



Confirmation Program Requirements

Confirmation 1:

- Attend Life Teen every Sunday (up to FOUR absences may be excused without having to repeat the year)
- Complete Make-up assignments for every missed Life Night and turn in the following Sunday
- Complete all Confirmation Paperwork
 - **Six month** copy of Baptism Certificate, Sponsor Form, Inscription Promise, Service Log
- Complete 4 service opportunities rooted in the corporal and spiritual works of mercy which take at least 2+ hours. Outside activities must be pre-approved by the youth minister to be counted.
- Keep a weekly prayer journal recording when you prayed, how you grew from your prayer, and how you chose to pray (rosary, lectio divina, spontaneous prayer, etc.)
- Attend an approved retreat, camp, or conference with St. Mary of the Expectation within your Conf. 1 yr

Confirmation 2:

- Attend Chosen every Sunday (up to FOUR absences may be excused without having to repeat the year) Attending Life Teen is optional.
- Complete Make-up assignments for every missed Chosen and turn in the following Sunday
- Complete all Confirmation Paperwork
 - **Six month** copy of Baptism Certificate, Sponsor Form, Confirmation Saint Project (due November 14, 2021), Inscription Promise, Service Hours Sheet
- Complete 3 service opportunities rooted in the corporal and spiritual works of mercy which take at least 2+ hours. Outside activities must be pre-approved by the youth minister to be counted.
- Keep a weekly prayer journal recording when you prayed, how you grew from your prayer, and how you chose to pray (rosary, lectio divina, spontaneous prayer, etc.)
- Attend the Confirmation 2 retreat with St. Mary to be held January 14-16, 2022 @ Forest Glen Camp
- Attend the review class the Sunday evening before your Confirmation
- Attend the Confirmation rehearsal with sponsor the day before your Confirmation.
- Attend Confirmation!!! Dress Code (for candidate and sponsor): The way in which we present ourselves expresses something about our interior preparation. Dress should be "Sunday Best" in keeping with the dignity of the liturgical celebration. Coat and tie for men and dresses for women is considered appropriate. Dresses should be knee length or longer. Low cut and revealing clothing is not appropriate.

Candidate Baptism Information

(Only if Baptized at St. Mary of the Expectation)

Baptism Certificate: A 6-month copy of your Baptism Certificate must be sent to the Youth Ministry Office. If your child was Baptized at St. Mary of the Expectation, please complete the form below and turn it in to the Faith Formation Office.

Candidate's Name: _____

Date of Birth: _____

Month & Year of Baptism (exact date if known): _____

Thank You

"Jesus answered, "Amen, Amen, I say to you, no one can enter the kingdom of God without being born of water and spirit." (John 3:5)

"John answered them all, saying, "I am baptizing you with water, but one mightier than I is coming. I am not worthy to loosen the thongs of his sandals. He will baptize you with the holy spirit and fire." (Luke 3:16)

"For all of you who were baptized into Christ have clothed yourself with Christ."
Galatians 3:27

"Peter said to them, "Repent and be baptized, every one of you, in the name of Jesus Christ for the forgiveness of sins; and you will receive the gift of the holy spirit." Acts of the Apostles 2: 38

"Every baptized person not yet confirmed can and should receive the sacrament of Confirmation. Since Baptism, Confirmation, and Eucharist form a unity, it follows that "the faithful are obliged to receive this sacrament at the appropriate time," for without Confirmation and Eucharist, Baptism is certainly valid and efficacious, but Christian initiation remains incomplete." (CCC 1306)

Confirmation Sponsor Form

PLEASE PRINT CLEARLY!

PLEASE PRINT CLEARLY!

PLEASE PRINT CLEARLY!

Candidates Full Name

Last

First

Middle

Sponsor Information

Name of Sponsor _____

Relationship to candidate _____

Address _____

E-mail _____

Phone _____ Alternative Phone _____

Parish Confirmed in _____ City & State _____

Year Confirmed (approximate) _____ Current Parish _____

Sponsor must be a Confirmed Catholic in good standing, over the age of 16, and not a parent of the Confirmation candidate.

Turn this form in to the parish office no later than Sunday, April 24, 2022.

