

Lunch orders must be placed through Lunch Direct by **Wednesday** for the following week.



SEPTEMBER 2021

Christ The Redeemer Catholic School

Lunches Provided By:
Roadrunner Foods
 (p) 281-565-7902
 (f) 281-565-7904
 RoadrunnerFoodService.com

Monday

Tuesday

Wednesday

Thursday

Friday



LABOR DAY

Sliced Turkey and Cheddar Cheese Wrap w/ Lite Ranch
 Pretzels & Cheddar Cheese Cubes
 Organic Seasonal Fresh Fruit
 V: Sunbutter & Jelly Sandwich

Chicken Fajita Soft Taco w/ Monterey Jack Cheese and Tri-Colored Bell Peppers
 Spanish Rice w/ Organic Mixed Veggies
 Refried Beans
 Organic Seasonal Fresh Fruit
 V: Cheddar Cheese Quesadillas

Oven Baked Chicken Tenders
 Steamed White Rice w/ Gravy
 Organic Green beans
 Organic Seasonal Fresh Fruit
 V: Veggie Nuggets

Oven Baked Cheese Pizza
 Organic Buttered Corn
 Cinnamon Baked Apples

Chicken & Spinach Rigatoni Pasta
 Organic Buttered Corn
 Wheat Roll
 Organic Seasonal Fresh Fruit
 V: Spinach Rigatoni Pasta

Oven Baked Chicken Tenders
 Organic Green Beans
 Loaded Mashed Potatoes
 Organic Seasonal Fresh Fruit
 V: Veggie Nuggets

Ground Turkey Soft Taco w/ Monterey Jack Cheese
 Spanish Rice w/ Organic Mixed Veggies
 Refried Beans
 Organic Seasonal Fresh Fruit
 V: Bean & Cheese Taco

Chicken Teriyaki Fried Rice w/ Mixed Veggies
 Organic Crinkle Cut Carrots
 Wheat Roll
 Organic Seasonal Fresh Fruit
 V: Teriyaki Fried Rice w/ "Veggie" Chicken

Oven Baked Cheese Pizza
 Organic Sweet Peas
 Cinnamon Baked Apples

Oven Baked Fish Sticks
 Steamed White Rice
 Organic California Veggie Blend
 Cinnamon Baked Apples
 V: Veggie Nuggets

Fettucine Alfredo W/ Grilled Chicken
 Organic Oven Roasted Baby Carrots
 Wheat Roll
 Organic Seasonal Fresh Fruit
 V: Fettucine Alfredo

Beef Sloppy Joe on a Whole Wheat Bun
 Oven Baked Tater tots
 Organic Buttered Corn
 Organic Seasonal Fresh Fruit
 V: Veggie Meat Sloppy Joe

BREAKFAST FOR LUNCH!
 Buttermilk Waffles w/ Syrup
 Oven Baked Chicken Tenders
 Potatoes O' Brien w/ Organic Tri-Colored Bell Peppers & Onions
 Organic Seasonal Fresh Fruit
 V: Veggie Nuggets

Oven Baked Cheese Pizza
 Organic Mixed Veggies
 Cinnamon Baked Apples

Chicken & Cheddar Cheese Quesadilla
 Spanish Rice w/ Organic Mixed Veggies
 Refried Beans
 Organic Seasonal Fresh Fruit
 V: Cheddar Cheese Quesadillas

Sliced Turkey and Cheddar Cheese Wrap w/ Lite Ranch
 Italian Pasta Salad w/ Organic Diced Tomatoes, Celery, & Fresh Parmesan
 Organic Seasonal Fresh Fruit
 V: Sunbutter & Jelly Sandwich

Grilled Teriyaki Chicken Breast over Steamed White Rice
 Organic California Veggie Blend
 Cinnamon Baked Apples
 V: Veggie Teriyaki "Chicken" Strips

Bow Tie Pasta in a Lemon Butter Sauce w/ Grilled Chicken & Broccoli
 Organic Crinkle Cut Carrots
 Wheat Roll
 Organic Seasonal Fresh Fruit
 V: Bow Tie Pasta w/ Veggie "Chicken"

SIGN UP NOW TO ORDER SCHOOL LUNCHES!

WWW.LUNCHDIRECT.COM

SCHOOL CODE: 115110

Each day your child will get a choice between three alternative entrées.

Either **A: Grilled Cheese** **B: Cheesy Chicken, Broccoli, & Rice Casserole** or

C: Oven Baked Chicken Tenders. These alternative items will replace the entrée for the day; all sides will remain the same.

All menu items are subject to change without notice due to availability, freshness, and quality of ingredients