

MENU

Blessed Francis Seelos Academy - OCTOBER 2021

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Cheese or Pepperoni Pizza Salad Fruit Cookie
4 Bosco Pepperoni Rolls Marinara Sauce Vegetable Fruit	5 Grilled Cheese Sandwich Chips Vegetable Fruit	6 Mac and Cheese Roll Vegetable Fruit	7 Chicken Patty Sandwich Tater Tots Vegetable Fruit	8 Cheese or Pepperoni Pizza Salad Fruit Cookie
11 Waffles Sausage Tater Tots Fruit	12 Popcorn Chicken Mashed Potatoes Gravy Corn Fruit	13 Meatball Hoagie Chips Vegetable Fruit	14 Beef Nachos Vegetable Fruit	15 Cheese or Pepperoni Pizza Salad Fruit Cookie
18 Cheeseburger French Fries Vegetable Fruit	19 Bosco Cheese Rolls Marinara Sauce Vegetable Fruit	20 Walking Taco Vegetable Fruit	21 Hot Dog Chips Vegetable Fruit	22 Cheese or Pepperoni Pizza Salad Fruit Cookie
25 French Toast Sticks Sausage Tater Tots Fruit	26 General Tso Chicken Rice Vegetable Fruit	27 Pasta with Meatballs Breadstick Vegetable Fruit	28 Corn Dog Chips Vegetable Fruit	29 NO SCHOOL

Lunch costs \$3.75 and includes an entrée, side, fruit, vegetable and a drink. Drink options include lemonade, water, white milk and chocolate milk.

Chicken Nuggets, Salad and Buttered Parmesan Pasta will be additional lunch options every day.

