



(Return this to tomt@spfc.org by December 19, 2021)

Confirmation Name Selection

Student Name: _____

(as you'd like it to appear in the program)

Confirmation Saint Name Choice: _____

How to Choose a Confirmation Name

Why would we choose to be confirmed as adults in the Church under a new name? Taking a new name is not a new thing in our biblical tradition. Consider these Scriptures:

- Abram is given a new name after he makes a covenant with God (Abraham).
- Jesus gives Simon the name Peter after he tells him he will be “the rock on which I will build my Church”
- Saul takes on a new name after his baptism and conversion (St. Paul)

When deciding on a Confirmation name, the goal is to pick the name of a saint you admire, can relate to, or aspire to be like. This saint will be bonded to you spiritually and will be your model in life and can be the one you turn to for guidance and protection. Throughout the Bible, there are many examples of people taking on new names, dating back to the Old Testament. For example, God changed Abram’s name to Abraham meaning, “father to a host of nations.” This name change signified that God was making a covenant with Abraham that would make him the first of God’s people on earth. Simon’s name was changed to Peter, meaning “rock” and refers to Peter becoming the first pope: “And upon this rock I will build my church” (Matthew 16:17-18). While you probably won’t start going by your confirmation name, take some time to pray about the name you will pick to be confirmed by as it will represent the “new” person you become through confirmation

“Credible” Saint Websites to use for Research

This topic is tricky, because websites do not receive an imprimatur or a nihil obstat, the typical seals of approval from the magisterium, which some books include to verify the truth of their content. Therefore, with the exception of the Vatican’s website or the USCCB, we can’t say definitively that any website is “credible” from a Catholic perspective, even if it meets secular guidelines for credibility (i.e. author, date, type of URL, etc).

Credible – Use These	Not Credible – Avoid These
vatican.va usccb.org/prayer-and-worship/prayers-and-devotions/saintsinfo. franciscanmedia.org/catholic.org catholic.org/saints/ mycatholic.life/saints/ ewtn.com/catholicism/saints	Blogs Forums Wikis Answers.com, Ask.com, About.com, Yahoo.com, or any kind of question and answer site Any site that doesn’t have a discernible author OR organization (has neither) Quote websites (brainyquote.com, imdb.com)

If you need help researching or would like more information about any particular saint, feel free to contact Tom at 920.242.3047, tomt@spfc.org.