

BREAKFAST



OCTOBER 2021
Elementary

Nutritional Development Services
Menu is subject to change. A variety of low fat or
non-fat is offered daily. Condiments offered daily.
Fruit and vegetable juices are 100% juice. Grains
are whole-grain when all items are past-free.

Monday

323 Apple Cinnamon
Muffin **4**
752 Fruit Punch Juice
608 Dole Tropical Fruit Cup
Pre-K: 349 Corn Chex

325 Cinnamon Chex Cup **11**
753 Orange Juice
608 Dole Tropical Fruit Cup
~~Pre-K: 345 Honey Scooters~~

359 Honey Scooters **18**
Cereal
752 Fruit Punch Juice
609 Dole Mixed Fruit Cup
Pre-K: 342 Cheerios

328 Chocolate Chip Muffin **25**
749 Apple-Cherry Juice
647 Dole Mandarin Orange
Cup
Pre-K: 367 Cinnamon Raisin
Bagel

Tuesday

369 Pillsbury Berry Blast **5**
Mini French Toast
753 Orange Juice
658 Cherry Craisins
Pre-K: 339 Orange Cranberry
Muffin

328 Chocolate Chip Muffin **12**
749 Apple-Cherry Juice
684 Mixed Berry Applesauce
Pre-K: 335 Banana Muffin

322 Blueberry Muffin **19**
753 Orange Juice
690 Apple Crisps
Pre-K: 339 Orange Cranberry
Muffin

327 Pillsbury Maple Mini **26**
Waffles
750 Apple Juice
645 Dole Pineapple Cup
Pre-K: 346 Cinnamon Toast
Crunch

Wednesday

334 Cinnamon Toast **6**
Crunch Cereal
749 Apple-Cherry Juice
645 Dole Pineapple Cup
Pre-K: 331 Corn Muffin

366 Blueberry Bagel **13**
752 Fruit Punch Juice
659 Watermelon Craisins
Pre-K: 343 Rice Chex

369 Pillsbury Berry Blast **20**
Mini French Toast
750 Apple Juice
659 Watermelon Craisins
Pre-K: 331 Corn Muffin

319 Orange Cranberry **27**
Muffin
752 Fruit Punch Juice
659 Watermelon Craisins
Pre-K: 335 Banana Muffin

Thursday

313 Rebel Apple Delight **7**
Crumble
750 Apple Juice
691 Strawberry Apple Crisps
Pre-K: 346 Cinnamon Toast
Crunch

333 Blueberry Chex **14**
Cereal
748 Grape Juice
684 Mixed Berry Applesauce
Pre-K: 366 Blueberry Bagel

323 Apple Cinnamon **21**
Muffin
749 Apple-Cherry Juice
645 Dole Pineapple Cup
Pre-K: 330 Blueberry Muffin

359 Honey Scooters **28**
Cereal
748 Grape Juice
684 Mixed Berry Applesauce
Pre-K: 341 Honey Bunches of
Oats Cereal

Friday



329 Trix Cereal Bar **8**
748 Grape Juice
684 Mixed Berry Applesauce
Pre-K: 332 Apple Cinnamon
Muffin

319 Orange Cranberry **15**
Muffin
750 Apple Juice
690 Apple Crisps
Pre-K: 331 Corn Muffin

334 Cinnamon Toast **22**
Crunch Cereal
748 Grape Juice
684 Mixed Berry Applesauce
Pre-K: 347 Cinnamon Chex

329 Trix Cereal Bar **29**
753 Orange Juice
691 Strawberry Apple Crisps
~~Pre-K: 331 Corn Muffin~~

PLEASE READ CAREFULLY. Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the suppliers of the food item. To request product information please call (215) 895-3470 during normal business hours.