



8th and 9th Grade ROC 2020

Although things are quite a bit different than they were last year, we are looking forward to journeying with you through the ROC (Rite of Confirmation) program as you prepare to be confirmed! This year at ROC, we will be using a program called Decision Point.

Decision Point consists of 12 sessions which we are asking you to complete throughout the school year (two sessions each month). Each session focuses on six short videos which can be found on the [Decision Point website](#) or in the links provided in the attached program outline. Your Decision Point workbook features discussion/journal questions along with some supplementary information and activities.

In addition to Decision Point, you can expect to receive some videos from us each month discussing the specifics of Confirmation and addressing some of the topics you will be learning about. There will also be some opportunities for you to ask questions about the Church which we will answer during these videos. You will receive some more information about this soon.

The most important part of our Catholic faith and the ROC program is Sunday Mass. We hope that you will either join us for our [11 a.m. Livestream Mass](#) or our Life Teen Mass, which is currently being held at 2 p.m. on Sunday afternoon on the lawn behind St. Helen's in Norwell.

Due to the current health restrictions, we are limited in the number of in-person activities that Life Teen is able to host. However, please consider joining us some Monday evening for Pizza-less Prayer at 7:15 p.m. at St. Mary's in Hanover or any of our other events, which can be found on [LifeTeenSMASH.com](#).

Know that we are praying for you and hope to see you soon!

8th and 9th Grade ROC - Decision Point (November)

SESSION ONE: LIFE IS CHOICES

Key Points

- We make hundreds of choices every day and every choice has consequences.
- We need to become better decision makers.
- God's way and the way of the world are very different. We should choose to walk with God.

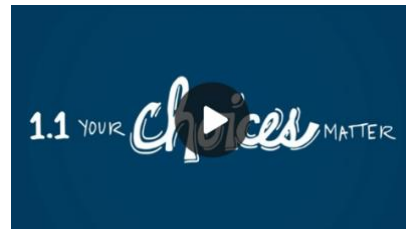
Prayer

My Lord God, I have no idea where I am going. I do not see the road ahead of me. I cannot know for certain where it will end. Nor do I really know myself... But I believe that the desire to please you does in fact please you. And I hope I have that desire in all that I am doing. Therefore I will trust you always though I may seem to be lost... I will not fear, for you are ever with me, and you will never leave me to face my perils alone. (Thomas Merton)

Introduction: Navigation



1.1 Your Choices Matter (Pages 2-7)



1.2 The Best Way to Live (Pages 8-13)



1.3 God's Dream for You (Pages 14-19)



1.4 Be a Rebel (Pages 20-23)



1.5 Decision Point (Pages 24-28)



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SESSION TWO: WHAT'S HOLDING YOU BACK?

Key Points

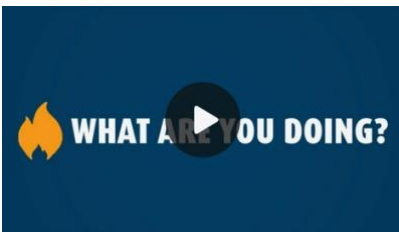
- All paths are not equal. There is such a thing as objective truth.
- We need to turn away from patterns of “stinking thinking” in our lives.
- We need to recognize who or what is holding us back from living the life God invites us to.

Prayer

O Lord my God, teach my heart this day where and how to see you, where and how to find you. You have made me and remade me, and you have bestowed on me all the good things I possess, and still I do not know you. I have not yet done that for which I was made. Teach me to seek you, for I cannot seek you unless you teach me, or find you unless you show yourself to me. Let me seek you in my desire, let me desire you in my seeking. Let me find you by loving you, let me love you when I find you. Amen.

(St. Anselm)

Introduction: What Are You Doing?



2.1 The Quest for Happiness (Pages 30-35)



2.2 Stinking Thinking (Pages 36-39)



2.3 Hungry for the Truth (Pages 40-43)



2.4 This is Personal (Pages 44-49)



2.5 Decision Point (Pages 50-55)

