



# The KING'S Connection

MONTHLY NEWSLETTER

## A RETURN TO FELLOWSHIP AND JOY:

*Knights of Columbus*

*Sunday Breakfasts to Resume this Fall*

JULY 2020  
*Inside*

It won't be long before the Christ the King Knights of Columbus Council 14130 once again begins serving up their delicious Sunday Breakfasts after the Sunday morning Masses. Pancakes, sausage, biscuits and gravy, fresh fruit, coffee, orange juice and milk will be on the menu.

Michael Mattingly and his crew of fellow Knights serve the breakfasts the second Sunday of each month from September through April. Although the COVID-19 pandemic put a halt to the breakfasts this past spring, plans are under way to re-start them this fall.

Proceeds from the breakfasts go toward various organizations in the parish, although Michael has been reaching out to Cathedral

Grade School to engage the students more closely with parish life through the Knights.

"I wanted to engage the school, and I worked with the teacher and our priest to get the kids to see these are the Knights of Columbus, and this is what we do, and how we are engaged in the parish," Michael says.

"They can see it isn't just going to church and then home. It's being engaged with the entire community of Christ the King. We took our proceeds back to the kids and they could see the benefit of their and the Knights' involvement. They definitely appreciated it."

The Knights Council also has donated to Rachel's Vineyard, but there are plans to help other agencies



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# The KING'S Connection

A LETTER FROM OUR CATHEDRAL RECTOR

## THIS JULY 22, WE CELEBRATE AN IMPORTANT

Dear Brothers and Sisters:

Wednesday, July 22 is the feast of St. Mary Magdalene, a follower of Jesus, a woman widely regarded as a person freed from the grasp of evil by Jesus, a woman of great courage and passion, and the first person to encounter the Risen Jesus and who then brought that Good News to the apostles. She has been called “the apostle to the apostles.”

There are many saints whose feasts we celebrate in the month of July — but not all of them have been canonized. The Letter to the Hebrews refers to a great cloud of witnesses who support us as we seek to live in response to God’s call. July 22 is also an anniversary of one other cloud of witnesses.

On July 22, 1945, the first Mass of the newly formed Christ the King Parish was celebrated at St. Catherine Academy on North Limestone. Those gathered for that Mass were the pioneers of the parish. The parish would not receive its pre-fabricated building till 1946. In July, 1945, Christ the King Parish was taking our first steps under the guidance of Fr. George O’Byran.

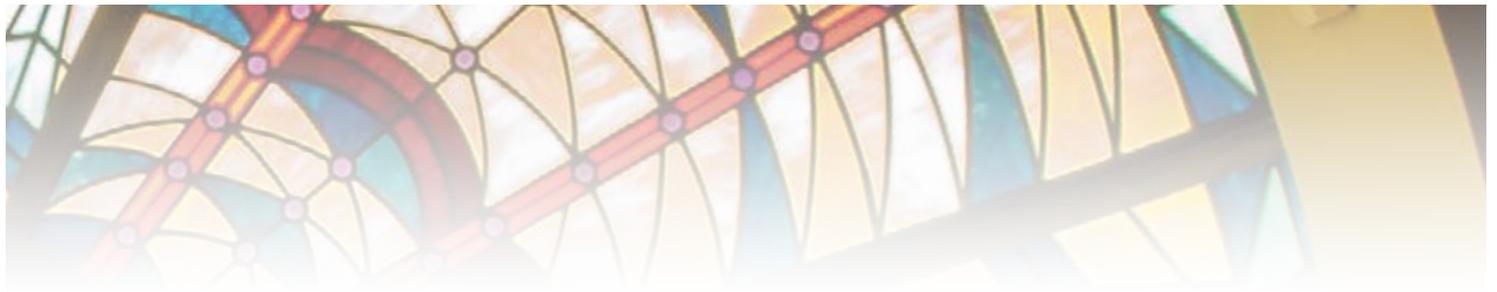
A native of Cincinnati, he was ordained in 1908, a year when Richard Garland O’Neill was only 6 years old. (Fr. O’Byran was 63 when he started Christ the King in May of 1945.



