



March 30, 2021

CtRCS community,

First I want to thank you for your hard work and dedication to keep Christ the Redeemer Catholic School a safe and healthy learning environment for all! Managing illness this year has continued to evolve and I appreciate your continued efforts to prioritize your children's health.

We continue with our current guidelines and policy regarding COVID-19, although we will now be taking into account vaccinated individuals and previously COVID positive persons. It is with a joyful heart that I can talk about fully vaccinated individuals!

The recommended guidelines for vaccinated individuals if exposed are as follows:

Vaccinated persons with an exposure to someone with suspected or confirmed COVID-19 are not required to quarantine if they meet all of the following criteria:

- 1. Are fully vaccinated (2 weeks or more has passed since receiving final dose)**
- 2. Have remained asymptomatic since the exposure**

If the individual with a new exposure to a person with suspected or confirmed COVID-19 is fully vaccinated, but has or develops new symptoms consistent with COVID-19 within 14 days of the new exposure, consultation with a health care provider would be needed. If an alternative cause of the symptoms cannot be readily identified, testing for SARS-CoV-2 infection may be warranted.

For persons who have previously been infected with COVID-19 (confirmed with a positive PCR test), the recommended guidelines following an exposure are:

Previously positive COVID-19 individuals with an exposure to someone with suspected or confirmed COVID-19 are not required to quarantine if they meet all of the following criteria:

- 1. Are recovered from initial COVID infection and have a laboratory confirmed PCR test**
- 2. Are within the first 90 days following the onset of symptoms or positive PCR result if asymptomatic**
- 3. Have remained asymptomatic since the exposure**

If the individual with a new exposure to a person with suspected or confirmed COVID-19 meets the first two above criteria, but has or develops new symptoms consistent with COVID-19 within 14 days of the new exposure, consultation with a health care provider would be needed. If an alternative cause of the symptoms cannot be readily identified, retesting for SARS-CoV-2 infection may be warranted.

As always, we work in conjunction with the Catholic Schools Office and Harris County Public Health to guide us with all of our recommendations. Feel free to reach out with any questions that you may have.

Sincerely,

Katy Haynes, RN
School Nurse