Do you remember a point in your life when you were detached, walked away or even put the Lord on the back burner? Maybe that is still the case for you today or for someone you know. This last Tuesday’s gospel touched on the lost sheep. The will of God that no one should be lost, detached or ever feel distant from Him who brings life itself. Many of us act just like sheep, following the herd at times, yet from time to time can drift off. Jesus tells us today, “the one who feeds on me, will have life because of me.” Leaving us to see that it isn’t just about God seeking and going after us, but more importantly, our recognition that it is up to us to want to be found and to see that we will always be lost until we look up and find the Lord.

Jesus is the bread of life, which we are blessed to receive in the Eucharist each time we receive His body and precious blood at mass. Through this sacrament, He gives us life! We are nourished in a way that is way beyond our own understanding, yet with each time we receive we begin to see that we are given life through Him and want more and more to be found. What a beautiful and precious gift to sustain us throughout the toughest and greatest moments in our lives that helps us to see that God truly is always with us. Each time we attend mass, remember that we are not lost, but rather found as we gaze upon and receive the Eucharist. Pray for all those who you feel you or have in your own lives who have yet to look up for the Lord. Let this sacrament help you to help them see that they are lost, but don’t have to be. Help them to see God is right there with them. Working through you and even within them without their awareness. Help them to see through your own personal witness, I was lost, but now I am found. May God bless you all as disciples who go out and bring His word into the world.

On a side note, I would like to personally apologize for last week, as a second collection was taken up for the Missionaries of St. Paul. This should not have happened as we only do a single collection and take a percentage to send on towards our Second collections to the Diocese. If anyone wishes to donate specifically in the future towards one of the causes they support, please make out a separate check or envelope marked for that particular outreach ministry of the Church. Please accept my sincere apology for the confusion.

20TH SUNDAY IN ORDINARY TIME

LIFE

“Whoever eats my flesh and drinks my blood remains in me and I in him ... The one who feeds on me will have life because of me.” - Jn 6:56, 57b
**Mass Intentions**

4:30 PM  
Saturday, August 18  
Thomas DeVoe by Richard & Debbie DeVoe  
Frances & Cecilia Craven by Erin Craven  
Vincent Cacciotti by Wife & Family  
Nancy Miani by Carm  
Ruth E. Connors (13th Anniv) by Family

7:30 AM  
Sunday, August 19  
Joseph D. Carroll by Jackie & Mike Crulfield

9:00 AM  
Sunday, August 19  
June Sheehan by Rose Kent  
Jack Stangle by Judy Grady  
John Corbett, Sr. by Children & Grandchildren

11:30 AM  
Sunday, August 19  
Martin Killian by Wife & Children  
Dylan Pollock by Leslie Beauregard

5:30 PM  
Sunday, August 19  
Christian Walsh by Gabby  
Terin Varughese by Varughese & Anna

6:30 AM  
Monday, August 20  
Communion Service

9:00 AM  
Tuesday, August 21  
Kellyrose Andrews by Rose Kent

6:30 AM  
Wednesday, August 22  
People of St. Ambrose

9:00 AM  
Thursday, August 23  
Joan Burke by Lisa Burke  
Anthony Mancinelli by St. Ambrose Parish

6:30 AM  
Friday, August 24  
Communion Service

4:30 PM  
Saturday, August 25  
Mary Sue Sisock by Pat & Cathy  
Thomas Clear by Mary Ellen & Bill Sage  
Christian Walsh by Heather

7:30 AM  
Sunday, August 26  
People of St. Ambrose

9:00 AM  
Sunday, August 26  
Richard Ryan by Nolles Family  
Timothy D. Butler by Claire & Family  
James Sharp by Lauren Sharp

11:30 AM  
Sunday, August 26  
Policarpo Bitancor, Sr. by Family  
Chickie Sorrentino by Frank Sorrentino

5:30 PM  
Sunday, August 26  
Christian Walsh by Aunt Susan  
Daniel Jacob Thiel by Justina Treventi

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**Charismatic Mass & Healing Service**

