

## **CONFIRMATION SESSION: FAULT**

### **CONTENT OVERVIEW**

A series of videos on YouTube called “expectation vs. reality” have become popular recently. In fact, many popular YouTube channels have some variation of the “expectation vs. reality” challenge. In this challenge, a certain topic or action is displayed in two different and quite opposing ways. The first is how something is expected to happen, or the desired result that is expected. The actual result of an attempt to reproduce the expected or desired outcome follows. Most times, there is a clear distinction between the expected and actual result, providing a humorous display of differences between the two. For example, the expected end-product may be perfectly baked and decorated cupcakes, complete with glitter and intricately piped rainbow frosting. When attempting to recreate this dessert, the person was left with cupcakes that were hardly edible.

We can have a similar experience with our faith, especially when it comes to our struggle with sin. In our minds, there is an expectation that we have to always make the right choice so we can lead a life that is completely free from sin, but the reality is that we all sin — no one is free from sin. While we strive to live sin-free lives, the reality is that we all stumble and fall. We may have the expectation that, because of our sin, God wants nothing to do with us, that He gets angry with us and gives up on us. This could not be further from the truth, as we have a loving and forgiving God who desires to be in relationship with us. God will do anything to free us from the bondage of sin, including sending His only Son to die on a cross.

While there are many things we desire in life, our ultimate desire is for God. As the Catechism of the Catholic Church clearly states, “the desire for God is written in the human heart, man is created by God and for God” (CCC 27). Even though we sin, we will always have the desire for God in our hearts. But the sin in our lives is too great for us to handle on our own. We are sinners who are in need of a savior — that is our reality. No matter the weight of our sin, Jesus offers us love, forgiveness, and freedom from our sin.

### **CONVERSATION STARTERS**

1. What are the effects of sin? Do you feel like there is an expectation placed on you to live a sin-free life?
2. What do you desire in life? Have any of the things you desired in life pulled you away from God?
3. What does the Sacrament of Reconciliation mean to you? Is there anything that holds you back from participating in this sacrament?