

P A R E N T C O N N E C T I O N

UNIT TWO LESSON THREE

Essential Question

How do the Sacraments help me increase my faith in Jesus Christ?

Learning Targets

The new archdiocesan curriculum is designed in such a way that the learning information follows a spiral pattern in that similar topics are discussed at a progressively deeper cognitive level each year following the appropriate age of the learner, beginning with early childhood and concluding with adulthood. Below is a chart that shows this progression for our 2nd topic / essential question "What does Jesus Christ teach you about God?" Please review this to see what your child(ren) are covering at their own cognitive level.

Additionally, you will notice that each grade level is covering the same or similar topic each week. This chart can also be used as a tool for conversation starters about what was learned in formation, other family discussions, and as a means to unite the family under one theme. Our hope is that this information will help you be more aware of what your child(ren) are covering and that it can be integrated or reinforced at home in some fashion and may even inspire your own faith life as well.

Early Childhood
<ul style="list-style-type: none">• 2.2.1 - A sacrament is a sign of God's love.• 2.2.2 - Baptism and Holy Communion are both sacraments.• 2.2.3 - When people are baptized in the Catholic Church they become members of the Catholic Church family.• 2.4.1 - In Baptism, people become new members in Christ's Church.
Elementary
<ul style="list-style-type: none">• (U₂) 2.2.2.1 - A Sacrament is a visible sign of God's life and love given to the Church by Jesus Christ. (CCC #1067; 1076; 1085; 1104; 1111; 1115; 1166)• (U₂) 3.2.1.1 - The life, death, Resurrection, and Ascension of Jesus Christ is celebrated and communicated through the sacramental life of the Church. (CCC #1067; 1076; 1111; 1409)• (K₁) 4.2.2.2 – The Seven Sacraments are divided into three groups: three Sacraments of Christian Initiation, two Sacraments of Healing and two Sacraments at the Service of Communion. (CCC#1211; 1275)• (U₃) 5.2.2.2 – The grace of the sacraments offers real assistance to those seeking to be in communion with God. (CCC#1129; 1131; 1396; 1416)
Junior High
<ul style="list-style-type: none">• 6.2.2.1 - Grace is the free and undeserved gift from God by which Christians are united with Him and empowered to love Him. (<i>Repeated in Unit 3</i>) (CCC #1996; 2021)• 6.2.2.3 - God's grace is given through the Holy Spirit in the Sacraments. (CCC #1129; 1131; 2003)• 8.2.2.1 - The Sacraments are effective signs of Jesus' presence in the Church. (CCC #1127;1131)• 8.2.1.2 - The Paschal Mystery of Jesus Christ, and Christians' entry and participation in it through the liturgy and sacraments, are the means by which God has chosen to give people all manners of grace, making them sharers in His divine life. (<i>Also in Unit 1</i>) (CCC #1076; 1092; 1112; 1129; 11341; 2003; 2017)
High School
<ul style="list-style-type: none">• 2.2.1 - The sacraments are the privileged way by which Christ sanctifies the Church through the power of the Holy Spirit and grants her the means of holiness.• 2.2.5 - The Church is called to reflect how signs, symbols, and rituals of sacramental life demonstrate Christ's presence in the world.• 2.2.1 - A sacrament is an efficacious sign of grace, instituted by Christ and entrusted to the Church, by which the divine life of grace is dispensed to Christians through the work of the Holy Spirit.• 2.2.1 - Christians experience the Real Presence of Christ in the sacraments

P A R E N T C O N N E C T I O N

UNIT TWO LESSON THREE

Adult

- MA 2.1.1 – Catholics are called to grow in understanding and to live and bear witness to the suffering, death, Resurrection, and Ascension of Jesus Christ, celebrated and communicated through the sacramental life of the Church and in the daily lives of believers. (CCC#1113)
- MA 2.2.2 – Sacraments are efficacious signs of grace, instituted by Christ and entrusted to the Church, through which divine life is dispensed through the power of the Holy Spirit; Catholics are sanctified and the Body of Christ gives greater honor and glory to God. (CCC#1127; 1131)
- MA 2.2.6 – The effects associated with each of the sacraments transform believers to live in close communion as disciples of Jesus Christ. (CCC#1129; 1279-80; 1316-17; 1416; 1496; 1532; 1591-92; 1597; 1661)
- MA 2.2.3 – The purpose of the sacraments is to sanctify people to build up the Body of Christ and to give worship to God. (CCC#1110; 1123; 1131)

Learning Target Videos

A quick and easy way to wrap up integration of the Parent Connection (PC) at home, as well as relay the learning target of this session's Essential Question (EQ) to your child(ren), is through the use of the videos that have been chosen by the Archdiocese to convey an overarching theme of the EQ at hand. All videos are family friendly and are chosen with the intent to clarify EQ content in an engaging way.

