

SACRAMENTAL PREPARATION

FIRST COMMUNION YEAR 2

Because Christ himself is present in the sacrament of the altar, he is to be honored with the worship of adoration. "To visit the Blessed Sacrament is . . . a proof of gratitude, an expression of love, and a duty of adoration toward Christ our Lord" (Paul VI, *MF* 66).

By the consecration the transubstantiation of the bread and wine into the Body and Blood of Christ is brought about. Under the consecrated species of bread and wine Christ himself, living and glorious, is present in a true, real, and substantial manner: his Body and his Blood, with his soul and his divinity (cf. Council of Trent: DS 1640; 1651). Having passed from this world to the Father, Christ gives us in the Eucharist the pledge of glory with him. Participation in the Holy Sacrifice identifies us with his Heart, sustains our strength along the pilgrimage of this life, makes us long for eternal life, and unites us even now

Goals

Child

- Develop a daily prayer life: Diocesan prayer list standards to know from memory– Sign of the Cross, Angel of God, Glory be, Hail Mary, Our Father, Act of Contrition (traditional)
- Actively participates in Mass with regular weekly attendance
- Realize Christ's true and real presence in the Eucharist
- Know steps to making a good confession
- Understand Christ's love and mercy in Reconciliation

Parents

- To continue being the primary educator of the faith
- Foster real opportunities to encounter Christ in everyday life (by living the Corporal and Spiritual Works of Mercy)
- Faithfully leads by example as a faithful and active church member
- Regularly participates in the Mass and sacraments– children need to witness their parents making the sacrament of Reconciliation and receiving the Eucharist to better understand their role in receiving the sacraments



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