



# CATHEDRAL *of the* HOLY SPIRIT

## Confirmation Class of 2021

### 7th Grade Year

#### † Adoration

Without prayer as the foundation of our faith, our lives cannot bear the fruit we are capable of. Each student is encouraged to pray on a daily basis and, as part of Confirmation preparation, **all candidates are required to attend five hours of Eucharistic Adoration their 7th grade year.** Completion of this requirement is on the honor system; parents and/or sponsors are encouraged to attend these hours with their candidate. The hours available for Eucharistic Adoration are as follows:

##### Cathedral of the Holy Spirit

Sunday	1:00pm to 9:00pm
Monday-Thursday	9:00am to 9:00pm

##### Spirit of Life (Mandan)

24/7 - Contact Deb Rath at 663-1660 for a key to get in after normal business hours.

#### † Spring Retreat

This retreat is an opportunity for the students to have an encounter with Christ through fellowship with one another, inspiring talks, small group community building, and guided prayer. The retreats are gender-specific; the **Boys Retreat is February 29, 2020**, and the **Girls Retreat is March 14, 2020**. Both retreats are for students in grades 7 and 8, and both take place from 2:00pm to 9:00pm in the Cathedral cafeteria. Students will attend the 5:00pm parish Mass, and supper will be served.

*The goal of Cathedral's confirmation preparation is to help our youth*

*fall in love with the  
truth, beauty, and joy  
of Jesus Christ and His Church.*

### 8th Grade Year

#### † Choosing a Sponsor

Sponsors are those who will help the Confirmation candidate live his or her baptismal promises. Specifically, it is the responsibility of the sponsor to:

- help the candidate understand and appreciate the Sacrament of Confirmation and have the right intentions for receiving it
- assist the candidate in completing two written assignments
- help the candidate prepare for Confirmation by encouraging him or her to pray, to participate in the sacraments—especially the Eucharist—and to become actively involved in the life of their parish community
- present the candidate for Confirmation and continue to assist the confirmed person in living a Christian life.

Sponsors give personal witness to the faith of the Church and guidance to their candidates both before and after the reception of the Sacrament of Confirmation. Sponsors are for life; they see that the confirmed person acts as a true witness to Christ and faithfully fulfills the obligations connected with this sacrament. If possible, it is encouraged that the baptismal godparent be the sponsor for Confirmation.

Canonically, sponsors must: be a Catholic who has been baptized, received the Eucharist and has been confirmed, and who is currently living a sacramental life (i.e. attending Mass every weekend and Holy Day of Obligation, and receiving the Sacrament of Reconciliation) and is not in an irregular marriage according to Church teaching; be at least 16 years of age; not be a parent of the individual to be baptized or confirmed.

After discerning and asking the proposed sponsor, please give them the "Sponsor Packet" folder that details their responsibilities in assuming the role as sponsor (this will be given when the candidate is in 8th grade).

*(Continued on next page)*

(8th Grade Year Continued)

## † Serving *The Banquet*

*The Banquet* was founded in the spring of 2005 as a community-based organization formed to provide a weekly meal as well as companionship for individuals in the communities of Bismarck and Mandan. Each week a volunteer group plans, prepares and serves the meal. Volunteers also eat with the guests. The meal is served every Thursday from 5:30pm-6:45pm at Trinity Lutheran Church, Fellowship Hall (on Third Street and Avenue A in Bismarck). Cathedral serves *The Banquet* five times a year. Eighth grade students, along with a parent or other adult (over the age of 21), are responsible for set-up, serving, greeting and escorting *The Banquet* attendees to their tables. Additional instructions will be sent to the candidate/parent for their assigned date.

## † Spring Retreat

This retreat is an opportunity for the students to have an encounter with Christ through fellowship with one another, inspiring talks, small group community building, and guided prayer. The retreats are gender-specific and will take place during Spring 2021. Both retreats are for students in grades 7 and 8, and both take place from 2:00pm to 9:00pm in the Cathedral cafeteria. Students will attend the 5:00pm parish Mass, and supper will be served.

## † Adoration

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## † Saint Name Report

In the rich history of the Church, there are countless saints to whom we pray for intercession or look up to for the example of faith in the lives they lived. Candidates will choose the name of a saint for their Confirmation name: these saints are chosen as a person that the candidate wants to be like, and from whom we can ask their intercession and prayers. Specific requirements for this assignment will be given at the appropriate time.

## † Audio/Sponsor Discussions

Candidates and their sponsors will listen to two talks on the Sacrament of Confirmation and review provided discussion questions. A certificate verifying completion of these assignments will be turned in to the Office of Faith Formation.

## † Letter Requesting Confirmation

Candidates are asked to write a letter of request to our Rector, stating their desire to be confirmed. Specific requirements for this assignment will be given at the appropriate time.

# 9th Grade Year

## † Rehearsal

Approximately a week before Confirmation, candidates and sponsors are to attend a rehearsal in preparation for the Confirmation Liturgy. Details will be provided in the Fall of 2020.



## Prayer to the Holy Spirit

*Come, Holy Spirit,  
fill the hearts of your faithful,  
and kindle in them the fire of Your love.  
Send forth Your Spirit  
and they shall be created,  
and You shall renew the face of the earth.*

*Let us pray,  
O God, who by the light of the Holy Spirit  
did instruct the hearts of the faithful,  
grant that by the same Holy Spirit,  
we may be truly wise  
and ever rejoice in His consolation,  
through Christ our Lord.  
Amen.*