Video one: Grades 1-4, *The Seven Sacraments Song* <https://youtu.be/0mBCIP5oLZO>

Video two: Grades 2-12, *Pope Francis Goes to Confession* <https://youtu.be/c4iFhx3YJ1g>

Video three: Grades 5-12, *The Seven Sacraments of the Catholic Church* https://youtu.be/EV-Cwo_L3Ok

Parent Formation Opportunities

The additional resources that are listed below are intended for your own personal growth, because they offer theological insight that circle back to the essential question through a more mature and personal approach. They offer spiritual guidance for prayer, day to day living, and apologetics. Although these resources are optional, they are strongly encouraged to be considered. Looking over these resources should take no longer than a few minutes and can all be found online.

Scripture: [Luke 22: 7-20](#), [Mark 14:22-26](#), [John 6:53-56](#)

CCC: [1113](#), [1118](#), [1211](#)

YouTube:

- *Why Are There 7 Sacraments?*
Channel: Matt Fradd
Publication: July 6, 2016
<https://youtu.be/s9rDJhk0uDY>
- *Aren't All Churches the Same?*
Channel: Ascension Presents
Publication: May 4, 2016
https://youtu.be/Q5G_6I4DIIE

Podcast:

- *130: How do we get to Heaven? Wrong Answers for Catholics*
Podcast: Dr. Taylor Marshall Catholic Show

P A R E N T C O N N E C T I O N

UNIT TWO LESSON THREE

Publication: March 8, 2018

<https://youtu.be/AvBKUoP6C1s> or on Apple podcast app

Book:

- *Sacrosanctum Concilium*
Author: Vatican
Sections: Chapter II & III
Publisher: Catholic Truth Society
*Free copy available online at
http://www.vatican.va/archive/hist_councils/ii_vatican_council/documents/vat-ii_const_19631204_sacrosanctum-concilium_en.html
- *Sacramental Theology: Means of Grace, Way of Life (Catholic Basics: A Pastoral Ministry Series)*
Author: Kurt Stasiak (Author), Thomas P. Walters PhD (Editor)
Sections: All
Publisher: Loyola Press; Revised edition (July 1, 2001)
- *Understanding the Sacraments Today*
Author: Lawrence E. Mick
Sections: All
Publisher: Liturgical, (2006)

Family Activities

Conversation Starters

Sharing the faith as a family is a great way for it to stick/grow. Here are some conversation ideas based on what your son/daughter was recently learning in formation. Consider using these immediately after picking up your child(ren) from Catechesis or at the dinner table.

- What are three new things you learned during catechesis class today?
- What is something you learned that you already knew?
- Do you think you might have learned something that I don't know or you think is important for me to know? If so, what?
- What is one Sacrament you have received before?
- How does this Sacrament help you grow closer to God?
- How do the Sacraments help you grow closer to other people?
- Which Sacrament are you intrigued by the most?
- Participating in the Sacraments means being filled by the outpouring of God's grace. Have you ever felt this grace before? If so, what did it feel like?
- Even if we can't see or immediately feel His grace, how might we know we received it? *Potential answers include "through faith" or "by feeling compelled to pray more or being nice to others."*
- Do you have any questions about the Sacraments?

P A R E N T C O N N E C T I O N

UNIT TWO LESSON THREE

Prayer Activity

Through our baptism, we receive the inheritance and gifts of the Holy Spirit. It is then through the Holy Spirit that the graces of the Sacraments are both given and received. According to the *Catechism of the Catholic Church*, “For where the Church is, there also is God's Spirit; where God's Spirit is, there is the Church and every grace (CCC, 797).” Thus, it is important to invite God's Holy Spirit into our lives so as to be prompted to follow Christ and receive the graces needed to do so.

With your child(ren) pray the *Litany to the Holy Spirit* found at the end of the packet. In order to keep the prayer engaging, invite your child(ren) to lead it by having them read the sections that are *not* bolded while everyone participates in saying what *is* bolded. *Always begin with the Sign of the Cross.*

Physical Activity

There are a variety of different words and phrases that are associated with each of the seven Sacraments. These words and phrases help us grow in our understanding of what kind of grace each Sacrament provides or what the Sacrament seeks to do or convey about God. With your child(ren) play a sort of mix and match game with the set of cards attached at the end of the packet. Doing so should help your child(ren) grow in their understanding of what key themes or concepts are associated with each Sacrament.

