

Name _____

Tips for Choosing a Confirmation Sponsor



Look first to one of your Baptismal godparents. Because of the connection between the sacraments of Baptism and Confirmation, the Church encourages you to invite your godmother or godfather to be your Confirmation sponsor. "It is desirable that the one who undertook the role of sponsor (godparent) at Baptism be your sponsor at Confirmation" (Code of Canon Law, Canon 893).

If there is a valid reason why the Baptismal Godparent is not available (e.g., death, a non-practicing Catholic) then look for a person who fits this description from Canon Law: The sponsor must be a baptized and confirmed member living a life in harmony with the Catholic Church (Code of Canon Law, Canon 874).

Your sponsor must be at least 16 years of age and be a baptized and confirmed Catholic but cannot be your mother or father.

What does it mean to live a life in harmony with the Catholic Church? You are looking for a person who is:

- **faithful** to Sunday Mass and to the reception of the sacraments.
- a living **witness to the Catholic faith**.
- **a person of prayer**. He or she has spoken about or indicated an understanding of the importance of prayer.
- **aware of a Christian's responsibility to follow** Jesus in service of others. Someone who donates time or money to help the poor, works with youth, visits the homebound, or does other forms of service.
- **honest**. A person of integrity who is willing to speak up and stand up for what is right even in the face of opposition. A person who encourages you to do the same.
- someone **you know well** and who **knows you well**. Someone with whom you will have an on-going relationship.

Did you recognize anyone in the description above? Think about the people in your life: aunts, uncles, older sisters or brothers, a parent of a friend, a neighbor, or a teacher at school. It is a huge privilege to be asked to be a Confirmation sponsor. The person you choose should recognize this and take it seriously. He/she should be your prayer partner and mentor in faith long after the oil of Confirmation has gone from your forehead. Pray about whom you would like to be your Sponsor. Talk to your parents and/or other trusted adults about your options but remember that the choice is ultimately yours.

Write down a few names of people who come to mind as you read through the description on the front of this paper. Discuss these names with your parents.

In order to begin thinking and praying together about being witnesses of your Christian faith, we encourage you to interview your potential Sponsor. You should write down their answers so you can refer to it throughout your faith journey.

Sponsor Interview Questions

- Where do you see God in your daily life? When and how do you most feel His presence?

- How do you live your faith through service to others? Why do you feel called to serve in that way?

- How do you continue to grow in your faith?

- Do you find it difficult to live your faith in today's culture? How is it difficult and how do you handle it?

- What advice do you have for me as I'm preparing for Confirmation?