



Menu for the week of

9/16/2019

-

9/20/2019

	9/16/2019 Monday	9/17/2019 Tuesday	9/18/2019 Wednesday	9/19/2019 Thursday	9/20/2019 Friday
Soup	Tomato Basil Soup	Broccoli Cheese	Chicken Tortilla	Homemade Chili	Chicken Noodle
Chef's Entree	Pizza Pasta w/ Garlic Breadstick	Taco Tuesday (Crispy Beef Tacos) w/ Spanish Rice & Refried Beans	Pasta Bar: Penne or Fettuccine, Alfredo or Marinara - Breadsticks	Herb Roasted Chicken w/ Red Potatoes	Veggie or Cheese Pizza Day Served with Fresh Fruit
Kids Pick	Chopped BBQ Beef Sandwich w/ Baked Beans	Crispy Chicken Club w/ Baked Chips	Ultimate Grilled Cheese w/ Tomato Soup and Baked Chips	Super Nachos: Steak, Chicken or Ground Beef w/ all the toppings	Pasta w/ Marinara
Kid Pick Sides	Carrot, Celery, Cucumbers or Fruit Cup	Carrot, Celery, Cucumbers or Fruit Cup	Carrot, Celery, Cucumbers or Fruit Cup	Carrot, Celery, Cucumbers or Fruit Cup	Carrot, Celery, Cucumbers or Fruit Cup
Fresh Vegetables	Garlic Green Beans	Steamed Broccoli	House Salad	Chuckwagon Corn	Caesar Salad
Deli Sandwich	Wow Butter & Jelly	Turkey & Swiss Wrap	Grilled Chicken Wrap	BLT	*****
Healthy Choice	Chicken Caesar Salad	Trio Salad - Greens w/ Tuna, Chicken and Fruit	Southwest Taco Salad	Cobb Salad	*****
Baked Potatoes	Served Daily with Cheddar Cheese, Bacon bits and Sour Cream	Served Daily with Cheddar Cheese, Bacon bits and Sour Cream	Served Daily with Cheddar Cheese, Bacon bits and Sour Cream	Served Daily with Cheddar Cheese, Bacon bits and Sour Cream	Served Daily with Cheddar Cheese and Sour Cream
Beverage Bar	100% Juice Suncup 6oz, 2% Milk or Fat Free Chocolate Milk, Water	100% Juice Suncup 6oz, 2% Milk or Fat Free Chocolate Milk, Water	100% Juice Suncup 6oz, 2% Milk or Fat Free Chocolate Milk, Water	100% Juice Suncup 6oz, 2% Milk or Fat Free Chocolate Milk, Water	100% Juice Suncup 6oz, 2% Milk or Fat Free Chocolate Milk, Water
Dessert	Jello	Chocolate Brownie	Yellow Cake	Cookies	Ice Cream

Daily Meal features Choice of Main Entrée or Deli Sandwich Box or Salad Entrée and choice of two sides, dessert and a beverage.

Pre-K3 - K - \$5.15 1st through 3rd Grades \$5.80 and 4th through 8th Grades \$6.40

This menu has been reviewed by our Nutritionist Cynthia Wolfram, RDN, LD / Dietitians for Healthcare, LLP



DINING SERVICE