

---

# IGNITION

An Edge Night on the Mission of the Holy Spirit

---

## LEADER OVERVIEW

The Holy Spirit, as the third person of the Holy Trinity, is always at work with the Father and the Son from the beginning of time to the fullness of time — “the Word of God and His Breath are at the origin of the beginning and life of every creature” (CCC 702).

Throughout salvation history, the Holy Spirit revealed God in various and mysterious ways. The Spirit is the guarantee of our inheritance as the children of God, which was promised to the descendants of Abraham. The Holy Spirit works to “renew the hearts of men, engraving a new law in them. He will gather and reconcile the scattered and divided peoples; He will transform the first creation, and God will dwell there with men in peace” (CCC 715). The Holy Spirit was present and at work in John the Baptist who was the last prophet to proclaim the coming of Jesus the Messiah. The Holy Spirit was also at work in Mary to prepare her to be the Mother of God, and it was by the overshadowing of the Holy Spirit that she conceived Jesus. (CCC 702-726)

Everything Jesus does is a part of the joint mission between Him and the Holy Spirit. The Holy Spirit was alluded to throughout Jesus’ life but was not fully revealed until His death and Resurrection. Jesus promised to send us the Holy Spirit to be with us forever, to teach us, to remind us of all that He did and said, and to lead us in truth to glorify Him. From the hour of Jesus’ death, “the mission of Christ and the Spirit becomes the mission of the Church” (CCC 730).

During Pentecost, the Holy Spirit was poured out in abundance upon the apostles and upon the Church. The Holy Spirit is God’s gift of love, making possible the forgiveness of sins and renewal of the likeness of man to God, which brings about communion and allows the children of God to bear much fruit. He draws men to Christ and the Church. He makes Christ present to us and brings us into communion with God. The Holy Spirit teaches us to pray and is part of every movement of prayer, uniting it to the prayer of the Church and with the Father and the Son. He is always present each day to spring up prayer within us. (CCC 730-738, 2659-2660, 2670-2672)

Jesus pours out the Holy Spirit to the members of His body, the Church, to heal, nourish, and organize them; the Spirit gives new life and helps in times of weakness, always interceding for us. (CCC 738-741)

# IGNITION

An Edge Night on the Mission of the Holy Spirit

## EDGE NIGHT OVERVIEW

### GOAL

The goal of this Edge Night is to help the youth see how the Holy Spirit works in the Church and in our own lives, and how the Holy Spirit aids us in the mission that Christ has given to us.

### SUMMARY

The Edge Night begins with a Gather dynamic that teaches the youth about St. Ambrose of Milan and invites them to build straw rockets in small groups. The Proclaim discusses how the Holy Spirit works in and through the Church. The Break gives the youth an opportunity to see how the Holy Spirit is present in their lives and discuss the teaching. The Edge Night ends with the Send that challenges the youth to pray for the gifts of the Holy Spirit.

### MAIN IDEAS

- The Holy Spirit has been at work with the Father and the Son since the beginning of time and continues to work with them until the end of time. (CCC 702)
- Just before Christ died on the cross, He promised that the Holy Spirit would come to be with us forever to teach us, to remind us of what He said, and to help us bear witness to Him in the world. (CCC 729-730)
- We are called to share our faith in the normal circumstances of our life: at school, at home with our family, and with our friends.

### ENVIRONMENT

To go with the theme of the Edge Night, decorate the room with different outer space and rocket themed decorations. Cut out stars and a moon to put around the exterior of the room or hang cut out stars from the ceiling with fishing line. Put white lights around the room to enhance the star effect and at the front of the room, project an image or play a short video of a rocket launching or make one out of butcher paper.



#### MEDIA

“Fall Afresh,” Jeremy Riddle (*Furious*, 2012, Bethel Music)

“Holy Spirit,” Jesus Culture (*Live From New York*, 2012, Jeremy Edwardson)

“Come Holy Spirit,” Vertical Worship (*Frontiers*, 2016, Essential Worship)

“Espíritu Santo,” Athenas (*Me Basta Tu Gracia*, 2016, Codia)



---

## EDGE NIGHT OUTLINE

### GATHER

---

#### Edge Night Introduction (5 min)

Welcome the youth and introduce any youth who are there for the first time. Give a brief overview of the topic of the Edge Night using the following as an example:

*The Holy Spirit has an exciting mission for our lives and the Catholic Church; and we are called to be a part of it. Just like the flames of ignition launch a rocket into outer space, the Holy Spirit is so powerful, He helps fuel and launch you on the mission Jesus has for you.*

Begin in prayer by using the *Come Holy Spirit* projection, found on the *August 2018 Edge USB* and online at [lifeteen.com](http://lifeteen.com) under Edge Support: *August 2018*, for the youth to follow along.

#### St. Ambrose of Milan (5 min)

Use the following information to share three fun facts about St. Ambrose of Milan and the work he did to teach others about the Holy Spirit.

##### Fun Facts

1. When St. Ambrose was studying to become a Christian and be baptized, he was so well respected that he was picked to be the bishop.
2. This idea was not what St. Ambrose had in mind and he was afraid to take the role, so he ran away.
3. Eventually, St. Ambrose took on his role in the Church and helped to spread the practice of *lectio divina*, which is prayerful reading of Scripture.

