

## Who is Jesus?

As an Adult Catholic asking to be Confirmed in your faith you are affirming your belief in God the Father, Son and Holy Spirit. After watching the video, spend some time each day (5 minutes) for the next week in quiet reflection on your own relationship with Jesus and how you might come to know, love and serve him more intimately in your everyday life.

- You can share your thoughts in writing or verbally when we have our second appointment prior to your Confirmation.

## Baptism & Confirmation

- Why do you want to be confirmed? What does Confirmation mean to you?
- How did this video change your understanding of the Sacraments of Baptism and Confirmation?

## Eucharist

The video explains that Jesus is truly present in the Eucharist. This may be a new concept to you.

- Write down any questions you have or write a few sentences about an experience you may have had encountering Jesus in the Eucharist.

You are encouraged to find time in the next week to visit a Catholic Church and spend just a few minutes sitting quietly in the presence of Jesus. (Call or Check online in advance to be sure that church is open.) Make the sign of the cross, thank the Lord for his presence and allow his love to wash over you.

## Penance and Anointing of the Sick

- After watching the video on Reconciliation, do you have a better understanding of the Sacrament and how to make a confession?
- Please offer some thoughts on how you have experienced forgiveness.

## Matrimony & Holy Orders

- Marriage and Holy Orders are called Sacraments of Service. How would you describe these vocations as service?

## Walk Through of the Mass

- After watching the video on the Mass- What do you think the purpose of the Mass is?
- Who, or what, is at the "heart" of the Mass?

## Holy Spirit & Life of Grace

### Gifts of the Holy Spirit:

- As you listen to Gifts of the Holy Spirit please note (write down) each of the seven gifts, poured out in Confirmation. Consider how these gifts, permanent dispositions to follow the prompting of the Holy Spirit, guide and support you in your daily life as you encounter Jesus in family members, in your community and in your work. Please write one or two paragraphs.

### Fruits of the Holy Spirit:

- The twelve fruits of the Holy Spirit perfect us to participate in Jesus' mission. As an Adult seeking to be confirmed in your faith, how do you see yourself living out Jesus' mission in the world, in charity, joy, peace, etc. Please write one or two paragraphs.

## Ten Commandments

After watching "The Ten Commandments" video, please answer the following questions in your own words:

- What does Bishop Barron say is the point of the first commandment?
- What does that mean for you in the way you live your life?
- What does it mean to "keep holy the Sabbath" and what changes would you need to be willing to make, if any, to keep holy the Sabbath more regularly?
- The fourth through tenth commandments focus on our relationship with each other. In just one or two paragraphs comment on something that struck you in Bishop Barron's explanation of these commandments.

## Optional Questions

- Did you watch other videos on the Formed website?
- Do you feel more comfortable with your faith after this course?