

## *Uniform and Personal Appearance*

### Modesty Statement

Nazareth Academy supports a school uniform policy that is helpful towards implementing the school's mission as well as eliminating distractions from it. Modesty, humility, selflessness, and discretion are all virtues modeled by Jesus Christ. The school uniform is one potential tool to help students not only express these principles through their personal appearance but also, *and more importantly*, seal them in their hearts so that they rejoice in modesty, humility, selflessness, and discretion. In regards to individuality, the more important expressions of a person's heart are to be found in their speech, their acts of love and kindness, and their academic and artistic abilities rather than what they wear.

A neat and well-groomed appearance is expected of every Nazareth Academy student. Uniforms must be sized appropriately, clean, and shirts tucked in at all times.

### Uniform for Boys

Navy zippered shorts or zippered slacks with belt loops: Purchase at Melvins

Navy shorts with elastic waistband Style 5213N (PK4 – Gr. 3 only) Purchase at Melvins or from Amazon: **Classroom Uniforms Pull-On Boys Uniform Shorts**

Navy slacks with elastic waist band (PK4 – Grade 3 only): Purchase at Melvins or Amazon: **Classroom Uniforms Pull-On Boys Uniform Pants**

Red knit short or long sleeve shirt with school insignia: Purchase at Melvins

Simple black or brown belt (no embellishments on belts, no large buckles)

### Uniform for Girls

#### **PK4 through 3<sup>rd</sup> Grade:**

Plaid skirt, plaid skort, plaid jumper worn with white Peter Pan collared shirt, navy skort, navy zippered shorts with cuff, or navy zippered long pants: Purchase at Melvins  
Girls must wear biker/spandex shorts under skirts and jumpers.

Navy shorts with elastic band Style 5213N (up to size 10): Purchase at Melvins or from Amazon: **Classroom Uniforms Pull-On Boys Uniform Shorts (These can be worn by girls or boys)**

Navy long pants with elastic waist band Style 5106 (up to size 10): Purchase at Melvins or from Amazon: **Classroom Uniforms**

Red knit polo shirt (short or long sleeves) with school insignia worn with skirt, shorts and skort: Purchase at Melvins

**4<sup>th</sup> through 8<sup>th</sup> Grade:**

Plaid skirt, plaid skort, navy shorts, navy skort, or navy long pants: Purchase at Melvins  
 Red knit polo shirt (short or long sleeves) with school insignia: Purchase at Melvins

*Shorts, skirt, or skort – no shorter than 3 inches above the knees*

The plaid is an option only, not a requirement. Girls can just wear red shirts and navy bottoms, if they choose.

**Uniform – All Students**

**Shoes:** tennis or athletic, standard *solid* colors of black, navy, white, or red (school color); **no** other color of trim (no lights, wheels, or backless, no deck shoes); shoelaces **must be** black, navy, white, or red

**Socks:** must be solid white, no logos

**Warm Garments:** approved NA sweatshirt/NA jacket, (which can be purchased through the school), or solid red sweater, sweatshirt or jacket with white trim only. (Black trim is not allowed). The student may wear another warm garment for outside only. A navy or white undershirt may be worn under the red knit shirt on cold days. Navy or white leggings may be worn under the approved uniform on cold days.

**Spirit Day Uniform (Mondays)**

Approved Spirit T-shirt worn with uniform bottoms or dark blue jeans – No tight or skin-tight pants, no faded jeans, no jeans with tears or holes, no jeggings, no embellishments, no rolled pant-leg cuffs will be allowed.

**No black jeans**

**Game/Performance Day**

Band and choir t-shirts are allowed to be worn with uniform bottom on performance day only. Football, volleyball, & other sports may wear their jerseys or approved team shirt with uniform bottoms on game day. Cheerleaders & drill team may wear their uniform on pep rally days and game days.

Embellished belts, skin-tight pants, too short or tight-fitting skirts, skort, or shorts or any uniform part purchased other than at Melvins, except as noted, are not in compliance with the uniform code. These infractions call for immediate action.

## **Non-Uniform Day**

During the course of the year, days may be specified as non-uniform days. While students are exempt from wearing the regular school uniform on these days, they must choose attire that is appropriate for school. This means clothes that are modest, proper fitting, no offensive or inappropriate slogans on clothing, and no flip-flops. If it becomes necessary to monitor students too closely as to their choice of clothes on non-uniform days, the students will lose the privilege of non-uniform days for the remainder of the year.

## **P.E. Clothes**

Students in grades 4-8 are required to wear solid red P.E. shirts and shorts ordered through the school from a uniform company. Tennis shoes or athletic shoes are required. Warm-ups or long pants may only be worn on cold days with permission from the physical education teacher. All items are to be labeled on the bottom right hand corner of the garment with the student's name.

## **Jewelry, Make-up, Hair**

Jewelry for girls is limited to one ring, one bracelet, one necklace, simple earrings (one in each earlobe). Jewelry for boys is limited to one watch or bracelet, one ring, one necklace. Ear jewelry is not permitted for boys. Expensive or heirloom jewelry should not be brought on campus.

Make-up is limited to girls in grades 7-8. Make-up must be modest in the amount and type worn. Any matters regarding inappropriate make-up, jewelry, and/or hair will be determined by the teachers/administration. No false or painted fingernails are permitted.

## **Hairbows and Headbands and Hair Accessories**

Hairbows and headbands, if worn, must be navy, red, white or **matching uniform plaid only**. No embellishments or 3-D effects will be allowed.

No extreme hairdos or colored hair are allowed. Hair styles are to be neat, with bangs above the eyebrows, and well-groomed. Boys' hair should be above the collar and trimmed around the ears (no more than half the ear should be covered).

No writing on the skin or temporary or permanent tattoos are allowed.