SIXTEENTH SUNDAY IN ORDINARY TIME

PARISH STAFF
Rev. Dr. Anthony M. Barratt, Pastor
Helmut Neurohr, Permanent Deacon
Frank Garceau, Permanent Deacon
Ann McCauley, Business Manager
Erin Muir, P.A. for Liturgy & Pastoral Life
Tom Acemoglu, P.A. for Evangelization & Catechesis
Mark Trudeau, Life Teen for High School and Jr. High
Joan Welch, Parish Secretary
Thomas Green, Parish Music Director
Nancy Acemoglu, RN, Parish Nurse
David Dobkowski, PhD-Counselor, 859-4015
Jim LaBombard, Athletic Director
371-1996 • email stambrosecyo@gmail.com

PARISH TRUSTEES
Catherine Halayko / Joseph Sinisgalli

MASS SCHEDULE
Saturday Vigil: 4:30pm
Sunday: 7:30, 9:00, 11:30am & 5:30pm-Life Teen
Daily: Monday & Wednesday 6:30am
Tuesday & Thursday 9:00am
Communion Service: Friday 6:30am
Holydays and Holidays subject to change
(see bulletin)

ST. AMBROSE SCHOOL
518-785-6453
Website: www.stambroselatham.org
E-Mail: principal@stambroselatham.com
Terri McGraw, Principal
Lori McCoy, Secretary

M E W OFFICE HOURS
Monday–Thursday 9:00am–6:00pm
Friday 9:00am–4:00pm
Saturday & Sunday CLOSED

CHURCH OF ST. AMBROSE
347 Old Loudon Road, Latham, NY 12110
518-785-1351
WEBSITE: www.stambroselatham.com
E-MAIL: parishsecretary@stambroselatham.com
REST: A TIME TO RELAX AND TO REFLECT

The Gospel this week could be called a “summertime” Gospel in that Jesus and the disciples go away to a deserted place to rest: what we might call a brief vacation! Why did they do this? Well, last week we heard how the disciples had been sent to preach the good news of repentance and to heal the sick. This week we are told how they return full of excitement at all that had happened, but presumably they are also exhausted. Perhaps Jesus wanted them to get away, yes to rest and to recuperate, but also to have some very necessary time to take stock of all that they had experienced. If they did not do this, their first real experience of being missionaries of Jesus would be just that: a raw and undigested experience and so remain at a surface level. Lots of doing, but no real reflecting or thinking!

We can think of it this way. Doctors tell us that rest is very necessary for our physical well-being, not least so that the human brain can process all that has happened to us during the day. In a similar vein, most of us try to have at least one day off each week as well as some vacation time so that we can recharge our batteries and perhaps take in properly, things that have happened to us, or maybe plan for the future. (By the way, even priests should do this… My spiritual director, when I was first ordained, used to joke that one must take a day off. “After all”, he would say, “even God rested on the seventh day and remember, you are not even God!”).

Taking this in a more spiritual sense, we also need a time of rest and reflection for our soul and spirit to process all that happens in our lives and so deepen and grow. In fact, we call this prayer…! We absolutely need to stop and place ourselves in the presence of the Lord and so let the gifts of the Holy Spirit such as wisdom, or understanding or awe to work in us. If we do not make time for this to happen, then it would be very hard indeed for us to make any spiritual progress. Doctors also tell us that we need an average of eight hours of sleep a day. So, how much spiritual rest time and reflection time do we need each day? That is hard to say, but dare I suggest at least 10-15 minutes could work wonders. To leave a rather tongue-in-cheek last word on this with a very, very busy bishop, St. Francis de Sales: “…half an hour's meditation each day is essential, except when you are busy. Then a full hour is needed.”…!

Fr. Anthony

BEING DISCIPLES TO OTHERS

In today’s Gospel Jesus welcomes back the disciples, who are very excited about their ministries.

Perhaps we can be disciples to others and welcome them back or invite them to join us at church.

Think about those in your lives who haven’t been part of the parish community recently and personally invite them to join you and the community at mass.

Sunday, September 20th

More info to follow!!!
**Sacraments**

**RECONCILIATION**
Saturday 3:00 PM or any time by appointment.

**MARRIAGE**
Congratulations! So that proper preparation may be made, please make an appointment with Fr. Anthony at least six months before the desired date. Either the bride or groom should be a registered parishioner of St. Ambrose parish.

**BAPTISM**
Congratulations! If you wish to arrange preparation for baptism, please call the Parish Office. Parents should be registered members of St. Ambrose parish.

**RCIA**
(Rite of Christian Initiation for Adults)
For those inquiring into the Catholic Faith. Welcome! Please contact the Parish Office for program details.

