Choosing a Confirmation Name

The Saints are a beautiful example for us of how to live a faithful life. Choosing a Confirmation name is a great opportunity to learn more about the Saints and ask for their intercession as you continue to live out your "Yes" to God. In choosing a Confirmation Saint, you are choosing someone to pray for you in heaven as you model your life after them on earth. The name you choose will be the name the bishop calls you by when you receive the Sacrament of Confirmation. Choose a Saint whose life inspires you or one that has qualities you admire, such as chastity, courage, or faithfulness.

Choosing a Confirmation name is a tradition of the Church. We see in scripture that Jesus often called people by a new name when they decided to follow Him. Choosing a new name was a sign of their rebirth in Christ and the Church. Simon became Peter, Abram became Abraham, and Saul became Paul to name just a few examples from scripture.

If you were baptized with a Catholic Christian or Saint name, after prayer and discernment, you may decide to retain your baptismal name. If a baptized name is a name foreign to Christian sensibility, then it is advisable that a name be chosen which reflects a recognized saint of the Church, a person from scripture or a Christian role model [cf Canon #855].

Please do the following when picking your Confirmation Name:

1) **Research:** take time to research the Saints and find some that interest you. The internet provides vast resources and information on the Saints. You may also want to ask your sponsor, parents, catechists, or youth minister for guidance in choosing your Confirmation name. There are also many great books and parish resources. Be sure to discuss your Confirmation name with your sponsor.
2) **Pray:** take time to pray about your Confirmation name. Ask some of the Saints that interest you for intercession as you discern which name to choose.
3) **Choose:** Once you have chosen your Confirmation Name, be sure to fill out the Confirmation Name Form and turn it into the parish office.

Confirmation Name Information

Candidates Full Name

_____

Last   First   Middle

I choose the name of _____
as my Confirmation name.