



**WELCOME TO**  
**1<sup>ST</sup> Grade**  
**2021-2022**  
**SCHOOL YEAR**



# 1st Grade ROCKS

Think of the summer before first grade as a time to build on what your kindergartner learned last year in a fun, relaxed way that helps prepare your child for the learning ahead!

**Here are a few suggestions of learning activities for this summer before 1st grade:**

## **Read a bedtime story (every night if you can)**

Snuggle time with a loved one is special. And reading aloud to your child is one of the most important things you can do to help your child succeed in school. Make reading together a reward at the end of a busy day. Read different books each night or the same book over and over, and talk about the story, the setting, the characters, or what might happen the next day, after the story ends.

## **Run, jump, play**

Running around outside is good for more than just tiring out energetic kids. It's important for children's brains. Vigorous exercise helps kids build their brains' super highways. Research has shown that exercise helps improve a child's memory, concentration, and overall ability to learn. Any activity will do, from an organized sport to playing tag.

## **Get the fingers working, too**

Your child probably made a lot of progress this year with fine motor skills — things like cutting with scissors and holding a pencil. Keep those skills sharp over the summer with fun activities. Have your child use scissors to snip bits of colorful scrap paper to make confetti for a party. (He/She can work on it all summer until he/she has a big bag!) Or have him/her trace letters in wet sand. He/She can also mix cookie dough by hand or make a necklace by threading uncooked pasta tubes on string.

## **Write a letter**

Sending a real letter is fun, and it's great writing practice. Have your child write a letter to a relative or friend. Work together to address the envelope, place the stamp, and mail it. Make sure to ask the recipient to "please write back," because receiving mail is fun, too!

*Here's my address if your child would like to write to me!*

**Mrs. Estep**

**6 Michael Drive**

**Mechanicville, NY 12118**

### **Practice for Lunch Time**

If your child can open everything in their lunch, it means less time waiting with their hand up, more time eating and less germs! Please have your child practice opening things you pack for lunch: flip top water bottles, juice boxes, Tupperware, Ziplock bags, twist off snacks, yogurt tubes, individual bags of chips/snacks, etc.

### **Tying Shoes**

Here is a great video if you are still working on learning to tie shoes at home:

<https://www.youtube.com/watch?v=QJVR8hHBQyM>

## **First Grade Supply List**

- 1 plastic folder with pockets
- 2 packs of Ticonderoga pencils
- 1 pack of BLACK EXPO markers (skinny and only black please)
- 2 boxes of Crayola crayons (24 count)
- 1 small RED pencil box (hard plastic 8"x5")
- 1 small BLUE pencil box (hard plastic 8"x5")
- 1 small BLACK pencil box (hard plastic 8"x5")
- 2 black and white composition notebooks
- Coloring book or pad of drawing paper
- 3 boxes of tissues
- 3 containers of Clorox Wipes
- 3 rolls of paper towels
- 6 glue sticks (LARGE)
- Pair of (small) scissors
- 1 pack of index cards
- Large plastic file crate

Please label all supplies including sweaters, sweatshirts and jackets/coats.

## **1<sup>st</sup> Grade Special List**

- 1 Folder Labeled Religion & Music**
- 1 Composition Notebook Spanish**

### **Art Supply List**

- 2 #2 Pencils & Erasers
  - 1 Box of Markers
    - 1 Scissors
- 1 Set of Watercolors (Crayola)
  - 1 Box of Crayons
- 1 Box of Tempera (poster) paints in small plastic containers
  - 3 Glue Stick
    - 1 Box of colored pencils (optional)
- 1 Container to hold just art supplies to carry to class -  
This can be a shoebox or plastic container
  - 2 Black sharpies

### **Aftercare Supply List**

**(If registering for aftercare)**

- 1 Gallon Size Storage Bag
- Coloring Book/1 Box of Crayons
- Small Package of Legos
- Play dough
- Label Bag with students name and grade