

The KING'S Connection

MONTHLY NEWSLETTER

Our Upcoming 75th Anniversary Celebrations

Embracing the Spirit of the "Greatest Generation"

Described by journalist and author Tom Brokaw as the "greatest generation," there are many adjectives that could be used to describe the people of 1945. *Hard working. Resilient. Unified.* These are just some of the words which come to mind in an attempt to capture the overall spirit that presided during Cathedral of Christ the King's inaugural year. It's a spirit that Cathedral Rector Fr. Paul Prabell hopes we will revisit together as we celebrate our community's 75th anniversary.

"This just seems like the ideal time to celebrate who we are as a faith community — to explore together what it means to be a disciple of Christ outside the confines of our church, and what it means to work together as a church body," Fr. Paul says. "One of the ways I hope to do that is by helping us all revisit the best spirit of 1945, to really explore this time in our history when there was this strong sense of community."

Working with Fr. Paul to help make this possible is an entire committee of parish volunteers, each dedicated to creating a spirit of celebration and



The statue of Christ the King stands sentry as the pre-fab church is dis-assembled and the congregation begins to worship in the new church.

APRIL 2020

Inside

- 3 We Are Stewards of Creation and Our Church Home
- 4 Connecting in Fellowship as a Community Through Sunday Morning Coffee and Donuts
- 6 The Traveling Vocations Crucifix *Bringing Our Prayers for Vocations Beyond the Parish Walls*
- 7 CRS Operation Rice Bowl *Living out the Spirit of Lent*

continued on page 2

The KING'S *Connection*

Our Upcoming 75th Anniversary Celebrations

continued from front cover

fostering an overall sense of pride in our community's rich history. Their plan is to officially begin the festivities with a 75th Anniversary Mass on Thursday, April 30. Then, weather permitting, they hope to host a family picnic later that weekend as a way to bring families together for fun and fellowship.

Though the rest of the year's celebrations are still in the early planning phases, committee chairperson Catherine Nalli says many exciting ideas have already been proposed, such as an ecumenical service with our neighboring churches, a large banquet in November and, of course, a special Mass with the Bishop on Nov. 22 — the Feast of Christ the King.

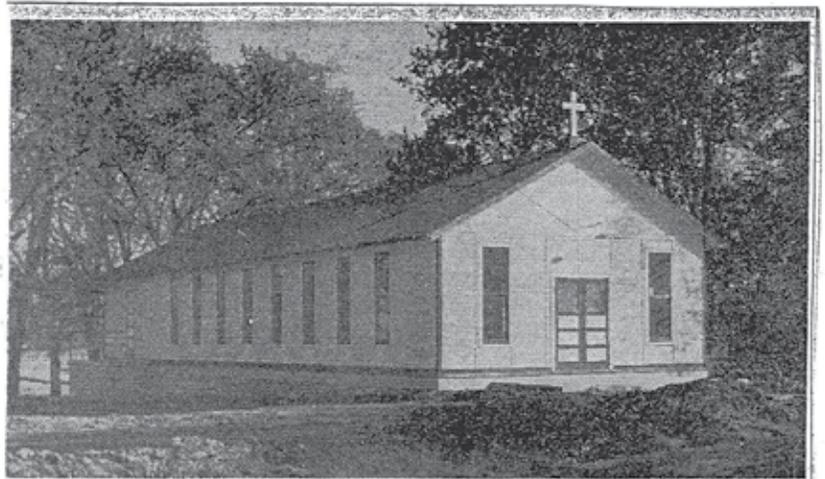
"We've gotten several other little suggestions, as well, such as 75th anniversary bookmarks which will be distributed to parishioners as a nice little memento," Catherine says.

Fr. Paul even hopes to take parishioners on a kind of pilgrimage to visit Christ the King Church in Cincinnati, Ohio. In addition to sharing a common name with our own parish, this church was also designed by architect Edward Schulte, resulting in several interesting similarities between the two buildings.

"Mr. Schulte uses some of the same artistic elements as a way of expressing and honoring Christ the King in both of these churches," Fr. Paul says. "So it will be a unique way for us to honor our own history while examining and learning about this other church."

