



## **The Feast of Saints Joachim and Anne, Grandparents of Jesus**

**Sunday  
July 26, 2020**

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**“How precious is the family as the privileged place for transmitting the faith!”**

**Pope Francis**

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*The feast of Saints Joachim and Anne celebrates grandparents! On this special feast, let us express our respect, gratitude, and love for our grandparents, who connect the past and present for us through traditions of family and faith. Consider ways of honoring them: offering a Mass for them, writing a note to them, visiting them, making a call or facetimeing with them, or saying the following prayer in their honor:*

### **A Prayer for Grandparents**

**Dear God,**

**Please bless our grandparents.**

**Thank you for the life they gave my parents and for the life they give to me.**

**For the ways they helped me and made me strong, I give thanks.**

**For the ways they love me no matter what, I rejoice.**

**For the ways they have paved the road that leads me here, I am grateful.**

**Let them grow in wisdom and joy in life.**

**Let them find peace and rest from their work.**

**Let them be healed of every sickness and pain.**

**And let them see with their own eyes the glory of your Son, Jesus,**

**in the love of their children and grandchildren.**

**Bless them always until they come to rest in you.**

**We ask this through Christ our Lord.**

**Amen.**

Prayer by Diana Macalintal