

**The Apostolic Penitentiary issues a Decree granting plenary indulgences for the year of St. Joseph proclaimed by Pope Francis. The special year will last from 8 December 2020 to 8 December 2021.**

### **Conditions for the plenary indulgence**

The plenary indulgence is granted to the faithful under the usual conditions (sacramental confession, Eucharistic Communion, and prayer for the Pope's intentions) to Christians who, with a spirit detached from any sin, participate in the Year of St. Joseph on these occasions and manners indicated by the Apostolic Penitentiary:

1. The plenary indulgence is granted to those who will meditate for at least 30 minutes on the Lord's Prayer, or take part in a Spiritual Retreat of at least one day that includes a meditation on St. Joseph. "St. Joseph, an authentic man of faith, invites us", the decree reads, "to rediscover our filial relationship with the Father, to renew fidelity to prayer, to listen and correspond with profound discernment to God's will."
2. The indulgence can also be obtained by those who, following St. Joseph's example, will perform a spiritual or corporal work of mercy. St. Joseph "encourages us to rediscover the value of silence, prudence and loyalty in carrying out our duties," the decree notes.
3. The recitation of the Holy Rosary in families and among engaged couples is another way of obtaining indulgences, in order that "all Christian families may be stimulated to recreate the same atmosphere of intimate communion, love and prayer that was in the Holy Family."
4. Everyone who entrusts their daily activity to the protection of St. Joseph, and every faithful who invokes the intercession of St. Joseph so that those seeking work can find dignifying work can also obtain the plenary indulgence. On 1 May 1955, Pope Pius XII instituted the feast of St. Joseph "with the intent that the dignity of work be recognized by all, and that it inspires social life and laws, based on the fair distribution of rights and duties."
5. The plenary indulgence is also granted to the faithful who will recite the Litany to St. Joseph (for the Latin tradition), or the Akathistos to St. Joseph (for the Byzantine tradition), or any other prayer to St. Joseph proper to the other liturgical traditions, for the persecuted Church ad intra and ad extra, and for the relief of all Christians suffering all forms of persecution. Because, the decree notes, "the flight of the Holy Family to Egypt shows us that God is there where man is in danger, where man suffers, where he runs away, where he experiences rejection and abandonment."

### **A universal saint**

In addition to these, the Apostolic Penitentiary grants a plenary indulgence to the faithful who will recite any legitimately approved prayer or act of piety in honor of St. Joseph, for example, "To you, O blessed Joseph" especially on "19 March, on 1 May, the Feast of the Holy Family of Jesus, Mary and Joseph, on St. Joseph's Sunday (according to the Byzantine tradition) on the 19th of each month and every Wednesday, a day dedicated to the memory of the saint according to the Latin tradition."

The decree recalls the universality of St. Joseph's patronage of the Church, noting that St. Teresa of Ávila recognized him as "a protector for all the circumstances of life". Pope St. John Paul II also said that St. Joseph has "a renewed relevance for the Church of our time, in relation to the new Christian millennium."

### **For the sick**

Amid the ongoing Covid-19 health crisis, the gift of the plenary indulgence is also extended to the sick, the elderly, the dying and all those who for legitimate reasons are unable to leave their homes.

They too can obtain the plenary indulgences if they are detached from any sin and have the intention of fulfilling, as soon as possible, the three usual conditions and recite an act of piety in honor of St. Joseph, offering to God the pains and hardships of their lives.

### **The role of priests**

The Apostolic Penitentiary encourages priests to pastorally facilitate the celebration of the Sacrament of Penance and the administration of Holy Communion to the sick with a willing and generous spirit.