Both Fr. Paul and Catherine feel that these celebrations provide the faith community with a special opportunity to grow closer to each other. They may also serve as an opportunity to reflect on the many blessings that have been bestowed on our faith community over the past 75 years, and to perhaps become more open to the new ways we are being called to serve and grow.

"I just hope that everyone will be so inspired and grateful for the blessings we have here at Christ the King," Catherine says. "It's been a wonderful place. We've gone through some difficult times through the years, but that's normal — that's part of life. I think people will be grateful and inspired, and they've been a part of this. Hopefully, they will want to help our church continue to thrive."



TEMPORARY CHURCH ERECTED—Members of the recently formed Christ the King parish of the Roman Catholic church within three weeks will begin worshipping in the chapel pictured above. Erected in the southeast corner of a 10-acre tract owned by the church in Chevy Chase, the chapel was brought here from Covington, where it was used during the organization of a new parish and erection of a church building. Completely remodeled and insulated since its removal here, the chapel will seat 250 persons. After completion of the permanent church, the chapel will be available for use by Chevy Chase residents as a community auditorium.

This 1946 newspaper clipping reports on the recently completed temporary church for Christ the King.

Please refer to the parish bulletin for more details on our upcoming 75th anniversary celebrations.

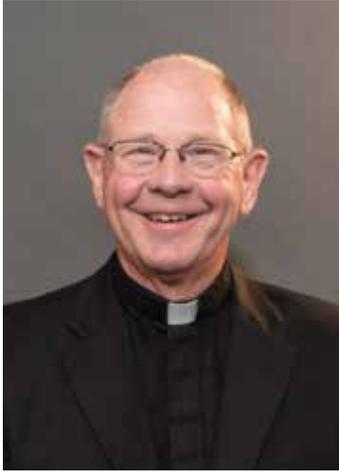
We Are Stewards of Creation and Our Church Home

Dear Brothers and Sisters:

I have a strong spirit of gratitude for the generosity of so many parishioners who have contributed to our Capital Campaign, and to the great work of Katie Sheppard and Bob Kuhn in guiding our deeper investment in stewardship as the way to live as a Christian and as a member of our cathedral parish community. I have a strong spirit of gratitude as I see the accomplishment of our goals of rehabilitating our building's infrastructure being met one by one, and as I see the skill and dedication of Joe Sandfort and his team of staff and volunteers and the members of the Property Committee. I am particularly struck by so many of our contractors approaching their jobs here as a participation in God's work. We are getting closer and closer to our goal with the Capital Campaign of accomplishing the core projects needed for our cathedral to be ready for the next 75 years.

However, I need to mention another area which is calling for our collective stewardship. It revolves around a sense of responsibility and a willingness to take care of our resources. In our March 22 bulletin, we highlighted this theme. In this article I wish to reinforce this call to action.

For example — since summer, 12 of our tables used in Hehman Hall and the Parish Life Center have been destroyed as their legs were bent because people sat on them. Chairs in Hehman Hall have been damaged by people standing on them or rocking in them. The Hehman Hall carpet is showing the signs of more and more abuse. Our restrooms and hallways have been marred by graffiti. Automatic soap dispensers in the restrooms have been smashed. Our outdoor basketball goals have been damaged multiple times. Children sometimes run through the halls in an unsupervised manner. Our large potted plants are often over-watered, and the spillage causes damage to floors and carpets. The list can go on.



Some of this is “normal wear and tear” in a facility that is user-friendly and is used a lot. Some of this is outright vandalism. But a lot of these problems are related to thoughtlessness, carelessness and a lack of supervision. Let's all do what we can to be a bit more alert and a bit more responsive to situations that are or can be harmful to our Church home. Let's not tolerate in Church what we would not tolerate in our homes.

As we reflect on our responsibility as a community of faith here on our grounds, it is also important to address other ecological issues. Here and at home, we need to do all we can to be conservative of our resources and to recycle. As we develop a parish campaign to recycle, we also will do well to consider ways to use less paper and plastic, and to avoid buying items which are unnecessary and items that are environmentally harmful.

We are called to care for creation. We are called to care for our Church. We are called to care for our Church home. We have been blessed in many ways. Let us respect the blessings which have been showered upon us. Let us preserve our world for our children and let us guide them to be part of this stewardship of creation.