Monthly Liturgy - 2nd Wednesday of each month  
Presented by  
The Diocesan Service Committee (DSC) for the Catholic Charismatic Renewal  
Christ Our Light  
1 Maria Dr. Loudonville, NY  
Date: September 12, 2018  
Time: 7:00 pm Prayer and Praise  
7:30 pm Mass & Healing Service  
Music By: Joyful Heart  
For information call Jack: 518-334-6503

**Light Weigh**

Join us on August 21 at 6:30 PM in the Chapel. Light Weigh is a small faith based group whose mission is to inform, inspire and ignite the fire of Jesus Christ in individual hearts. Light Weigh is designed to help people lose weight and achieve peace with food, as well as help them overcome any temptation which divides them from God.

**Serving as an Usher**

The ushers who serve-pick the Mass that they come to with their family. They greet people coming into and leaving Mass. They assist the elderly and families with small children to find seats. They take up the collection. They have at least 2 teams per Mass, so you would only be on every other week. We are very flexible when you can not serve your time slot (we just call another usher).

We have a wonderful time serving as ushers - it is a very satisfying job. If you are interested - tell one of the ushers.

**The Baby in Church**

We have all heard the baby crying in church when the priest was speaking. Not all, however, have read Father Conroy’s book “A Mill Town Pastor,” nor his delightful telling of a similar experience. “There are two of us preaching in this church at once,” said the pastor, “and I don’t know which of us is giving the better sermon. When a baby cries in church he is telling two things: First, that there are babies in the family, and second, that the parent has come to Mass with a baby. On the whole, I think the baby is preaching the better sermon and I’ll let him go on with it.”

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**Parish Support**

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<tr>
<th>Parish Support</th>
<th>We are a tithing parish following God’s plan for giving</th>
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<tbody>
<tr>
<td>August 5, 2018</td>
<td>$15,391.40</td>
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<tr>
<td>July 30, 2017</td>
<td>$17,581.38</td>
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*Deepest thanks for your continued and generous support for our parish. Your gifts enable so much to be done in so many ways.*
CATHOLIC CHARITIES
SENIOR CAREGIVERS

Free Help Available for Senior Caregivers in Albany County: The Caregiver Support Program offers services to caregivers that enable them to maintain their quality of life while caring for their loved ones. We also offer specialty services for caregivers whose loved one has Alzheimer’s or related dementia. Our Care Navigators meet one on one to provide support through Care Consultations. By doing so, we can connect you with helpful community resources, respite services, and provide ongoing emotional support as you go through your caregiving journey. If you or a loved one needs help, call 518-372-5667 for more information.

ST. BERNARD’S ANNUAL CONVOCATION

On Wednesday September 5, 2018, at 7:00pm, St. Bernard’s School of Theology and Ministry will be hosting its annual Convocation at Mater Christi Parish in Albany. The speaker for the evening will be Sr. Mary Frohlich, RCSJ, a Professor of Spirituality from Catholic Theological Union in Chicago. Her presentation will be on “A Christological Spirituality for Conversion to the Earth”. [In her own words, Christ is the living Heart of the cosmos. From the origins of the universe through the long millennia of evolution, the Spirit of God has labored with love to make known the face of Christ in the wondrous web of life on Earth. In the midst of today’s ecological crisis, Christians are called to reconnect with the Earth and with the Christ who lives in every being, great and small. Our joy will be participating with him in nurturing abundance of life for all!] All are welcome to attend. Read more about Sr. Mary here: https://cct.biola.edu/people/mary-frohlich-rscj/

The United Methodist Women, who generously support our St. Ambrose Food Pantry, have invited our community to participate with them in collecting items to benefit the needy. Any of the items listed below can be brought to the office, including the Sunday office.

Pill Bottles Throughout the year, the United Methodist Women collect clean, empty prescription bottles as well as bottles from over the counter medicines. Please wash the bottle and remove all labels. Matthew 25: (not to be confused with our own Matthew 25 ministry) who accepts donations of empty plastic pill bottles for inclusion in shipments of medical supplies and for shredding and recycling. Their pill bottle program fulfills the dual needs of improving medical care in developing countries and caring for our environment.

