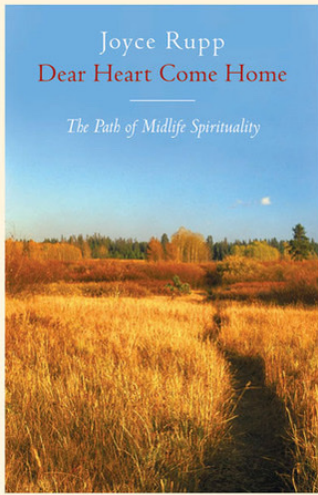


On-line Small Group Opportunity!



Shalom Place presents:

“Dear Heart Come Home: The Path to Midlife Spirituality”

By Joyce Rupp

Midlife ... is a summons to grow and a challenge to change. Midlife beckons one inward. It is a move to interiority, a passage to the deeper places where we discover our authenticity, where we realize both our limitations and our grandeur. It is here that we come home to our truest Self. We take our external experiences with us to the inside and look at our life. We evaluate our goals, hopes, dreams, beliefs, behaviors, experiences – all that has marked us and contributed to the person we have become – and we ask ourselves: “Is this the person I want to be in the future?”

We will use Joyce Rupp’s book as the source of input, private journaling and group sharing during our sessions. More information will be provided at the first session.

DATES & TIMES: Wednesdays 4:30 - 6:00 p.m. (Eastern Time)
Jan. 20, 27; Feb. 3, 10, 17, 24; Mar. 3, 10

FACILITATOR: Stephanie Romiti, CSJ

SUGGESTED OFFERING: Free-will offering appreciated. **PARTICIPANTS ARE ASKED TO OBTAIN THEIR OWN COPY OF THE BOOK**, from the vendor of their choice. (Note: amazon.ca and chapters.indigo.ca have limited copies, though it is available as an e-book for Kindle. It is also available through a few U.S. vendors, such as Barnes and Noble.)

LOCATION: Meet from the comfort of your own home! We will use "zoom" to meet - guidance will be offered ahead of time for those needing it!

REGISTER: shalomssm@shaw.ca or 705-254-4690 or complete the contact form on our website (www.shalomplace.ca)