As part of this initiative, we will be having a Parish Volunteer Work Day on Saturday morning, April 18. You will be invited to come and participate in some “spring cleaning” projects. This is also one more aspect of our commemoration of our parish's 75th anniversary, as we seek to draw from the spirit of the parishioners who laid the foundation for our campus and our community of faith.

Sincerely yours in Christ,

Fr. Paul Prabell

Fr. Paul Prabell, *Rector*

The KING'S Connection

Connecting in Fellowship as a Community T

You don't have to attend a parish for long before you start recognizing some of the people who sit nearby at Sunday Mass. However, all too often, in the midst of our busy schedules, we don't really get to know the stories behind the people with whom we worship.

Here at Cathedral of Christ the King, we hope our parishioners will take the opportunity to slow down, enjoy a cup of coffee and a donut, and get to know their brothers and sisters in Christ beyond a wave or smile on the way out of church.

Coffee and Donuts is held on the first and third weekends of the month, after the 7:30 a.m., 9 a.m., 11:30 a.m. Sunday Masses, in Hehman Hall. Parishioner Carol Keslin became involved in this ministry shortly after moving to the area several years ago, and now serves as the coordinator.

"For me, being a new parishioner, getting

involved in Coffee and Donuts helped me," Carol says. "It's a very casual atmosphere and I got to meet a lot of people who I would never have met."

From families with young children, to the elder members of our community, Coffee and Donut Sundays provide a chance for the members of our parish to relax and enjoy each other's company. And whether you're new to the parish, or have been around for a while, but are just hoping to make a new friend or catch up with an old one, Coffee and Donuts gatherings are the perfect place to meet your fellow parishioners.

"I've met so many people since I've been doing this," Carol says. "[If there's an open seat at a table] and somebody sits down, you become immediate friends, it's just the way the parish is."

Carol encourages parishioners to consider serving as a part of the team that hosts Coffee and Donut Sundays, twice a month. It's a flexible



Whether you're new to the parish, or have been around for a while, Coffee and Donuts gatherings are the perfect place to meet your fellow parishioners.



From families with young children, to the elder members of our community, Coffee and Donut Sundays provide a chance for the members of our parish to relax and enjoy each other's company.

through Sunday Morning Coffee and Donuts



Coffee and Donut Sundays are a great opportunity to get to know other members of our parish family.



Coffee and Donuts is held on the first and third weekends of the month, after the 7:30 a.m., 9 a.m., 11:30 a.m. Sunday Masses, in Hehman Hall.

ministry, and people can choose to serve before or after whichever Mass they already attend.

“The volunteers that I have, they’re very dedicated and they’re wonderful people,” Carol says. “I couldn’t get it done without them. They’re a fantastic group of volunteers.”

There is certainly a special sense of camaraderie among those who are involved with this ministry. Carol is grateful for the friendships she has gained through being involved.

“It’s like a mini family within the parish — we keep tabs on each other,” she says. “It helps your faith when you’re surrounded with people who have such a deep faith.”

Carol hopes that all parishioners will join other members of our community on the next first or third Sunday of the month, to enjoy a warm beverage, donut and time of fellowship.

“It’s a lot of fun,” Carol says. “What’s better than having coffee and a donut on a Sunday morning and being able to sit and chat with somebody and ask them ‘How are you doing today?’”

“It just gives you a nice warm feeling that everybody’s able to come and get together and meet and talk,” she adds. “Some people just come in and grab a donut and say ‘hi’ to one person, some people will stay for an hour or more. It’s really rewarding.”

If you would like more information on Coffee and Donut Sundays, or to become involved as a volunteer, please contact Carol Keslin at Catk2@outlook.com.

The KING'S Connection

THE TRAVELING VOCATIONS CRUCIFIX

Bringing Our Prayers for Vocations Beyond the Parish Walls

One of the greatest gifts we have in the Catholic Church is the number of faith-filled people who devote themselves to serving God's people through vocations to the priesthood, diaconate and religious life. With the number of vocations to religious life on the decline, it is essential — now more than ever — for parishes around the world to spend time in prayer for vocations.

In addition to praying together as a parish for an increase in vocations, we are also called to pray as individuals and families. With the Vocations Crucifix Program, our Vocations Team hopes to make prayer for vocations a natural part of everyday life for our parishioners.