Fr. O’Neill was 43 when he succeeded Fr. O’Byran in September of 1945.) Fr. O’Byran’s first assignment upon ordination was to serve as part of the Appalachian missionary team headquartered in Richmond. The team had a base of operations in Richmond and priests would ride a circuit to surrounding counties to offer Sunday Masses and other aspects of ministry to areas which had no regular pastor and very often would go weeks without a Mass. He later served in Newport and Winchester and eventually became a long-term chaplain at St. Joseph Hospital in Lexington. He began to serve at the hospital in 1928, the same year Fr. O’Neill was ordained a priest. Fr. O’Byran returned to that chaplaincy after he recovered from the illness that led him to resign from Christ the King. In 1952, Fr. O’Byran was elevated to the status of Monsignor, Domestic Prelate, by Pope Pius XII.

Fr. O’Neill, a native of St. Paul’s Parish in Lexington, was ordained in 1928 and began his ministry in Northern Kentucky, and served in Kenton and Campbell Counties as a parish priest and teacher for several years. Many of his assignments were within a short distance





## MILESTONE FOR OUR FAITH COMMUNITY

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of St. Agnes Parish, whose prefabricated Church was its original worship space, but which would no longer be needed in 1946. Fr. O'Neill had several challenging assignments in his first years as a priest, and so he became worn down and ill. Therefore, he moved to less arduous assignments in order to recover, first serving as chaplain at St. John's Orphanage in Fort Mitchell and then finally coming to Lexington to serve as chaplain at Our Lady of the Oaks Hospital and to rest. Our Lady of the Oaks was a small specialized medical facility on the grounds of St. Joseph Hospital, in fact, within the present-day parking lot. It is remarkable that Fr. O'Neill, sent to Lexington to rehabilitate in a less pressurized situation than serving in a parish, would get his first assignment as a pastor to develop the fledgling giant Christ the King.

And so, in 1945, when Christ the King was established, Fr. O'Bryan was the chaplain at St. Joseph's and Fr. O'Neill was the chaplain at Our Lady of the Oaks. (When Msgr. O'Neill retired from Christ the King in 1968, he served St. Joseph Hospital as a chaplain.)

They were two priests with Irish names. They both served as chaplains at St. Joseph's, both serving health care facilities on the same grounds at the same time. Both were pastors

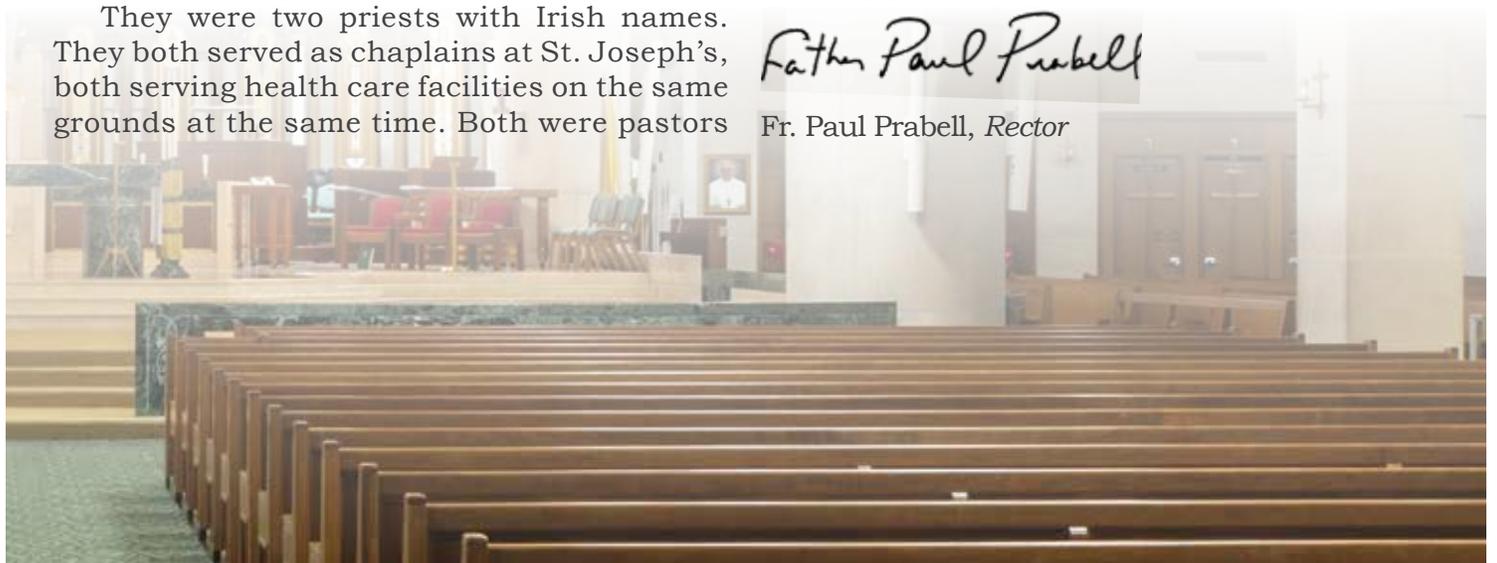
of Christ the King. Without much imaginative license, an interesting short story could be written about their relationship in 1945-46. However, in this era of fake news, it is best to have restraint and allow the unknown to remain unknown.