Instructions

- Cut out the 16 cards located below.
- Shuffle the cards and randomly lay them face flat on the ground.
- Take turns pairing cards.
- Each turn will consist of the player randomly choosing two cards to flip over. If they make the correct pair, have the player take them out of the pile and keep them for the remainder of the game. If they don't pair, have the player flip them back over and leave them where they are. Note that it is important to remember which cards are where in order to make future matches!
- The player with the most matches wins the game!

Note: Below, the cards are pre-paired. From left to right are the different Sacraments and the appropriate word or phrase immediately following it.

Closing Prayer

Begin with the Sign of the Cross. Glory be to the Father, and to the Son, and to the Holy Spirit. Amen.

P A R E N T C O N N E C T I O N

UNIT TWO LESSON THREE

Litany to the Holy Spirit

Lord, **have mercy on us.**

Christ, **have mercy on us.**

Lord, **have mercy on us.**

Father all-powerful, **have mercy on us.** Jesus, Eternal Son of the Father, Redeemer of the world, **save us.** Spirit of the Father and the Son, boundless life of both, **sanctify us.** Holy Trinity, **hear us.**

Holy Spirit, Who proceedest from the Father and the Son, **enter our hearts.** Holy Spirit, Who art equal to the Father and the Son, **enter our hearts.**

Promise of God the Father, **have mercy on us.**

Ray of heavenly light, **have mercy on us.**

Author of all good, **have mercy on us.**

Source of heavenly water Consuming fire, **have mercy on us.**

Ardent charity, **have mercy on us.**

Spiritual unction, **have mercy on us.**

Spirit of love and truth, **have mercy on us.**

Spirit of wisdom and understanding, **have mercy on us.**

Spirit of counsel and fortitude, **have mercy on us.**

Spirit of knowledge and piety, **have mercy on us.**

Spirit of the fear of the Lord, **have mercy on us.**

Spirit of grace and prayer, **have mercy on us.**

Spirit of peace and meekness, **have mercy on us.**

Spirit of modesty and innocence, **have mercy on us.**

Holy Spirit, the Comforter, **have mercy on us.**

Holy Spirit, the Sanctifier, **have mercy on us.**

Holy Spirit, Who governest the Church, **have mercy on us.**

Gift of God, the Most High, **have mercy on us.**

Spirit Who fillest the universe, **have mercy on us.**

Spirit of the adoption of the children of God, **have mercy on us.**

Holy Spirit, inspire us with horror of sin.

Holy Spirit, come and renew the face of the earth.

P A R E N T C O N N E C T I O N

UNIT TWO LESSON THREE

Holy Spirit, shed Thy light in our souls.

Holy Spirit, engrave Thy law in our hearts.

Holy Spirit, inflame us with the flame of Thy love.

Holy Spirit, open to us the treasures of Thy graces.

Holy Spirit, teach us to pray well.

Holy Spirit, enlighten us with Thy heavenly inspirations.

Holy Spirit, lead us in the way of salvation.

Holy Spirit, grant us the only necessary knowledge.

Holy Spirit, inspire in us the practice of good.

Holy Spirit, grant us the merits of all virtues.

Holy Spirit, make us persevere in justice.

Holy Spirit, be Thou our everlasting reward.

Lamb of God, Who takest away the sins of the world,

Send us Thy Holy Spirit.

Lamb of God, Who takest away the sins of the world,

pour down into our souls the gifts of the Holy Spirit.

Lamb of God, Who takest away the sins of the world,

grant us the Spirit of wisdom and piety.

V. Come, Holy Spirit! Fill the hearts of Thy faithful,

R. And enkindle in them the fire of Thy love.

Let us pray. Grant, O merciful Father, that Thy Divine Spirit may enlighten, inflame and purify us, that He may penetrate us with His heavenly dew and make us fruitful in good works, through Our Lord Jesus Christ, Thy Son, Who with Thee, in the unity of the same Spirit, liveth and reigneth, one God, forever and ever.

R. Amen.

PARENT CONNECTION

UNIT TWO LESSON THREE

EUCCHARIST/ FIRST COMMUNION	THE LAST SUPPER	HOLY MATRIMONY	MUST BE FREE, TOTAL, FAITHFUL, & FRUITFUL	RECON- CILIATION
FORGIVE-NE SS	BAPTISM	THE JORDAN RIVER	CONFIRMA-TI ON	SEALED BY THE HOLY SPIRIT
HOLY ORDERS	BISHOP, PRIEST, & DEACON	ANOINTING OF THE SICK	BLESSING OF THE SICK	SACRAMENT

P A R E N T C O N N E C T I O N

UNIT TWO LESSON THREE

***VISIBLE SIGN
OF AN
INVISIBLE
GRACE***