

Please help us spread the word about this wonderful place of prayer. We now have close to 200 friends of Jesus who visit Him every week. Everyone is welcome here anytime. There are no restrictions on how often, how long, where you come from or what you believe. All we ask is for respect for the Blessed Sacrament and others.

Tips on how to enjoy your quiet time with Jesus

- Invite the Holy Spirit into your heart.
- Clear your mind and listen even for a few minutes at a time. Each time you bring your mind back to Jesus, you are honoring him.
- Take a moment to consciously become aware of God's presence.
- Be aware of the thoughts and feelings you're bringing to this time of prayer. Talk to God about them.
- Spend some quiet time just sitting in His loving presence.
- Read passages from the Bible or engage in some other spiritual reading.
- Praise Him and thank Him for each of the blessings He has given in your life.
- Pray by name for everyone in your life asking for God's blessings upon them.
- Pray a rosary, a Divine Mercy Chaplet or any repetitious prayer, slowly.



Chapel Courtesy

- Arrive 5 minutes before your designated hour.
- Sign the book every time as a designated adorer if this is your scheduled hour, or as a drop-in adorer.
- The doorbell remains available, so please answer with a smile and a quick word of welcome. If visitor appears unsure of what to do, explain and guide them.
- Designated adorers do not leave the Blessed Sacrament alone except to answer the door or quick bathroom visit if necessary.
- The chapel is a more peaceful place with the entry system. The bell isn't ringing as often.
- Refrain from unnecessary conversations.
- Keep the Chapel scent free.
- Keep noise at a minimum.
- Hang noisy coats and plastic bags in the hall closet.
- Set phones on vibrate.
- The phone in the library is for emergencies or requesting a ride.

Closing the Chapel

The new secure entry FOB system for our regular adorers and drop-ins allows the Chapel to be closed under certain circumstances including dangerous driving conditions, or the absence of a replacement especially in the middle of the night when adorers are already staying for long periods of time.

Please do not close the Chapel without serious reason. Our goal remains to have people designated to adore our Lord 24 hours a day.

If it is truly necessary to close the chapel, this is the procedure:

- Shut the doors of the enclosure around the Blessed Sacrament and use the hook to secure it.
- Leave the red candle lights on because Jesus is still present.
- At night leave the chapel light and a hallway light on for the next person arriving.
- Sign out please so we can keep track of what's happening.
- The next adorer comes in, unhooks the enclosure doors, folds them back and begins adoration.
- In the short term, drop in visitors without a fob may find the door locked and the Chapel closed for a short period of time. Please come back and visit again.

If you have questions, feel free to call your hour coordinator whose name and number is on the hour schedule chart outside the chapel door.

Replacements

It may happen that you are unable to take your regular hour one day or for several weeks if you are away or ill.

Here are some suggestions:

We now have a list of spares on the back table. Feel free to call them when you need a replacement. Please respect the hours they have offered as some are free only a few hours a day.

Keep a list of people who have the same hour as you but on different days. Often one of them will switch days with you. Keep their phone numbers with you.

Also keep the numbers of the person before and after you. If they know ahead they may be willing to split your hour and each could cover half an hour plus their own.

Invite a friend to replace you. This is a great way to introduce others to the Chapel. Make sure to tell them to tell the person answering the door that they are replacing you, that they need to sign their name and must not leave until the next replacement comes.



The blessings that come from making a committed hour are many. When we give our time to the Lord, He responds with great generosity. We would love to have you join our team.

Please consider making a commitment to visit once a week for a designated hour. We know that there may be times when you can't keep your commitment. We have suggestions for how and where to find replacements. You can choose any hour that works for you.

It does not matter if there are already other committed adorers at that hour.

To choose or change an hour, or to request an entry FOB, please fill below and deposit in small plastic box on the table at the back of the chapel:

Name _____

Phone _____

Email _____

Parish

NEW Chosen day _____ **Hour** _____

Would like an Entry FOB _____

February, 2020

A BROCHURE FOR

ADORERS

AT ST. JULIEN'S CHAPEL



“A Holy Hour brings Heaven’s choicest blessings on those who are faithful to their Hour.”

Pope Paul VI



“Each time we look at The Most Blessed Sacrament our place in heaven is raised forever.”

Revealed to St. Gertrude the Great

by our Lord