**VOCATION**
If you are considering a vocation to the priesthood, diaconate or religious life, please contact Fr. Anthony.

**Parishes of Our Local Catholic Communities**

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<td>Colonie</td>
<td>456-3112</td>
<td>St. Clare’s 4:00pm/Sun: 8:30 / 10:30am</td>
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<td>Latham</td>
<td>785-0234</td>
<td>Our Lady of the Assumption 4:30pm Sat: 7:30, 9:00 &amp; 11am</td>
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<tr>
<td>Loudonville</td>
<td>459-6635</td>
<td>Christ Our Light 4:00pm/Sun: 9:00 / 11:15am St. Pius X 5pm/Sun: 8, 10 &amp; 12 noon</td>
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**Stewardship Update**

We Are A Tithing Parish
Following “God’s Plan for Giving”

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<td>July 12, 2015</td>
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<td>July 13, 2014</td>
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“Thank you for being so generous!”
Thank you to all who are responding so generously to our financial need. Your generosity is greatly appreciated. Also, thank you to those who signed-up for electronic withdrawal. If you decide to sign-up for this option in the future, forms are available at the entrances to the church, or just call the Parish Office.

Many Thanks.

**At St. Ambrose School, we are “Learning to be all God wants us to be.”**

Could St. Ambrose School be for you?

Come see for yourself what the buzz is all about.

www.stambroselatham.org

**Catholic Relief Services**

Faith. Action. Results.

Find out how far your heart can reach
Millions of people overseas depend on you.

PLEASE HELP,

1-888-354-0060 ♦ CRS.ORG/cb

We appreciate our advertisers who make this bulletin possible for our parish.

Are you struggling with your emotions, a loss, an addiction, a relationship or family issues? **COUNSELING** is available in the evenings at St. Ambrose. A $25 donation is appreciated.

Contact Dave Dobkowski, Ph.D. at 859-4015 to make an appointment.
Parents: Would you consider registering as a Parish Volunteer?

Go to: http://www.stambroselatham.com/documents
Select: “Volunteer Registration Packet”
Directions are in the document!

Benefits to registering as a volunteer:
- Creates a safer environment for kids
- Allows you more opportunities to help out (even on a short-term basis) and to help make amazing things happen for kids
- Gives parents who want to use their creativity for the greater good a chance to do so
- Gives parents an opportunity for meaningful experiences of faith with their kids
- Helps make our parish stronger and helps create a welcoming family environment

SPECIAL ANNOUNCEMENT

Hello friends,

This year, we unfortunately have to cancel Vacation Bible School. VBS is a huge part of our community and we are always committed to it. We should be up and running again for next year!

If you sent us payment, we should be back to you shortly. If you have any questions, please contact Tom at the office.

Again, we are so sorry! We would definitely love to talk to you about becoming part of our planning staff for 2016.

Thanks for understanding. Be excited because we have a lot of exciting things for families coming up starting this Fall!

In Christ,
Tom Acemoglu
Pastoral Associate for Evangelization and Catechesis

PARISHIONER REGISTRATION/UPDATE REQUEST

Name: ________________________________
Street: ________________________________
City: ________________________________
Zip: ________________________________
Phone No: ________________________________

Please Check
- New Registration
- Change of Address
- Moving out of Parish
- Want Envelopes
- Name Change (Please contact Parish Secretary)

Please cut out and drop it in the Collection Basket or mail to the Parish Office.
The Eucharist is the source and summit of our faith and it is the center of our youth conference.

Would you like to know what happened this weekend?

Well it was the **St. Isaac Jogues Youth Conference**. A whole ton of teen gathered together here at our Parish home to learn, live and love our Catholic faith. But do you really think they take this whole Jesus Christ thing seriously? They are not the future of our church—they are our church.

Take a look see and share...
**Calendars & Schedules**

**Sunday – July 19**
- After 5:30PM Mass: Life Teen-Parish Center

**Monday – July 20**
- 7:00PM: Core-Chapel

**Tuesday – July 21**

**Wednesday – July 22**

**Thursday – July 23**
- 6:30-8:30PM: AA, AL-ANON, ALATEEN-Mtg Rms
- 7:00PM: Prayer Group-Chapel

**Friday – July 24**
- 7AM-Midnight: Eucharistic Adoration-Chapel

**Saturday – July 25**

**Sunday – July 26**
- After 5:30PM Mass: Life Teen-Gym

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**Liturgical Roles for Week Ending July 26, 2015**

**Money Counters, Sunday, July 26**

**Team #8 — Lawrence Girard, Susan O’Brien, Sandra Trzcinski & David Piusienski**

**Money Counters, Monday, July 27**

**Team #1 — Tina Zandri & Richard Ostiguy**

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<th>Time</th>
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**Mass Intentions**