

St. Joseph's 56th Ox Roast Fair

Presents

“RUN OF THE OX”

5K Walk/Run & 1M Fun Walk



7:00 A.M. Registration

8:00 A.M. Race/Walk

Saturday, July 20th, 2019



Location:

St. Joseph's Church
11045 St. Joseph's Blvd.
Mantua, Ohio 44255

Proceeds to benefit St. Joseph's Church charitable programs

Pre-Registration - \$16 Race Day Registration - \$20

Awards to top three overall and top three in the following age groups:
11 and under, 12-15, 16-19, 20-29, 30-39, 40-49, 50-59, 60 and over

Features: Water stops, timers, t-shirts for the first 150 registrations, and refreshments

Course: Out and back **Contact Information:** HMA@nacs.net - or - 216-752-5151

Mail-in and online registration will close **July 18, 2019** Registration after deadline will be in person the day of race.

Register online at www.hmapromotions.net or by mail: P.O. Box 22622, Cleveland, Ohio 44122. Checks payable to HMA.

Name: _____ **T-Shirt Size:** S / M / L / XL

Address: _____ **City:** _____ **State:** _____ **Zip:** _____

Phone: _____ **Gender:** M / F **Age:** _____ **Email:** _____

Circle One: 5K Run – or – 1M Fun Walk

In consideration of the acceptance of my entry to the Run of the Ox and on behalf of myself, my heirs, executors and administrators, I hereby waive, release and discharge St. Joseph's church, the Ox Roast Fair, HMA Promotions and any additional host and sponsors, or their agents, representatives, employees, volunteers from any and all claims, demands, and causes of action, present and future, whether known, anticipated, or unknown, resulting from or arising out of my participation in the Run of the Ox. I attest that I am physically fit, and that I am aware of inherent risks. I have read and understand the foregoing waiver, assumption of risk and release and agree to be legally bound by it.

Signature: _____ **Date:** _____

I, the parent or legal guardian of the above entrant, consent to my child's participation in the described activity. I agree to be bound by the terms of the above release.