Acceptable collection items include:

- Prescription and over-the-counter pill bottles
- Large and small pill bottles
- Pill Bottles with and without secure caps (child resistant)

Pill bottles that are not appropriate to include with shipments of medical supplies are recycled for cash that goes towards Matthew 25: Ministries’ programs.

Eye Glasses Lions Institute collects prescription eyeglasses and sunglasses that no longer fit your prescription. Donate glasses and change someone’s life. Imagine if you could help a child read. An adult succeed in his job. A senior maintain her independence. And provide a community with more opportunities to grow and thrive.

Everyday, their recycled eyeglass programs do all of this and more. Throughout the year, Lions volunteers collect used eyeglasses and deliver them to regional Lions Eyeglass Recycling Centers (LERCs). LERC volunteers clean, sort by prescription strength and package the glasses. Recycled glasses are distributed to people in need in low and middle income communities where they will have the greatest impact.

Cell Phones/Chargers Victims of domestic violence throughout Albany County can benefit from used cell phones and chargers to help ensure their safety and ability to communicate.

All of the above items can be brought to the office including the Sunday office. The Sunday office weather permitting can be found outside on Sunday mornings after Mass and in inclement weather in the parish center hallway. As a reminder you can get a Mass card, ask questions and gather information. If you are new to our parish- WELCOME and we invite you to stop by the Sunday office.
Register for Hearts Aflame September 22! Hearts Aflame is only one month away! It is important to register in advance at rcda.org/hearts aflame, or by using one of the printed registration forms. This historic gathering is for everyone in our diocese. Led by Bishop Ed, the event’s primary focus is on our Lord Jesus in the Eucharist. It is a time of joy, fellowship, prayer, and unity. This will be a time of spiritual renewal for our whole diocese. The day will include:

- Mass with the Bishop
- Inspirational speakers
- Activities for Children and Youth
- Eucharistic Adoration & Procession
- Tours of the Shrine
- Fellowship & unity with other Catholics

Hearts Aflame will be held on September 22, from 9am to 3pm, at the Shrine of the North American Martyrs in Auriesville. All in the Diocese of Albany are invited to attend. Register at rcda.org/heartsaflame

Would you like to be a part of a parish wide carpool? Contact Thomas.acemoglu@rcda.org

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The Road to Hearts Aflame

Deepening our Understanding of the Eucharist @ St. Ambrose

Thursdays from 7pm in the Parish Center

8/23—The Night Before He Died:
The Gospels and the Eucharist

8/30—Gathered at Table in Substance and Sacrament:
The Eucharist in the Early and Medieval Church

9/6— Go Make Disciples:
The Eucharist and Modern Church Teaching

9/13—Night of Praise

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SAVE THE DATE September 9
Parent Kick-Off RSVP: We’re hosting a mandatory parent/teen night with a dinner and informational program. Our evening will begin with the 5:30 p.m. Mass on Sunday, September 9. Please RSVP to Adam and Clare at x319 or email: adam.krywinski@rcda.org or clare.daly@rcda.org

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SEPTEMBER 28-30: FEARLESS WEEKEND RETREAT

Calling All Teens in Grades 8-12!
Join youth ministers Adam Krywinski & Clare Daly for a life-transforming weekend at John A. Coleman Catholic High School (430 Hurley Avenue, Hurley, NY)!
Activities include basketball, laser tag, ultimate Frisbee, soccer, Mass, praise and worship, Eucharistic Adoration, and talks by the Franciscan Friars and Sisters of the Renewal, Sisters of Life, and more!
Teens preparing for Confirmation next spring: this will fulfill your retreat requirement. Parents provide transportation for teens & are welcome to volunteer. Cost: $45 (teens); FREE (adult volunteers). THIS RETREAT MAY SELL OUT. St. Ambrose Church has reserved a limited number of spaces. To receive one of our reserved spaces, please contact Adam or Clare x319 before pre-registering online: www.fearlessretreats.com. Registration deadline: September 21.