Through this ministry, families, couples and individuals commit themselves to praying for vocations. After signing up online, participants pick up the crucifix and its accompanying prayer cards from the sacristy over the weekend. Placed in a prominent location of the home, the crucifix serves as a reminder to pray throughout the week for a worldwide increase in vocations to the priesthood, diaconate and religious life.

As Vocations Team Chair Kerri Baunach explains, the Vocations Crucifix Program is a great way to bring prayer for vocations beyond the church setting and into the home.

"The whole purpose of it is to have prayers for vocations going continually, so every day someone is praying for vocations," she says. "Especially today, there is definitely a need for more priests throughout the whole country. It's important that we continually pray to have more priests because without them, we don't have the Eucharist. And the current priests



The Vocations Crucifix Program at Christ the King encourages parishioners to pray regularly for vocations.

and religious also need our support through prayer."

Setting aside a little extra time to pray for vocations for a week brings many blessings to single individuals, couples and families alike. In addition to inspiring our parish to pray unceasingly for priestly and religious vocations, it also provides parishioners with a unique opportunity to reflect on their personal vocations as well.

"Even marriage [rates] are down, so although this program focuses on priestly and religious vocations, we want to emphasize that all vocations are important," Kerri says. "I do hope that whoever is taking it home gets a

chance to reflect on their own vocations in their lives — not just mothers and fathers and spouses, but also single people and those who are still discerning something. We all have a vocational call to live our lives well for Christ."

We can all seek to help the Church throughout the world by praying fervently for vocations. Here at Christ the King, the Vocations Crucifix Program provides us with the perfect opportunity to bring those prayers beyond the parish walls and into our homes.

"Prayers are powerful," Kerri says. "God listens to prayers, and sometimes when we pray for something continually, He can't help but listen. I think that having this continual thing going, with the crucifix sitting in someone's home every day, is a great way to remember that the Church isn't just about what our priests do — we're a part of it, too, and they can't do their jobs without us. So by offering our prayers and sacrifices, we're remembering that they need us and our support just as much as we need them."

Would you like to bring your prayers for vocations beyond the parish walls and into your own home? Bring the Vocations Crucifix home for a week! Please visit the website at <https://cathedralctk.org/vocations-crucifix> for more information about the program and a link to the online sign-up.

CRS Operation Rice Bowl

Living out the Spirit of Lent

More than 40 years ago, the people of Africa were suffering from a severe famine. Feeling compelled to respond to their great need, Catholics within the United States decided to join their prayers, fasting and almsgiving together in service of the hungry in both far-away and neighboring places. The result is what is now known as Catholic Relief Services (CRS) Rice Bowl, a small cardboard box given out to Catholics throughout the States as a way of helping those in need.

“It’s now a Lenten faith formation program from Catholic Relief Services, the official international humanitarian agency of the Catholic Church in the United States,” says parish Director of Social Outreach Meg Campos. “The program helps families and faith communities put their faith into action by learning the stories of our brothers and sisters in need around the world as we pray, fast and give alms for those who suffer.”

