

Scripture Reading: Psalm 23

We should certainly count our blessings, but we should also make our blessings count. —Neal A. Maxwell

Everyone has a bad day once in a while. What is frustrating is that often it is hard to understand why.

You can't think of anything that happened that would send you spiraling downward into depression. No one said anything bad to you. You didn't get a call from a creditor. You didn't get bad news. So what's going on?

You're human. Perhaps you're tired. You didn't get enough sleep. Who knows? You don't need an excuse to be grumpy. It happens.

Sometimes it is helpful to remember how blessed we are. When I am feeling out of sorts, I often remind myself to count my blessings, as the old hymn suggests. Here is a list of things for all of us to remember.

Count from 1 to 10 the Blessings in Life

1. *I have a roof over my head.* Many people in the world don't.
2. *I ate today.* Tens of thousands miss meals every day.
3. *I have a good heart.* This comes from God.
4. *I wish good for others.* Many people are self-centered and think only about themselves.
5. *I have clean water to drink.* Not everyone is so fortunate.
6. *Someone cares for me.* I need to pray for those who feel alone.
7. *I forgive others.* I need to pray for those who are bitter and hold a grudge.
8. *I have clothes to wear.* I need to pray for all the good people in the world who are trying to cloth the needy.
9. *I am living to the best of my ability in a faithful relationship with God.*
10. *I'm breathing!* Every day that I wake up is a good day. It's an opportunity to do something good.

Here the list stops. But if you were to add to this list, what blessings would it include?

—Timothy Merrill

Prayer: Lord Jesus, my blessings are too many to count. I am very thankful, and humbled by your love. Amen.

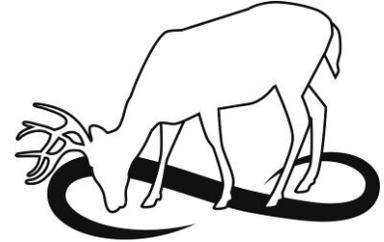
Daily Bible Readings

- Sunday:** Luke 10-13
- Monday:** Judges 13-15
- Tuesday:** Judges 16-18
- Wednesday:** Judges 19-21
- Thursday:** Ruth 1-4
- Friday:** 1 Samuel 1-3
- Saturday:** Psalms 40-42

Verse to Remember

*“As a deer longs for flowing streams,
so my soul longs for you, O God.”*

—Psalm 42:1



UNSCRAMBLE THE PROVERB!

Directions: Write in the missing word indicated by the ellipsis (...) in the blank provided. Unscramble the words you wrote in the blanks, to reveal another proverb.

- When the going gets tough, the tough ... going. _____
- People who live in glass houses should ... throw stones. _____
- If the cap fits, ... it. _____
- When you begin a journey of revenge,
start by digging two graves:
one for your enemy, and one for _____
- One person pretends to be ..., yet has nothing;
another pretends to be poor,
yet has great wealth. _____
- Good things come ... those who wait. _____
- When in Rome, ... as the Romans do. _____
- Do not wear ... your welcome. _____

Write the unscrambled proverb here:

MISSING LETTERS

The theme of this puzzle is “young animals.” Here are 14 young animal names without the consonants. Complete each word and cross off each consonant when you use it. (The adult version is in parentheses.)

B C C C C C DD FF G G G G H
J K K K L L L L L L L N N N N
P P P P S T T T T T T T W W
Y Y Y Y

- 1. _ U _ _ (BEAR)
- 2. _ O _ _ I _ _ (GOOSE)
- 3. _ I _ _ (GOAT)
- 4. _ A _ _ (DOE)
- 5. O _ _ E _ _ (OWL)
- 6. _ O E _ _ (KANGAROO)
- 7. _ I _ _ E _ _ (CAT)
- 8. _ O _ _ _ (HORSE)
- 9. _ A _ _ O _ E (TADPOLE)
- 10. _ _ I _ _ _ (HEN)
- 11. _ U _ _ _ _ (DOG)
- 12. _ _ _ _ E _ _ (SWAN)
- 13. E A _ _ E _ _ (EAGLE)
- 14. _ I _ _ _ _ (MARE)

SOLUTION: Do not wear yourself out to get rich (Proverbs 23:4, NRSV).

SOLUTION TO MISSING LETTERS:

- 1. cub
- 2. gosling
- 3. kid
- 4. fawn
- 5. owl
- 6. joey
- 7. kitten
- 8. colt
- 9. tadpole
- 10. chick
- 11. puppy
- 12. cygnet
- 13. eaglet
- 14. filly

