

THOUGHT FOR THE DAY BY FR. JOHN MOLONEY

MONDAY JUNE 22nd 2020

TITLE OF OUR REFLECTION: DON'T COME NEAR ME

Grace one of my former students, has chosen to stall. She came to see me to share how her closest friend Betty Ann undermined her by spreading nasty gossip at work. Grace said "I never saw it coming. I shared with her an extremely sensitive family situation, and she told the entire office staff. Once I turned my back and left the room I could hear her giggle and laugh with the rest of them. It was so mean- spirited and hurtful. As far as I am concerned she is history. I don't ever want to talk to her again. I feel betrayed" Obviously and quite understandably Grace has been injured by betrayal and her hurt is overwhelming. Betrayal has caused virtual emotional hurricane of hurt feelings in her life. It has put her into "shut out" mode.

Grace has decided to build walls , pull away retreatisolate and distance herself from her best friend instead of dancing towards forgiveness. The only way to separate Grace from her angry feelings will be literally to pry her away from them.

Grace is putting up walls that may be difficult to scale, slowing forgiveness to a STALL. She is declaring the cold war -

---the silent treatment ----which closes the door to any immediate resolution to heal her hurt.

Amen

(To be continued tomorrow.)

PENSAMIENTO DEL DÍA POR EL P. JOHN MOLONEY

LUNES 22 DE JUNIO^{DE} 2020

TÍTULO DE NUESTRA REFLEXIÓN: NO TE ACERQUES A MÍ

Grace, uno de mis antiguos estudiantes, ha decidido detenerse. Vino a verme para compartir cómo su amiga más cercana Betty Ann la socavó difundiendo desagradables chismes en el trabajo. Grace dijo: "Nunca lo vi venir. Compartí con ella una situación familiar extremadamente sensible, y le dije a todo el personal de la oficina. Una vez que me volví la espalda y salí de la habitación pude oírla reír y reír con el resto de ellos. Era tan terrible e iriente. Por lo que a mí respecta, ella es historia. No quiero volver a hablar con ella. Me siento traicionada"

Obviamente y comprensiblemente Grace ha sido herida por la traición y su dolor es abrumador. La traición ha causado un virtual huracán emocional de sentimientos heridos en su vida.

Grace ha decidido construir muros, Alejarse Retirarseaislarse y distanciarse de su mejor amiga en lugar de bailar

hacia el perdón. La única manera de separar a Grace de sus sentimientos de enojo será literalmente alejarla de ellos.

La gracia está poniendo muros que pueden ser difíciles de escalar, ralentizando el perdón a un STALL. Ella está declarando la guerra fría ---- el tratamiento silencioso ----que cierra la puerta a cualquier resolución inmediata para curar su dolor.

Amén

(Continuará mañana.)