

## 8<sup>th</sup> and 9<sup>th</sup> Grade ROC - Decision Point (February)

### SESSION SEVEN: THE EUCHARIST

#### Objectives

- To demonstrate that there are many myths surrounding the Eucharist and to dispel those myths.
- To establish that Jesus is truly present in the Eucharist and that it is an incredible gift to each of us through the Church.
- To teach us how to enter into a eucharistic relationship with God and explain the transformational power the Eucharist can have in our lives.

#### Prayer

*My Lord and my God, I firmly believe that you are present in the Eucharist. Take the blindness from my eyes, so that I can see all people and things as you see them. Take the deafness from my ears, so that I can hear your truth and follow it. Take the hardness from my heart, so that I can live and love generously. Give me the grace to receive the Eucharist with humility, so that you can transform me a little more each day into the person you created me to be. Amen. (Matthew Kelly)*

#### Introduction: The Epidemic



#### 7.1 The One Thing (Pages 168-170)



#### 7.2 The True Presence (Pages 172-174)



#### 7.3 The Power of the Eucharist (Pages 176-178)



#### 7.4 Get Close and Stay Close (Pages 180-182)



#### 7.5 Decision Point (Pages 184-188)



## 8<sup>th</sup> and 9<sup>th</sup> Grade ROC - Decision Point (February)

### SESSION EIGHT: THE HOLY SPIRIT

#### Objectives

- To demonstrate the practical power of the gifts and fruits of the Holy Spirit.
- To help us to recognize the promptings of the Holy Spirit.
- To teach us to allow the Holy Spirit to guide us in their decisions.

#### Prayer

*Come, Holy Spirit, I invite you into the very depths of my being. Lead me, guide me, coach me, encourage me, and challenge me. Direct me in all things. Teach me to become a great decision maker, so that in every moment of every day I can choose what is good, right, noble, and just. Amen. (Matthew Kelly)*

#### Introduction: The Next Right Thing



#### 8.1 Who Is the Holy Spirit? (Pages 190-194)



#### 8.2 Unopened Gifts (Pages 196-198)



#### 8.3 The Fruits of the Holy Spirit (Pages 200-202)



#### 8.4 Prompted (Pages 204-208)



#### 8.5 Decision Point (Pages 210-212)





*Moving forward in faith in the spirit of radical hospitality.*



## 8<sup>th</sup> and 9<sup>th</sup> Grade ROC 2020

Although things are quite a bit different than they were last year, we are looking forward to journeying with you through the ROC (Rite of Confirmation) program as you prepare to be confirmed! This year at ROC, we will be using a program called Decision Point.

Decision Point consists of 12 sessions which we are asking you to complete throughout the school year (two sessions each month). Each session focuses on six short videos which can be found on the [Decision Point website](#) or in the links provided in the attached program outline. Your Decision Point workbook features discussion/journal questions along with some supplementary information and activities.

In addition to Decision Point, you can expect to receive some videos from us each month discussing the specifics of Confirmation and addressing some of the topics you will be learning about. There will also be some opportunities for you to ask questions about the Church which we will answer during these videos.

The most important part of our Catholic faith and the ROC program is Sunday Mass. We hope that you will either join us for our [11 a.m. Livestream Mass](#) or our Life Teen Mass, which is currently being held at 2 p.m. on Sunday afternoon on the lawn behind St. Helen's in Norwell.

Due to the current health restrictions, we are limited in the number of in-person activities that Life Teen is able to host. However, please consider joining us some Monday evening for Pizza-less Prayer at 7:15 p.m. at St. Mary's in Hanover or any of our other events, which can be found on [LifeTeenSMASH.com](#).

Know that we are praying for you and hope to see you soon!