Heart of Jesus, we offer You our poor actions to obtain acknowledgement by every heart of Your sacred kingly power. May the kingdom of Your peace be firmly established throughout the earth.

*Most Sacred Heart of Jesus, Your kingdom come through Mary!*

*Sacred Heart of Jesus, protect us!*

*Immaculate Heart of Mary, queen of heaven, pray for us!*

*St. Joseph, friend of the Sacred Heart, pray for us!*

*St. Michael, first champion of the Kingship of Christ, pray for us!*

*Guardian Angels, pray for us!*

Sing or play an appropriate hymn.

## **OTHER PREPARATIONS**

Plan to receive the Sacrament of Reconciliation and celebrate the Eucharist before or on the day of the Enthronement Ceremony and prepare a place of honor for the Sacred Heart image and a place for the Marian image. This place of honor will be your prayer place as you live out your covenant of love. Wall tables or shelves are ideal since there is generally room for a Bible, rosaries, candles, flowers and pictures of loved ones.

## **GENERAL INFORMATION**

### **Requests of the Sacred Heart to St. Margaret Mary**

- Acknowledge Jesus as your King
- Place an image of the Sacred Heart in your home
- Consecrate your heart to the Sacred Heart of Jesus
- Make reparation to Jesus for indifference and hostility to Him
- Live a life of love and confidence in Him
- Make the Sacred Heart of Jesus better known and loved
- Increase devotion to the Holy Eucharist
- Celebrate First Fridays

### **Essential Elements of Devotion to the Sacred Heart**

- Worship of Jesus as the Sacred Heart
- Belief in the merciful love of Jesus
- Generous return of love to Jesus
- Reparation for offenses against Jesus, particularly on First Fridays
- Special love and reverence for the Blessed Sacrament

### **The Twelve Promises of the Sacred Heart**

1. I will give them all the graces necessary for their state of life.
2. I will establish peace in their families.
3. I will bless every home in which an image of My Heart is exposed and honored.
4. I will console them in all their difficulties.
5. I will be their refuge during life and especially at the hour of death.
6. I will shed abundant blessings upon all their undertakings.
7. Sinners shall find in My Heart a fountain and boundless ocean of mercy.
8. Tepid souls shall become fervent.
9. Fervent souls shall rise speedily to great perfection.
10. I will give to priests the power of touching the hardest hearts.
11. Those who propagate this devotion shall have their names written in My Heart never to be blotted out.
12. I promise you, in the excessive mercy of My Heart that My all-powerful love will grant to all who communicate on the First Friday of the month for nine consecutive months the grace of final penitence; they shall not die in My displeasure nor without their last Sacraments: "My Divine Heart shall be their safe refuge in this last moment."

## THE ENTHRONEMENT AS A WAY OF LIFE

In order to keep the Enthronement covenant alive, the following prayers and practices are recommended:

### *Daily Offering*

O Jesus, through the Immaculate Heart of Mary, I offer You my prayers, works, joys, and sorrows of this day, for all the intentions of Your Sacred Heart, in union with the Holy Sacrifice of the Mass throughout the world, in reparation for sin, for the intentions of all my friends and associates, and in particular for the intentions of the Holy Father.

### *Daily Covenant Renewal*

Dear Sacred Heart of Jesus, I renew my pledge of love and loyalty to You. Keep me always close to your loving Heart, and to the most Immaculate Heart of Your Mother. May I love others more each day, forgiving other's faults as You forgive me of my sins. Teach me to see You in all of my brothers and sisters, loving them as You love them, especially the poor and oppressed, that I may be instrumental in bringing about justice and peace.

Please help me carry my cross daily out of love for You and help me strengthen this love by frequent participation in the Celebration of the Eucharist. Thank You, dear Jesus, for all the blessings of this day. Protect me and others during this night. Help me to live that I might get to heaven.

Most Sacred Heart of Jesus, Thy Kingdom come!

Immaculate Heart of Mary, pray for our family!

St. Joseph, friend of the Sacred Heart, pray for us!

Our patron saints and guardian angels, pray for us! Amen.

### *Recommended Practices*

- Celebration of the Eucharist, as often as possible and especially on Sundays and Holy Days of Obligation
- Faithful use of the Sacrament of Reconciliation (recommended 1/month)
- Scripture Reading
- Spiritual Reading
- Holy Hours in the Home and Eucharistic Adoration in church.
- Monthly First Friday and First Saturday celebrations
- Celebration of Solemnities or Feasts of the Holy Body and Blood of Christ, Sacred Heart, Immaculate Heart of Mary, and Christ the King
- Make a difference for Christ in society

