

Read each question aloud. The first teen to tap their buzzer is given the chance to answer. Award one point for correct answers. If the answer is incorrect, the next teen to buzz in has a chance to answer. The team with the most points at the end of the game wins.

- On what day did God create the land animals? *The sixth day*
- What was the name of the man who was killed by his own brother? *Abel*
- What were the names of the three men in the Book of Daniel who were thrown into a furnace but were not harmed? *Shadrach, Meshach, and Abednego*
- Name four of the 12 tribes of Israel. *Reuben, Simeon, Judah, Levi, Issachar, Zebulun, Dan, Naphtali, Gad, Asher, Joseph, Benjamin*
- What was the name of Mary's cousin, the mother of John the Baptist? *Elizabeth*
- How many commandments did Moses bring down from the mountain? *Ten*
- What was the name of the mountain where Moses received the Ten Commandments? *Mount Sinai*
- What sea did God part when the Egyptians were chasing the Israelites? *The Red Sea*
- What is the name of the second book of the Bible? *Exodus*
- Name two of the plagues of Egypt. *Water into blood, frogs, lice/gnats, flies, livestock, boils, hail, locusts, darkness, death of firstborn*
- Who wore the coat of many colors? *Joseph*
- How many times did Peter deny Jesus? *Three*
- What was Abraham's former name prior to his covenant with God? *Abram*
- What was the sign of God's covenant with Noah? *A rainbow*
- What is the name of the place where Jesus was crucified? *Golgotha*
- What are the three gifts the wise men brought when Jesus was born? *Gold, frankincense, myrrh*
- Who told the disciples that Jesus was risen from the dead? *Mary Magdalene*
- Who do we celebrate during the Feast of the Immaculate Conception? *Mary*
- What did David slay Goliath with? *A rock*
- What animal is mentioned most frequently in both the New and Old Testaments? *Sheep*



HANDOUT
EXAMINATION OF CONSCIENCE

Slowly and prayerfully use the following to examine your conscience.

1. You shall have no other gods before me.

What have I placed before God? Have I missed Mass on Sunday for a reason that is within my control? Do I daydream during Mass instead of participating? Am I too busy to pray because of commitments to extracurricular activities? Am I more concerned with relationships with my friends or significant other than with my relationship with God? Do I value anything above God? Do I worship technology, Apple products, clothing brands, celebrities, social media personalities, etc.? Have I participated in the occult: ouija boards, fortune tellers, channeling, astrology, horoscopes, reiki, magic, etc.?

2. You shall not take the name of the Lord your God in vain.

Do I use words to put down God or the Church? Do I swear using the Lord's name?

3. Remember the Sabbath day, to keep it holy.

Have I missed Mass on Sunday because of sports or another activity? Do I rest on Sunday? Do I spend time with my family? Do I set aside time for prayer?

4. Honor your father and mother.

Have I ever spoken unkindly about or to my parents? Have I yelled at them? Have I willfully disobeyed them or lied to them? Have I been disobedient to those in authority? Teachers? Coaches? Law enforcement? Core Members?

5. You shall not murder.

Have I killed someone's reputation through lies and slander? Have I manipulated situations or people to hurt another? Have I held grudges and resentments? Have I refused to forgive others? Have I cultivated hatred? Have I mocked or made fun of another? Have I supported abortions? Have I advocated for euthanasia or the death penalty? Have I sped or texted while driving? Have I gotten drunk or taken drugs?

6. You shall not commit adultery.

Have I looked lustfully at others? Have I lustfully kissed or touched someone? Have I watched pornography? Have I engaged in sexual activity outside of marriage?

7. You shall not steal.

Have I stolen media off of the internet? Have I downloaded music, movies, or TV shows illegally? Have I shoplifted? Have I wasted something that belonged to another?

8. You shall not bear false witness against your neighbor.

Have I gossiped, told lies, or embellished stories at the expense of another?

9. You shall not covet your neighbor's wife.

Have I consented to impure glances and thoughts? Have I encouraged them by stares, curiosity, or impure conversations? Did I neglect to control my imagination or desire for other people?

10. You shall not covet your neighbor's goods.

Am I jealous of what other people have? How many hours a day do I spend on social media? Do I find myself jealous or sad that others are doing more than I, have more than I, or look cooler than I perceive myself to be?