And so, as celebrate our parish's 75<sup>th</sup> anniversary in a year when many celebrations are reduced to masked events with social distancing, we can still celebrate July 22 — the anniversary of our First Mass as a parish. And we can trust that there will be a cloud of witnesses who will be encouraging us as we pray and seek to move forward. And we can trust that the souls of Fr. O'Bryan and Fr. O'Neill will be with us, along with those parish pioneers who attended that first parish Mass at St. Catherine's Academy.

They knew what is like to have Mass in situations and locations that are far from ideal. In this unusual and dangerous year, their example and their prayers are one more ray of hope.

Sincerely yours in Christ,

Fr. Paul Prabell, *Rector*



# The KING'S Connection

## CHRIST THE KING SCHOOL COUNCIL *Constantly at Work*



### 2019-2020 CONTINUOUS SCHOOL IMPROVEMENT PLAN (CSIP)



#### 1.) SERVANT LEADERSHIP

- Demonstrate and value servant leadership
- Become a servant leader for our community

#### 2.) EMPATHY & TOLERANCE

- Model our school theme, "Everybody Counts"
- Personify the teachings of Theology of the Body



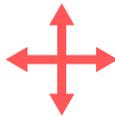
#### 3.) CLIMATE AND CULTURE



- Grow School Council Sub-Committees
- Improve school communication
- Increase interaction of administration, priests, and School Council members among the school community

#### 4.) CURRICULUM DEVELOPMENT

- Continue to align curriculum across the grade levels
- Enhance engagement in a student-centered classroom
- Implement strategies to meet all learners' needs
- Execute data-driven lessons



#### 5.) STEWARDSHIP



- Assist the church in raising funds for the capital campaign
- Complete the fundraising projects that will increase school safety and improve preschool programs

#### MISSION:

Christ the King School develops Character, Knowledge and Spirit in its students and community by living the Catholic faith through sharing the sacraments, promoting academic excellence, and engaging in service.

#### VISION:

CKS students will live the Catholic faith in a global society.

Our  
FAITH  
Guidelines:



It's easy for a group or team to keep on the same path and never make a change, but that's certainly not the case with the School Council at Christ the King School.

With a Continuous Improvement Plan (CSIP) and meetings every other month, the 13-member council — including Fr. Paul and Principal Paula Smith — is always working to make Christ the King School even better.

This past school year, the School Council focused on servant leadership; empathy and tolerance; culture and climate; curricular development and stewardship for the CSIP.

The school's vision is for students to live the Catholic faith, with the mission: "Christ the King School develops character, knowledge and spirit in its students and community by living the Catholic faith through sharing the sacraments, promoting academic excellence, and engaging in service." The Pre-K through eighth-grade school is poised to teach children the importance of living the faith through a strong education.

"Helping our youth to grow closer and come to know Christ is the mainstay of the school," says Phil Moloney, School Council President.

The School Council does not make decisions for the school, but acts as an advisory board. They are there to provide policy direction for the school's operations and educational programs, consistent with the policies of the Catholic school system as established by the Lexington Diocesan School Council. They meet every other month — on the opposite months, the four sub-committees meet. These four sub-committees are Strategic Planning, Marketing, Finance and Policy.

"The sub-committees are where the real work of the School Council happens," says Mrs. Smith, Principal. "We are not just sitting around talking about things that need to be done — we are making real changes to better our school, and it is all focused on the goals of our strategic plan and CSIP through shared leadership."

