

Sunday Connection



The Solemnity of the Most Holy Body and Blood of Christ, Cycle B

Sunday, June 6, 2021

First Reading

Exodus 24:3-8

The covenant is established between God and the people.

Responsorial Psalm

Psalm 116:12-13,15-16,17-18

God brings salvation.

Second Reading

Hebrews 9:11-15

Christ is the mediator of the new covenant.

Gospel Reading

Mark 14:12-16,22-26

Jesus shares his Last Supper with his disciples.

Family Connection

In the beginning of today's Gospel, Jesus instructs his disciples to make preparations for the Passover meal. Like most meals, the Passover meal required planning and preparation. Our celebration of the Sunday Eucharist also requires planning and preparation. Certainly the ministers at the Eucharist prepare for their roles: the person presiding prays and prepares the homily; the prayers of petition are written; the music ministers prayerfully select music and practice it before Mass; Eucharistic ministers, lectors and altar servers prepare carefully for their roles. As the worshipping assembly, we can also prepare for the Mass through our prayer during the week, by reading the Scripture before Mass, and by making ourselves present to the Eucharistic celebration.

As you gather as a family, talk about some of the things that are required to prepare for your family meals. Plan together a special Sunday meal by choosing the menu, preparing the shopping list, and assigning duties for cooking, setting the table, preparing decorations, leading the prayers, and cleaning. Read together today's Gospel, Mark 14:12-16,22-26. Notice how Jesus instructed his disciples to prepare for their Passover meal. All meals require some kind of planning and preparation; so, too, our Sunday Eucharist requires planning. What might we do as a family to better prepare for our celebration of the Eucharist? Choose one or more ideas to begin to implement together as a family. Pray together that God will help your family make your celebration of the Eucharist the highlight of your week. Pray together the Lord's Prayer.