



# Discipleship Update

Newcomer's Edition 2

*Our New Prague Area Catholic Community parish mission:*

We are a Catholic community forming disciples of Jesus Christ dedicated to loving God through our worship, sharing the Good News, and loving service to others.

## Those darn (useful) cell phones!

You're in the chapel for adoration, and you notice that the person there with you is on her cell phone. What's with people these days, that they can't even spend some time with God without being distracted by technology?

*Not so fast. Let's take another look.*

While our phones, tablets and iPads can compete with the needed space for quiet in our lives, they can also be used as tools that give us access to rich resources for prayer and scripture appreciation. Some people use music stored on their phones to enhance their prayer. There are as many ways to pray as there are people, and we learn from others. Let's allow for the possibilities!

Here is a 30 second clip of Angie Fryckman sharing how she uses technology to enhance her prayer life.

<https://drive.google.com/file/d/1HevNVz86Qajk3vfENiTbV2qmcrH3cyQb/view?usp=sharing>



*Angie is a busy wife, mom of two daughters and math teacher at New Prague High. She is active in a discipleship group and the Sunday evening mom's book group, which she would recommend to any woman looking for growth in faith and fellowship.*



"It is Jesus that you seek when you dream of happiness;

He is waiting for you when nothing else you find satisfies you;

He is the beauty to which you are so attracted;

It is he who reads in your heart your most genuine choices, the choices that others try to stifle.

It is Jesus who stirs in you the desire to do something great with your lives, the will to follow an ideal, the refusal to allow yourselves to be ground down by mediocrity, the courage to commit yourselves humbly and patiently to improving yourselves and society, making the world more human and more fraternal."

"Conversion means accepting, by a personal decision, the saving sovereignty of Christ and becoming his disciple."

St. Pope John Paul II

