



Christ the King Catholic Montessori School

October 2021 Lunch

Mon	Tue	Wed	Thu	Fri
Milk is included with snack and lunch	Menu may change due to product availability <i>This institution is an equal opportunity provider</i>			1 Toasted cheese sandwich Tomato soup Crackers Cucumber Fruit
4 Teriyaki chicken Rice Peas Fruit	5 Soft shell taco Black beans Lettuce Fruit	6 Pulled pork Bun Mixed vegetables Fruit	7 Pizza Red pepper Lettuce Fruit	8 Cheese omelet Biscuit Hash browns Tomato juice Fruit
11 Chicken alfredo Noodles Broccoli Fruit	12 Chili Cheese Corn Corn chips Fruit	13 Hot dog Bun Carrots Fruit	14 Turkey Mashed potatoes Gravy Dinner roll Green beans Fruit	15 Spaghetti sauce Noodles String cheese Lettuce Fruit
18 Chicken nuggets Seasoned rice Stir fry Fruit	19 PB&J sandwich Baby carrots Fruit Early Dismissal 1:00 pm	20 NO SCHOOL	21 NO SCHOOL	22 NO SCHOOL
25 Fajita chicken wrap Cucumbers Lettuce Fruit	26 BBQ pork slider Sweet potatoes Fruit	27 Hamburger Bun Baked beans Chips Fruit	28 Cheesy chicken bake Garlic toast Carrots Fruit	29 Fish patty Bun Lettuce Fruit