Mrs. Smith values the important work of the School Council in furthering the school's history of a strong faith-based education.

"Our faith is at the forefront of our mission and vision, and keeping with these standards makes us unique as a Catholic school," she says.

She and Phil believe Catholic schools are important to the life of the church, both now and for future generations.

*The Continuous School Improvement Plan,  
adopted for 2019-2020.*



## *to Build up Strong Catholic Education* —————

“Children who attend Catholic schools learn more about their faith, stay closer to their faith, continue learning and practicing their faith in later years, and are more likely to raise their family in the Catholic tradition than they otherwise would,” Phil says. “The vitality of our young people can transform a parish. The original parishioners recognized this when they built the school before building the parish. Our young people are the future of our faith.”

School is set to begin Aug. 12 and planning

is in full swing for the school year. The Strategic Planning sub-committee will continue to refine the CSIP with the goals for the 2020-21 school year.

“We want to continue to teach our children that ‘Everybody Counts,’ which was our theme for the 2019-20 school year,” Mrs. Smith says.

The Marketing sub-committee and school staff will continue to promote the school to maintain enrollment. With the COVID-19 pandemic, virtual school tours were established.

*The School Council consists of current parents and even some members without students at Christ the King. Current School Council members, in addition to Fr. Paul and Mrs. Smith, are: Phil Moloney, Jeremy Nalli, Megan Giles, Stephanie Quinn Gerke, Catherine Lawless, Allison Williams, Joe Dawahare, Paul Gilligan, Chris Lilly and David Stromquist, School Business Manager.*

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## **A RETURN TO FELLOWSHIP AND JOY** *continued from front cover*

not only financially, but by raising awareness about them.

“We can raise money and promote the organization and get the parish to learn more about that organization,” Michael says. “The organization would gain volunteers to support it and know more about it.”

Membership in the Knights of Columbus has made a difference for Michael in that he has grown in his stewardship life. When he first joined the parish, he was in his mid 20s. He became active with a young adult group, but as time went on, he married and started a family. His priorities also changed, and he joined the Knights. He

began working the Sunday Breakfasts, and that experience did several things for him.

“It gets me engaged with other parishioners, and it helps set an example, hopefully, for other Knights and parishioners,” he says. “We can promote all organizations out there from a Catholic standpoint who need assistance.”

Now Michael is also helping his children see the beauty of a life in stewardship.

“I have three kids and they get up at 7:30 a.m. on Sunday and help with the breakfast,” he says. “It’s kind of a path for them to see how to be engaged in the church, help and be a responsible Catholic citizen and help out others.”

*Men in the parish at least 18 years of age who want to become involved as a Knight may contact any member of the council, or may call Michael Mattingly at 859-351-7357.*

# *The* KING'S *Connection*

## The Feast of St. Anne — July 26

### *Chosen to do His Will*

Did you know that St. Anne is the patron saint of miners? In medieval times, the Virgin Mary and Jesus were often compared to precious metals of silver and gold. Hence, the lives that came from the womb of St. Anne made her the source of precious riches.

Unlike Mary, St. Anne was not conceived without sin — but nevertheless, she would one day raise the Mother of God. That's a pretty big deal! What was it about St. Anne that prompted God to give her such a significant role in the history of salvation? There's no way to know for sure, but there is one thing we can definitely say about St. Anne — God uses those who put themselves at His service, and that is precisely what St. Anne did.

Not much is mentioned about St. Anne in the Bible, but her name derives from the longer name “Hannah,” or the Hebrew word for “grace.” We understand that, having believed herself to be barren for 20 years, an angel appeared to Anne and told her that she would soon have a daughter that she should name Mary.

When Mary was finally born, after many years of frustration and infertility on her parents' part, Anne did just as she promised — she dedicated Mary to the Lord, and raised a holy woman who would mother Christ Himself!

Early Christians are said to have been very intrigued by the story of Jesus' grandmother and, around the year 550, erected a church in Jerusalem where St. Anne, her husband, Joachim, and Mary are said to have lived.

