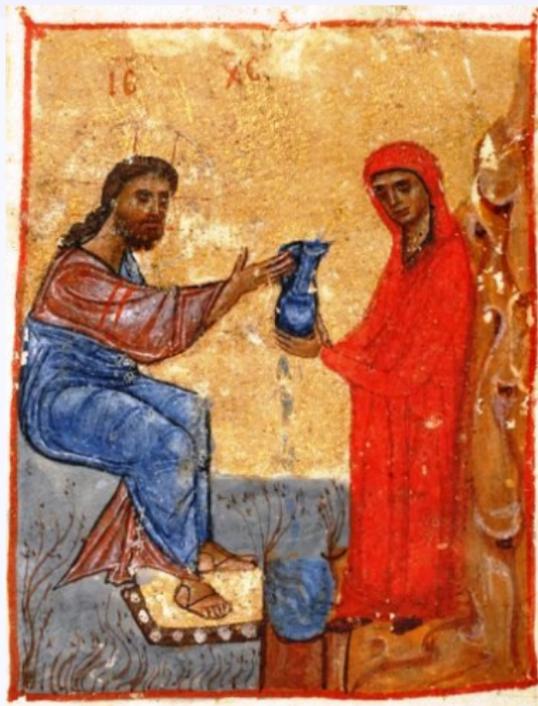


EVENING PRAYER

3rd Sunday of Lent

(Psalter week III)



*please stand and make
the sign of the cross as we begin*

PRESIDER God, come to our assistance.



All Lord, make haste to help us.

Presider Glory to the Father, and to the Son,
and to the Holy Spirit,

All as it was in the beginning, is now,
and will be forever. Amen. Alleluia.

HYMN: FORTY DAYS AND FORTY NIGHTS #127

PSALMODY Psalm 110: 1-5, 7

PRESIDER Lord, all powerful King, free us for the sake of your name. Give us time to turn from our sins.

Ambo The Lord's revelation to my Master: "Sit on my right: your foes I will put beneath your feet."

Choir The Lord will wield from Zion your scepter of power: rule in the midst of all your foes.

Ambo A prince from the day of your birth on the holy mountains; from the womb before the dawn I begot you.

Choir The Lord has sworn an oath he will not change. "You are a priest for ever, a priest like Melchizedek of old."

AMBO The Master standing at your right hand
will shatter kings in the day of his great
wrath.

Choir He shall drink from the stream by the
wayside and therefore he shall lift up his
head.

Ambo Glory to the Father and to the Son,
and to the Holy Spirit,

Choir as it was in the beginning,
is now and will be forever. Amen.

All Lord, all powerful King, free us for the
sake of your name. Give us time to turn
from our sins.

PRESIDER We have been redeemed by the precious blood of Christ, the lamb without blemish.

Ambo I will thank the Lord with all my heart in the meeting of the just and their assembly.

Choir Great are the works of the Lord; to be pondered by all who love them.

Ambo Majestic and glorious his work, his justice stands firm for ever.

Choir He makes us remember his wonders. The Lord is compassion and love.

AMBO He gives food to those who fear him;
keeps his covenant ever in mind.

Choir He has shown his might to his people by
giving them the lands of the nations.

Ambo His works are justice and truth: his
precepts are all of them sure,

Choir standing firm for ever and ever: they are
made in uprightness and truth.

PSALMODY Psalm 111 *(continued)*

AMBO He has sent deliverance to his people and established his covenant for ever. Holy his name, to be feared.

Choir To fear the Lord is the first stage of wisdom; all who do so prove themselves wise. His praise shall last for ever!

Ambo Glory to the Father and to the Son, and to the Holy Spirit,

Choir as it was in the beginning, is now and will be forever. Amen.

All We have been redeemed by the precious blood of Christ, the lamb without blemish.

PRESIDER Ours were the sufferings he bore;
ours the torments he endured.

Ambo Christ suffered for you, and left you an
example to have you follow
in his footsteps.

Choir He did no wrong; no deceit was
found in his mouth.

Ambo When he was insulted, he returned
no insult.

Choir When he was made to suffer,
he did not counter with threats.

Ambo Instead he delivered himself up to the
One who judges justly.

CANTICLE 1 Peter 2: 21-24 *(continued)*

CHOIR In his own body he brought
your sins to the cross,

Ambo so that all of us, dead to sin,
could live in accord with God's will.
By his wounds you were healed.

Choir Glory to the Father, and to the Son
and to the Holy Spirit,

Ambo as it was in the beginning,
is now and will be forever. Amen.

All Ours were the sufferings he bore;
ours the torments he endured.

READER While all the runners in the stadium take part in the race, the award goes to one man. In that case, run so as to win! Athletes deny themselves all sorts of things. They do this to win a crown of leaves that withers, but we a crown that is imperishable.

I do not run like a man who loses sight of the finish line. I do not fight as if I were shadowboxing. What I do is discipline my own body and master it, for fear that after having preached to others I myself should be rejected.

RESPONSORY

PRESIDER Listen to us, O Lord, and have mercy,
for we have sinned against you.

All Listen to us, O Lord, and have mercy,
for we have sinned against you.

Reader Christ Jesus, hear our humble petitions,
All —for we have sinned against you.

Reader Glory to the Father and to the Son,
and to the Holy Spirit.

All Listen to us, O Lord, and have mercy,
for we have sinned against you.

please stand for the Magnificat

PRESIDER Whoever drinks the water that I shall give will never be thirsty again, says the Lord.



All My soul proclaims the greatness of the Lord, my spirit rejoices in God my Savior for he has looked with favor on his lowly servant.

From this day all generations will call me blessed: the Almighty has done great things for me, and holy is his Name.

ALL He has mercy on those who fear him
in every generation.

He has shown the strength of his arm,
he has scattered the proud in their
conceit.

He has cast down the mighty from their
thrones, and has lifted up the lowly.

He has filled the hungry with good
things, and the rich he has sent away
empty.

ALL He has come to the help of his servant
Israel for he has remembered
his promise of mercy,
the promise he made to our fathers,
to Abraham and his children for ever.
Glory to the Father, and to the Son
and to the Holy Spirit;
as it was in the beginning, is now
and will be forever. Amen.

ALL Whoever drinks the water that I shall
give will never be thirsty again,
says the Lord.

INTERCESSIONS

PRESIDER All praise to God the Father who brought his chosen people to rebirth from imperishable seed through his eternal Word. Let us ask him as his children:

All — Lord, be gracious to your people.

Presider God of mercy, hear the prayers we offer for all your people,

All —may they hunger for your word more than for bodily food.

Presider Give us a sincere and active love for our own nation and for all mankind,

All —may we work always to build a world of peace and goodness.

PRESIDER Look with love on all to be reborn in baptism,

All —that they may be living stones in your temple of the Spirit.

Presider You moved Nineveh to repentance by the preaching of Jonah,

All —in your mercy touch the hearts of sinners by the preaching of your word.

Presider May the dying go in hope to meet Christ their judge,

All —may they rejoice for ever in the vision of your glory.

CLOSING PRAYER

ALL Our Father, ...

Presider Father,

you have taught us to overcome our sins
by prayer, fasting and works of mercy.
When we are discouraged by our
weakness, give us confidence in your love.

We ask this through our Lord Jesus
Christ, your Son, who lives and reigns
with you and the Holy Spirit, one God,
for ever and ever.

All Amen.

Presider May the Lord bless us, protect us from
all evil and bring us to everlasting life.

All Amen.