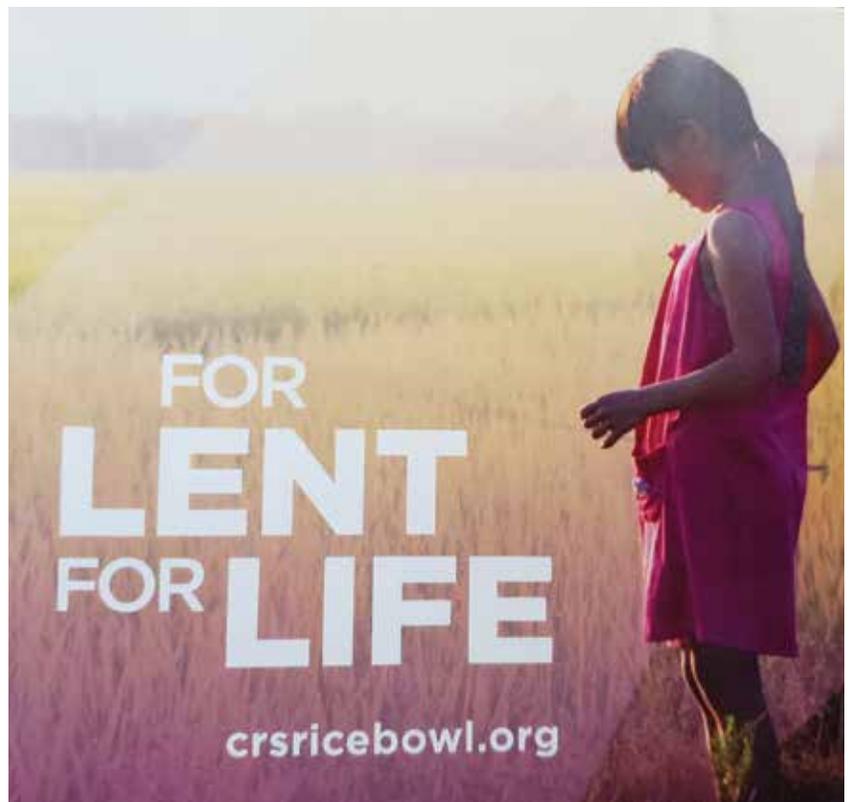
Meg can recall participating in CRS Operation Rice Bowl in the early 1980s as a student here at Christ the King School, eagerly placing her contributions into the box. Now, she’s blessed to continue that tradition with her own daughter, Nina. Meg feels that this has been a special way each year to reflect on her family’s many blessings, as well as way for the entire family to help those less fortunate.

“I feel that the CRS Rice Bowl exemplifies stewardship by allowing us to reflect on and be thankful for the gifts that God has given us that we often take for granted — gifts such as access to education, job opportunities, money, food, clean water and safe housing,” Meg says. “It also provides a direct way to respond to the needs of others by sharing our blessings

continued on back cover

“I feel that the CRS Rice Bowl exemplifies stewardship by allowing us to reflect on and be thankful for the gifts that God has given us that we often take for granted — gifts such as access to education, job opportunities, money, food, clean water and safe housing. It also provides a direct way to respond to the needs of others by sharing our blessings with those around the world who go without.”

— MEG CAMPOS, DIRECTOR OF SOCIAL OUTREACH

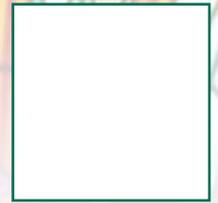


For over 40 years, the CRS Operation Rice Bowl has provided a great way for parishioners to assist those in need and enter more fully into the spirit of Lent.



The KING'S Connection

299 Colony Blvd. | Lexington, KY 40502
cathedralctk.org | (859) 268-2861



Living out the Spirit of Lent

continued from page 7

with those around the world who go without.”

This is particularly fitting, Meg adds, during the Lenten Season, when we are each called to focus more fully on prayer, fasting and almsgiving as a way of deepening our relationship with God and our neighbor. Each CRS Rice Bowl Guide comes with a cardboard box to which families can contribute funds over the course of Lent. There are also online links to stories, reflections, activities, meatless recipes and informative videos, all designed to assist families and individuals in their Lenten journey.

“It allows families and individuals to hear the stories of our brothers and sisters around the world, share in their hopes and struggles, and learn how we as Catholics can support the work of Catholic Relief Services to make a difference in the lives of others,” Meg says. “And when we lift up others in prayer — when we give alms, when we fast or stand in solidarity with them — we are all blessed in return, for if one member of Christ’s family suffers, we all suffer. If one member of Christ’s family is lifted up, we are all lifted up.”

To participate in the 2020 Operation Rice Bowl, simply pick up your cardboard rice bowl after Mass. Rice bowls will be located at each church entrance. They will also be distributed to students at Christ the King School and those enrolled in the parish’s CCD program. For more information about CRS Operation Rice Bowl, please visit www.crsricebowl.org.

LITURGY SCHEDULE

Saturday Vigil - 5:00 p.m. | Sunday - 7:30 a.m.; 9:00 a.m.; 11:30 a.m. and 5:00 p.m.

Daily (Monday to Saturday) - 8:00 a.m. | (Monday to Friday) - 5:30 p.m.

Reconciliation: *Wednesday 4:45 - 5:20 p.m., Saturday 3:45 - 4:45 p.m. | First Sunday of the month 8:30 a.m. and 10:15 a.m.*