##### Teaching on the Holy Spirit

Saint Ambrose wrote some of the first essays about the Holy Spirit in the Church. He was among the first saints to clearly argue that the Holy Spirit is God, the third person of the Trinity, and that the Holy Spirit was present in the Old Testament through the prophets and apostles.

#### Mission Rocket Launch (15 min)

Before the Edge Night, gather the following supplies: large straws (one for every youth), small straws (one for every youth), paper, colored pencils, scissors, glue, and tape.

This game is played in small groups.

1. In each small group, give every youth a sheet of paper and colored pencils.
2. Give the youth a few minutes to draw and color a rocket (they should only be about five inches long and three inches wide). Make sure they write their name on their rocket.

3. Next, instruct the youth to cut out their rockets.
4. Assemble the rockets by cutting the smaller straw to the size of the rocket and gluing it to the back of the rocket. Use tape to cover the end of the straw that is at the front end of the rocket so that air will not go right through the straw.
5. Then stick the open end of the small straw (that is at the base of the rocket) into the larger straw.
6. To make the rocket launch, the youth hold the end of the large straw up to their mouths and blow, and the rocket should shoot off the other end of the large straw.
7. Once all of the youth have created their rocket launchers, gather them back to the large group.
8. Line all of the youth up along one end of the room. Either say or play a recording of a typical rocket launch countdown and instruct the youth to blow into their straws at “blast off.” The youth whose rocket goes the furthest wins.



### STEP IT UP

To make the game more active, make the youth go on a scavenger hunt or race to different areas of the meeting space to collect the items they need instead of giving them all of the supplies in their small group.

## PROCLAIM

---

### “Ignition” Teaching (10 min)

This teaching can be found on pages 33 to 35.

## BREAK

---

### Responding to the Holy Spirit (15 min)

Break the youth into their small groups. Begin this time by emphasizing that the Holy Spirit wants to be at work in our lives, that He calls us to participate in His mission now — not later when we are older.

Pass out the *My Response to the Holy Spirit* handout found on the *August 2018 Edge USB* and online at [lifeteen.com](http://lifeteen.com) under Edge Support: *August 2018*. Give the youth a few minutes to reflect on the different areas in their lives in which they can respond to the Holy Spirit. Once they finish, have them turn to the person next to them and take turns sharing what they came up with.

### Small Group Questions (15 min)

Break the youth into small groups and use the following questions for discussion:

- How does the image of the rocket blasting off into space relate to how the Holy Spirit works in our lives?
- If you had to explain what happened at Pentecost to one of your friends, what would you say?
- Do you know any prayers to Holy Spirit? Do you pray to the Holy Spirit? Why or why not?

- Is there any place in your life you feel like you are a good witness to Christ? If so, where is that? How are you a good witness?
- Is there any place in your life you do not feel like you do a good job of being a witness? If so, where is that? How do you think you can be a better witness?

### 8th Grade Adaptation

Use the following questions for a more challenging discussion for 8th grade youth:

- The Holy Spirit had a special relationship with John the Baptist and Mary. Why do you think He was so important in their lives?
- What do you think is the mission of the Church? How do you participate in the mission of the Church already? How can you do more?
- Do you know what the gifts of the Holy Spirit are? Can you list any of them? (wisdom, knowledge, understanding, counsel, courage, piety, fear of the Lord/wonder and awe)
- Which of these gifts do you need in your life right now? Why?

### SEND

### Prayer for the Gifts of the Holy Spirit (10 min)

Bring the youth back to the large group and begin by explaining that the Holy Spirit not only has a mission for our lives, but gives us everything we need to accomplish this mission – He gives us gifts for our journey!

End the Edge Night by praying together, using the *Gifts of the Holy Spirit* projection found on the *August 2018 Edge USB* and online at [lifeteen.com](http://lifeteen.com) under Edge Support: *August 2018*.

Notes: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

## TEACHING GUIDE

### GETTING STARTED

To cover the basic information, follow along and craft the talk based off of the bullet points. If your youth are ready to take it deeper, start incorporating a few of the Going Deeper call out boxes, picking the ones your youth would relate to the most.



#### GOING DEEPER

Check inside these boxes for tips and ideas on how to take your youth a little deeper with the Proclaim.

