



## What are the benefits to the parish?

### When people attend, they will:

- Understand the impact of their baptism on their mission and purpose
- Learn how God has equipped them to live as disciples of Jesus Christ
- Experience various forms of prayer and how to pray contemplatively
- Learn the steps to discernment and how to make decisions based on guidance from the Holy Spirit
- Discern their charisms, ministries, and careers to fulfill God's Will
- Recognize the significance of the complementarity of gifts to the building of community

### Parishes will:

- Form disciples who serve with an enthusiasm and zeal in ministries suited to their gifts
- Reduce volunteer turnover and burnout
- Understand prayer, formation, and charism trends allowing for parish planning that meets the needs of the faith community

## Who We Are

### About Us

Via Maria Consulting assists individuals and parishes in discovering how God has uniquely gifted them to carry out the mission and vocation to which they have been entrusted. When we are living life as God intended, we will know joy, happiness and peace.

Consultants and founders Judy Maten & Mary Garlow have experience in evangelization, catechesis, and spiritual growth at both parish and diocesan levels. With Master of Arts in Pastoral Studies and a wealth of knowledge, Judy and Mary are prepared to help individuals and parishes discover how God invites, empowers, and sends forth disciples to proclaim the Good News of the Gospel.

### Contact Us

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Via Maria Consulting, LLC is an  
Economy of Communion business



Via Maria Consulting



*Forming Disciples  
for Evangelization*

**Discovering  
Your Gifts  
Workshop**

*For Ministry Development  
& Pastoral Planning*

*Invited † Empowered † Sent Forth*



## A Parish's Mission: To Form Disciples

Created in the image and likeness of God, this five-session workshop will uncover how God has uniquely gifted participants to live out their call to holiness, find happiness and lead a fulfilling life, all while going deeper in their relationship with Jesus Christ.

During the sessions, participants will take the spiritual gifts inventory as a base-line for further discoveries, including how spiritual gifts given in baptism (charisms) and natural talents are discerned, activated and exercised through their vocation, ministry, career, volunteer opportunities and relationships as well as how to develop communities of faith that identify and nurture disciples.

## Invited, Empowered, & Sent Forth

Many see the Church as a place to meet sacramental needs, rather than as a community where people are fed, nurtured, empowered, and sent forth to proclaim the Gospel.

Discovering Your Gifts workshops focus on the invitation to discipleship and the ministry of accompaniment within the community of faith to form disciples prepared for mission.

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*A workshop participant notes:  
"Very informative! With evangelization being so important, identifying my charisms helps me know how I can evangelize. More people need to know this!"*

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## Before Going Out, Go In!

In order to understand the will of God and the movements of the Holy Spirit, both integral to discipleship, we need to grow in the interior life, learning to pray, discern, and listen to the voice of God.

Discovering Your Gifts workshop reveals the contributions of some of the Church's great mystics, saints, and spiritual writers and reflects on how these models of holiness help today's Christians on their own journey of



## The Marian Profile

Pope Francis notes "there is a "Marian "style" to the Church's work of evangelization."  
(*Evangelii Gaudium*, 288)

**Discovering Your Gifts** workshops explore the Marian model for parish ministry and provides consultation with parishes as a follow-up to the sessions as a way to jump-start discipleship and evangelization efforts.

## Other Products & Services

**Via Maria Consulting, LLC** can also assist individuals and parishes with the following:

- ❖ Evangelization Workshops
- ❖ Retreats
- ❖ Days & Evenings of Reflection
- ❖ Parish Consultation, Assessment, Leadership Training & Planning
- ❖ Spiritual Consultation & Direction
- ❖ Small group studies on spiritual classics
- ❖ Catechist & staff formation