Although we do not know much more about St. Anne, we can assume that she was a very holy woman based upon the woman her daughter, Mary, grew to be. Anne was the one from whom Mary learned to be a mother. She was the one from whom Mary learned to serve God. She was the one who instilled in Mary the confidence and faith to say “yes” to God — “May it be done to me according to your word” (Luke 1:38).

There is no doubt that St. Anne was a humble, holy woman. She was given a great gift — a child — who she readily gave back to God. And, thanks to her faith-filled gratitude to God for His gift, Mary opened her heart to the will of God, and became the mother of Christ.

Talk about stewardship in action!



***The Feast of  
St. Anne is  
celebrated on  
July 26.***

# A Look at Our Healing Hopeful Hearts Ministry

*Drawing out Joy and Beauty in the Midst of Suffering*

Childlessness, infertility and miscarriage — parishioner Whitney Allen has firsthand knowledge of how deeply painful and isolating each of these experiences can be. And yet, in a truly beautiful way, God has taken Whitney's suffering and turned it into joy through the Healing Hopeful Hearts (H3) Ministry.

"It's just beyond rewarding to be able to take the most painful moments of my life and have them become something that brings me great joy — to be able to walk alongside men and women, even if it's only a short amount of time," Whitney says.

A cradle Catholic, Whitney says that she fell away from the Church her senior year in high school and stayed away for many years. During that time she got married, and she and her husband began trying for a family. Yet, miscarriage and infertility ultimately led them to decide that although they would remain open to life, they would no longer pursue fertility options.

"The pain of that time in my life is what brought me back," Whitney says. "I hit rock bottom and the only place left to turn was the Church. Later, I was looking through the bulletin and saw something for nearly every kind of Catholic — divorced, post-abortive, singles — but I didn't see anything that fit me. I just saw a need."

This need led Whitney to start Healing Hopeful Hearts as a way to fill the void and assist other men and women like her. She says the ministry has a three-pronged purpose — supporting individuals, whether single, married or divorced, who are experiencing childlessness, those who have suffered the pain of miscarriage, and those carrying the burden of infertility.

"The point of the ministry is to provide a forward path of healing through our faith in each of these circumstances," Whitney says. "We need to each recognize our grief, learn that we're not alone, actually be told it is okay to grieve, but then not stay there. We want people to find hope in their faith through a very challenging and what can seem



*Whitney Allen, founder and coordinator of the Healing Hopeful Hearts Ministry*

insurmountable time in their life."

This forward healing takes place in a wide variety of ways — such as a five-week healing series, an online healing summit, or even just a cup of coffee and a listening ear. Another aspect is providing education to the parish community as a whole, helping parishioners know how to respond

*continued on back cover*



## Healing Hopeful Hearts Ministry *continued from page 7*

and where to refer those in need.

Whitney has personally received much healing from the ministry and is grateful to be able to use her own sufferings and experiences for others.

“I always like to say that God loves irony — that from that desert space in my life, so much has been brought to me,” she says. “I’ve been led to a community that I didn’t know needed me or that I needed them. And although there are still times when it hurts me or I struggle, it enables me to share someone else’s pain — to journey with them in a really beautiful way.”

***“We need to each recognize our grief, learn that we’re not alone, actually be told it is okay to grieve, but then not stay there. We want people to find hope in their faith through a very challenging and what can seem insurmountable time in their life.”***

— WHITNEY ALLEN

*If you would like more information about the Healing Hopeful Hearts Ministry, please contact Whitney Allen at 859-967-3189 or whit760@gmail.com.*

### LITURGY SCHEDULE

*Saturday Vigil - 5:00 p.m. | Sunday - 7:30 a.m.; 9:30 a.m.; 11:30 a.m., 2:30 p.m., and 5:00 p.m.*

*Daily (Monday, Wednesday, Friday) - 5:30 p.m. | (Tuesday, Thursday) - 8:00 a.m.*

*Live-streamed Masses: Monday 5:30 p.m., Thursday 8:00 a.m., Friday 8:00 a.m., Saturday (Vigil) 5:00 p.m., Sunday 11:00 a.m., noon (Spanish)*

**Reconciliation:** *By appointment - Fr. Paul Prabell (859) 227-6001, Fr. Damian Anumba (609) 457-0034*

*\* This schedule is subject to change. Please verify Mass times here: [cathedralctk.org/parishopen](http://cathedralctk.org/parishopen)*