### THE HOLY SPIRIT IN THE PAST

- The Holy Spirit has been at work with the Father and the Son since the beginning of time, continues to work with them, and will work with them until the end of time. (CCC 702-704)
- The Holy Spirit is the fulfillment of the promise God made to Abraham that “through his descendents, all the nations will be blessed.” God promised all of the nations would be blessed with the Holy Spirit. As baptized Christians, we have received the same gift of the Holy Spirit. (CCC 705-706)
- The Holy Spirit was present in the Old Testament every time the people of God had an encounter with God or when any individual person came to see God in a new way. The Holy Spirit has the power to “enlighten our mind” and help us understand God better. (CCC 705-714)
- *Project an image of the Holy Spirit present with either John the Baptist or Mary.*
- Just before the coming of Christ, the Holy Spirit propelled John the Baptist to prepare people for Jesus’ coming as the Messiah. The Holy Spirit also prepared Mary to receive Jesus in her womb. (CCC 717-726)
- Jesus alluded to the Holy Spirit throughout His life and ministry — He even foretold the coming of the Holy Spirit at times — and everything He did was in union with the Holy Spirit and the whole Trinity. (CCC 727-728)
- Just before Christ died on the cross, He promised that the Holy Spirit would come to us to be with us forever to teach us, to remind us of what Christ said, and to help us bear witness to Him in the world. (CCC 729-730)

### THE HOLY SPIRIT IN THE PRESENT DAY CHURCH

- *Project an image of Pentecost.*
- On Pentecost, the Holy Spirit filled the upper room where the apostles were with Mary, the Mother of God. The Holy Spirit came into the room like a rushing wind and rested like a flame over each of the heads of the apostles and Mary.

- They entered the room afraid but left filled with the power and confidence to share the Gospel. In fact, because of the apostles' preaching, many people became Christian that day. (Acts 2:1-5)
- In the 40 days after the Resurrection, Christ breathed on the disciples and gave them a mission telling them, "As the Father has sent me, even so I send you" (John 20:21).
- From that moment, the Church has been given the mission to live the Good News of Christ, to share the Gospel with the whole world, and to baptize in the name of the Father and of the Son and of the Holy Spirit. (Matthew 28:19-20)



### GOING DEEPER

Point out Mary's special relationship with the Holy Spirit. The Holy Spirit was with her at the Annunciation, and she was present at Pentecost. Mary is called the "spouse of the Holy Spirit." Discuss with the youth how they can turn to Mary and ask for her help in growing in their relationship with the Holy Spirit.

- Ever since Pentecost, the Holy Spirit has been faithful to the Church, giving Christians the power to believe in Christ, witness to their faith, and evangelize. (CCC 735-737)
- The Holy Spirit gives us strength for this mission by bringing us into a deeper communion with God through the sacraments and the community of the Church. (CCC 733-736)

### THE HOLY SPIRIT IN MY LIFE

- We do not have to wait until we are older, more mature, or stronger in our faith to experience the power of the Holy Spirit.
- If you are baptized, then the Holy Spirit is dwelling in you. That presence will be confirmed and strengthened through Confirmation, if you have not already been confirmed.
- *Bring up the winner from the rocket launch Gather game and ask him or her to launch the rocket again from the front of the room.*
- Just like our breath launched the rockets into the air, the Holy Spirit, the breath of God, wants to launch us into the mission of the Church now! In fact, the Church tells us, "time is in the Father's hands; it is in the present that we encounter God, not yesterday nor tomorrow, but today" (CCC 2659). (CCC 2659-2660)
- The Holy Spirit launches us into mission by first helping us pray. The Holy Spirit teaches us to pray and is a part of every movement of prayer. Because He is God, He is able to unite our prayer to the prayer of the Church and with the Father and the Son.
- We can simply pray, "come, Holy Spirit." The Church invites us to pray to the Spirit before and after every important action or event in our lives. (CCC 2670-2672)
- We are called to share our faith in the normal circumstances of our lives: at school, at home with our family, and with our friends.





COME HOLY SPIRIT, FILL THE HEARTS OF YOUR FAITHFUL  
AND KINDLE IN THEM THE FIRE OF YOUR LOVE.  
SEND FORTH YOUR SPIRIT AND THEY SHALL BE CREATED.  
AND YOU SHALL RENEW THE FACE OF THE EARTH.

 EDGE

## COME HOLY SPIRIT PROJECTION

Project this image during the Gather for the youth to follow along with and pray. This projection can be found on the *August 2018 Edge USB* and online at [lifeteen.com](http://lifeteen.com) under Edge Support: *August 2018*.

## MY RESPONSE TO THE HOLY SPIRIT

*Begin with a short prayer asking the Holy Spirit to reveal to you the mission He has for your life. Then fill in the following with some ideas of what you can do in your daily life to follow the Holy Spirit.*

How can I be more aware of the Holy Spirit or respond better to Him at home?

- \_\_\_\_\_  
\_\_\_\_\_
- \_\_\_\_\_  
\_\_\_\_\_
- \_\_\_\_\_  
\_\_\_\_\_

How can I be more aware of the Holy Spirit or respond better to Him at school?

- \_\_\_\_\_  
\_\_\_\_\_
- \_\_\_\_\_  
\_\_\_\_\_
- \_\_\_\_\_  
\_\_\_\_\_

How can I be more aware of the Holy Spirit or respond better to Him with my friends?

- \_\_\_\_\_  
\_\_\_\_\_
- \_\_\_\_\_  
\_\_\_\_\_
- \_\_\_\_\_  
\_\_\_\_\_

### MY RESPONSE TO THE HOLY SPIRIT HANDOUT

Use this handout during the Break to help the youth see where the Holy Spirit is working in their lives. This handout can be found on the *August 2018 Edge USB* and online at [lifeteen.com](http://lifeteen.com) under Edge Support: *August 2018*.