

READING

1 Corinthians 9:24-25

A READING FROM THE FIRST LETTER OF ST. PAUL TO THE CORINTHIANS.

While all the runners in the stadium take part in the race, the award goes to one man. In that case, run so as to win! Athletes deny themselves all sorts of things. They do this to win a crown of leaves that withers, but we a crown that is imperishable.

“The Word of the Lord” and “Thanks be to God” are not said.

BRIEF SILENCE

RESPONSORY

Listen to us, O Lord, and have mercy, * for we have sinned against you.

R. Listen to us, O Lord, and have mercy, * for we have sinned against you.

Christ Jesus, hear our humble petitions,

R. for we have sinned against you.

Glory to the Father, and to the Son, and to the Holy Spirit.

R. Listen to us, O Lord, and have mercy, * for we have sinned against you.

ALL STAND.

CANTICLE OF MARY

Antiphon (Choir)



Watch over us, eternal Savior; do not let the cunning tempter seize us. * We place all our trust in your unfailing help.

MAGNIFICAT

Magnificat, Mode VIII, arr. Jeffrey Ostrowski

All make the Sign of the Cross, ✠ at “Magnificat anima mea”

Translation:

My soul ✠ glorifies the Lord, My spirit rejoices in God my Savior. He looks on his servant in her lowliness; henceforth all ages will call me blessed.

The Almighty has done great things for me. Holy is His name! His mercy is from age to age, on those who fear him.

He puts forth his arm in strength and scatters the proud hearted. He casts the mighty from their thrones and raises the lowly.

He fills the starving with good things, send the rich empty away. He protects Israel his servant, remembering his mercy; The mercy promised to our ancestors for Abraham and his children for ever.

ALL BOW FROM “Gloria Patri” to “Spiritui Sancto”

Praise the Father, the Son, and Holy Spirit; both now and for ages unending. Amen.

THE ANTIPHON IS REPEATED.

INTERCESSIONS

The celebrant introduces the intercessions, and after each petition all respond:



Lord, be gra-cious to your peo - ple.

And now we pray as Jesus taught us:

Our Father...

PRAYER

Father, through our observance of Lent, help us to understand the meaning of your Son’s death and resurrection, and teach us to reflect it in our lives. Grant this through our Lord Jesus Christ, your Son, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.

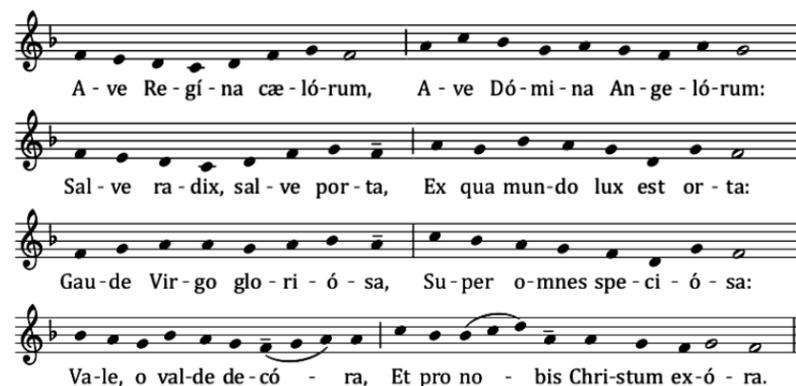
All: Amen.

DISMISSAL

May the Lord bless us, protect us from all evil and bring us to everlasting life.

All: Amen.

MARIAN ANTIPHON



Translation:

Hail, Queen of Heaven, Hail, Mistress of Angels, Hail, root, hail, portal, From which the Light of the world has risen. Rejoice, glorious Virgin, Beautiful above all others. Farewell, most gracious, And pray for us to Christ.



St. Rita Catholic Community

VESPERS · EVENING PRAYER II THE FIRST SUNDAY OF LENT

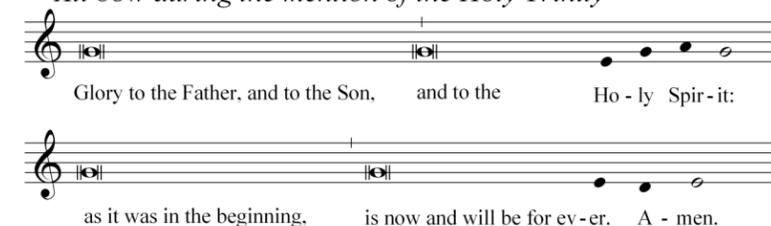
ALL STAND

THE INVITATORY

All stand and make the Sign of the Cross at "God."



