

Name _____

Tips for Choosing a Confirmation Saint



The first thing you should do is **pray**. Ask the Holy Spirit for guidance in choosing a saint that will be best for you.

The second thing you should do is some research. Browse a library of patron saints online or get a good book of saints to read. Good online resource include

<https://lifeteen.com/blog/biggest-best-list-confirmation-saints-guys-girls/>

<http://catholicsaints.info/>

<https://www.catholic.org/saints/>

You could choose your present, baptismal name (your first name or middle name only if it is a Saint name). This shows the sacrament's connection with the other sacraments of initiation into the Catholic Church: Baptism and First Eucharist. Choosing your Baptismal name demonstrates that you feel there has been a continual growth in your faith and that you now wish to make this formal through Confirmation.

OR

Choose a saint's name that symbolizes a new beginning in your faith and a connection to that particular saint. If you feel that you have not been particularly strong in your faith and are now making a renewed commitment to your faith, the taking of a new name symbolizes this commitment.

