

**To you, O Lord, I lift my soul.**

**R:** To you, O Lord, I lift my soul.

**Remember that your compassion, O LORD,  
and your kindness are from of old.**

**In your kindness remember me,  
because of your goodness, O LORD.**

**R:** To you, O Lord, I lift my soul.

**Relieve the troubles of my heart;  
And bring me out of my distress.  
Put an end to my affliction and my suffering;  
and take away all my sins.**

**R:** To you, O Lord, I lift my soul.

**Preserve my life and rescue me;  
let me not be put to shame, for I take refuge in you.  
Let integrity and uprightness preserve me,  
Because I wait for you, O LORD.**

**R:** To you, O Lord, I lift my soul.