All bow during the mention of the Holy Trinity



ALL REMAIN STANDING and join in singing the Office Hymn.

THE OFFICE HYMN Lord, Who Throughout These Forty Days ST. FLAVIAN



PSALMODY

The choir will introduce the antiphons. The people will sing at each verse after the * asterisk. **All sing the doxology** (“Glory to the Father”), standing and bowing profoundly at the mention of the names of the Persons of the Holy Trinity. **All** repeat the antiphon.

Antiphon I (Choir)



Worship your *Lord* and God; * serve *him* alone.

PLEASE BE SEATED FOLLOWING THE ANTIPHON.

Psalm 110:1-5, 7

- I. The Lord’s revelation to my Master: “Sit on my right: * your foes I will put beneath your feet.”
- II. The Lord will wield from Zion your scepter of power: * rule in the midst of *all* your foes.
- III. A prince from the day of your birth on the *holy* mountains; * from the womb before the dawn *I* begot you.
- IV. The Lord has sworn an oath he *will* not change, * “You are a priest for ever, a priest like Melchizedek of old.
- V. The Master standing at *your* right hand * will shatter kings in the day of *his* great wrath. *
- VI. He shall drink from the stream *by* the wayside * and therefore he shall lift *up* his head.

ALL STAND. BOW FROM “*Glory to the Father*” to “*Holy Spirit.*”

- VII. Glory to the Father, and to *the* Son, * and to the *Holy* Spirit:
- VIII. as it was in the beginning, is now, * and will be for ever. Amen.

Repeat Antiphon I:

Worship your *Lord* and God; * serve *him* alone.

REMAIN STANDING

Antiphon II (Choir)



This is the time when you can *win* God’s favor, * the day when you can *be* saved.

PLEASE BE SEATED FOLLOWING THE ANTIPHON.

Psalm 114

- I. When Israel came *forth* from Egypt, * Jacob’s sons from an alien people,
- II. Judah became *the* Lord’s temple * Israel became *his* kingdom.
- III. The sea fled *at* the sight: * the Jordan turned back on *its* course
- IV. the mountains *leapt* like rams * and the hills like *yearling* sheep.
- V. Why was it, sea, *that* you fled, * that you turned back, Jordan, on *your* course?
- VI. Mountains, that you *leapt* like rams, * hills, like *yearling* sheep?
- VII. Tremble, O earth, *before* the Lord, * in the presence of the God *of* Jacob,
- VIII. who turns the rock into a pool * and flint into a spring *of* water.

ALL STAND. BOW FROM “*Glory to the Father*” to “*Holy Spirit.*”

- IV. Glory to the Father, and to *the* Son, * and to the *Holy* Spirit:
- V. as it was in the beginning, is now * and will be for ever. Amen.

Repeat Antiphon II:

This is the time when you can *win* God’s favor, * the day when you can *be* saved.

REMAIN STANDING

Antiphon III (Choir)



Now we must go up to *Jerusalem*; * where all that has been written about the Son of Man will be *fulfilled*.

PLEASE BE SEATED FOLLOWING THE ANTIPHON.

Canticle: I Peter 2:21-24

- I. Christ suffered for you, and left you an example * to have you follow in *his* footsteps.
- II. He did *no* wrong; * no deceit was found in *his* mouth.
- III. When he was *insulted*, * he returned *no* insult.
- IV. When he was made *to* suffer, * he did not counter *with* threats.
- V. Instead he delivered himself up * to the One who judges justly.
- VI. In his *own* body * he brought our sins to *the* cross,
- VII. so that all of us, dead to sin, * could live in accord with *God’s* will.
- VIII. By *his* wounds * you *were* healed.

ALL STAND. BOW FROM “*Glory to the Father*” to “*Holy Spirit.*”

- IX. Glory to the Father, and to *the* Son, * and to the *Holy* Spirit:
- X. as it was in the beginning, is now, * and will be forever. Amen.

Repeat Antiphon III:

Now we must go up to *Jerusalem*; * where all that has been written about the Son of Man will be *fulfilled*.

ALL SIT