

# Lauren Murray From Middle School to Master's

By Joshua Murray (class of 2021)



*The Fall 2018 Alumni Spotlight features Lauren Murray. Lauren is one of the first All Saints Academy graduates to earn a Master's Degree, with hers specifically in occupational therapy. Sixth-grader Josh Murray, Lauren's younger (and very proud) brother, wrote the following piece.*

I love my sister! So when she moved out to Glen Burnie, Maryland, I was feeling a little sad. But that sadness is erased when I think about my sister doing what she loves through her work as an occupational therapist.

Lauren was in the first graduating class of All Saints Academy (ASA) in 2008. Before that, she attended Blessed Sacrament, now the site of the elementary campus for grades preschool through third. In college, she did three months of fieldwork in Baltimore and liked it. ASA helped her to set a good learning foundation and to be curious about the world. The teachers were very supportive! Lauren fondly remembers being there as the first graduating class and meeting a lot of new people as three other eighth grade classes joined hers for their final year. Many of the current faculty remember Lauren as a bright and kind student.

She went on to Catholic Central High School (Class of 2013) and then Eastern Michigan University to study occupational therapy for five years. She did both her

undergraduate and master's degrees at Eastern Michigan University. Lauren enrolled in an "accelerated master's" program for OT, which meant she did about two and a half years of prerequisites, was accepted into the OT program, and then finished her master's in five calendar years, but she had to take classes through two summers as well.

---

**"A final piece of advice: 'If you want to accomplish something, just do it and use the resources around you.'"**

---

ASA helped her to set up a good work ethic and to not give up on what she was trying to do. Her goal for working at Glen Burnie Rehabilitation Center is to do well in her job while navigating through the first year. Her specific hope is to get good experience in her job and keep moving forward. She was surprised by how comfortable she felt there even with all the changes at the time. Some advice she has is to just keep going and not let barriers stop you. ASA helped to propel her forward and provided a good foundation to help her get to where she is today.

A final piece of advice: "If you want to accomplish something, just do it and use the resources around you."

