DO YOU WANT TO FAST THIS LENT?

In the words of Pope Francis

- Fast from hurting words and say kind words.
- Fast from sadness and be filled with gratitude.
- Fast from anger and be filled with patience.
- Fast from pessimism and be filled with hope.
- Fast from worries and have trust in God.
- Fast from complaints and contemplate simplicity.
- Fast from pressures and be prayerful.
- Fast from bitterness and fill your hearts with joy.
- Fast from selfishness and be compassionate to others.
- Fast from grudges and be reconciled.
- Fast from words and be silent so you can listen.

Copies of The Word Among Us are available at the Church entrances.

The booklets have a short reflection on the scripture reading for the day and are really useful for families to pray together. Please take one.

Also see the assortment of publications in our “nook” in the back of church. We have some new titles for Lent and for families.

**Mass Schedule**

Saturday  Vigil: 4:30pm
Sunday: 7:30, 9:00, 11:30am & 5:30pm
Daily:  Mon. & Wed. 6:30am
        Tues. & Thurs. 9:00am
Communion Service: Fri. 6:30am

Holy Days and Holidays subject to change

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Ash Wednesday

Mass: 6:30 AM & 9:00 AM
Prayer Service with distribution of ashes 12:15 & 6 PM
**ST. AMBROSE CHURCH, LATHAM, NEW YORK**

**MASS INTENTIONS**

**FIRST RECONCILIATION**

Tuesday, February 13th
6pm in Church

**ALTAR ROSARY NEWS**

All ladies of the parish are invited to join us on Tuesday evening, February 13 for a Mardi Gras Social. We’ll pray the rosary together in the chapel at 6 p.m. followed by a party at 6:30 in the meeting rooms. Bring an appetizer to share or just bring yourself and a friend. Either way, we’d love to party with you before our Lenten journey begins!

**INTERESTED IN BECOMING AN ALTAR SERVER?**

To all those who wish to join the altar server team, we will be updating our altar server schedule on the weekend of February 10th & 11th. Anyone wishing to join, or to continue should plan to attend. There will be a brief informational gathering after the 4:30 PM Mass on Saturday, February 10th and after the 9:00 AM and 11:30 AM Masses on February 11th. Hope to see you there!!

**UPCOMING EVENTS**

**Friday, February 16**
7:00 PM
Stations of the Cross—Church

**LITURGICAL MINISTRY SCHEDULES**

Copies of the liturgical ministry schedules can be found outside the sacristy and on the parish website. If you would like a copy mailed to you please contact Joan in the parish office.

**PARISH SUPPORT**

We are a tithing parish following God’s plan for giving

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<th>Date</th>
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Deepest thanks for your continued and generous support for our parish. Your gifts enable so much to be done in so many ways.
Jesus not only calls people to Him but also...
St. Ambrose School will be conducting a Lottery Fundraiser for the month of March. The money they raise is going toward new computers for the technology lab. Tickets go on sale February 6th through February 27th. You can stop by the school office to purchase a $10.00 lottery ticket. Drawings begin on March 1st, every morning at their morning prayers and announcements. One ticket will be drawn each day. Winners will be contacted via email or phone. The ticket will then be placed back into the container to be drawn again the next day.