Choosing a Confirmation Name

The Saints are a beautiful example for us of how to live a faithful life. Choosing a Confirmation name is a great opportunity to learn more about the Saints and ask for their intercession as you continue to live out your "Yes" to God. In choosing a Confirmation Saint, you are choosing someone to pray for you in heaven as you model your life after them on earth. The name you choose will be the name the bishop calls you by when you receive the Sacrament of Confirmation. Choose a Saint whose life inspires you or one that has qualities you admire, such as chastity, courage, or faithfulness.

Choosing a Confirmation name is a tradition of the Church. We see in scripture that Jesus often called people by a new name when they decided to follow Him. Choosing a new name was a sign of their rebirth in Christ and the Church. Simon became Peter, Abram became Abraham, and Saul became Paul to name just a few examples from scripture.

If you were baptized with a Catholic Christian or Saint name, after prayer and discernment, you may decide to retain your baptismal name. If a baptized name is a name foreign to Christian sensibility, then it is advisable that a name be chosen which reflects a recognized saint of the Church, a person from scripture or a Christian role model [cf Canon #855].

Please do the following when picking your Confirmation Name:

- 1) **Research:** take time to research the Saints and find some that interest you. The internet provides vast resources and information on the Saints. You may also want to ask your sponsor, parents, catechists, or youth minister for guidance in choosing your Confirmation name. There are also many great books and parish resources. Be sure to discuss your Confirmation name with your sponsor.
- 2) **Pray:** take time to pray about your Confirmation name. Ask some of the Saints that interest you for intercession as you discern which name to choose.
- 3) **Choose:** Once you have chosen your Confirmation Name, be sure to fill out the Confirmation Name Form and turn it into the parish office.

Confirmation Name Information

PLEASE PRINT CLEARLY!

PLEASE PRINT CLEARLY!

PLEASE PRINT CLEARLY!

Candidates Full Name

Last

First

Middle

I choose the name of _____
as my Confirmation name.



Confirmation Saint Project

(Confirmation Year 2 Only)

Each candidate must complete a creative presentation, about their chosen saint. The following information should be include:

- General Information: Name, Birthday, Feast Day, where they were from, are they a patron saint and if so who do they represent.
- Some background information about the saint, such as what are some of the things they are known for or important events in their lives. This should be at least one typed page.
- A Picture of the Saint.
- A quotation from the saint, some interesting facts about the saint, or specific prayer to the saint.
- An explanation of why you chose this saint and how this saint may pertain to your life, things about the saint that you found to be inspirational to you.

Make sure that your poster is clearly labeled with your name on it.

These posters will be shared with your peers and small group leader, so please make them neat and attractive and preferably have your information and explanation typed or neatly handwritten. If you need any supplies to complete your project such as poster board, markers, etc. please let the youth minister know and we will try to obtain those items for you.

Presentation due in Chosen: November 14, 2021

Inscription Promise

I _____ (PRINT NAME CLEARLY), a member of St. Mary of the Expectation Parish, desire to affirm my belief in Jesus and His Church.

Therefore I ask to become a Candidate for the Sacrament of Confirmation and to enter the program of preparation being offered by this parish.

- ✿ I understand that I will be considered a candidate for Confirmation only after I turn in a copy of my baptismal certificate, turn in all other corresponding forms by their due dates, and complete all those guidelines outlined in the *Youth Ministry & Confirmation Handbook*.
- ✿ To the best of my ability, I agree to take part in the activities that make up the program of preparation.
- ✿ I understand that this Confirmation preparation program is a process that encompasses formal catechesis and I agree to attend two retreats, as required by the Archdiocese of Galveston-Houston. I understand the importance of making every effort to attend the retreats offered by St. Mary of the Expectation Parish.
- ✿ If for some reason I am unable to attend a retreat, I will contact another parish or facility to attend a makeup retreat. I will also provide documentation of my attendance.
- ✿ I am aware of the attendance policy; that I am allowed 4 excused absences per year. I am aware that I MUST complete makeup work for every night I miss. I am aware that it is *my responsibility* to request makeup work and turn it into the director of youth ministry *promptly!* Failure to adhere to this attendance policy could result in repeating the year of Confirmation preparation.
- ✿ I accept responsibility to open my mind and heart to the Holy Spirit during this journey of growth and preparation for the Sacrament of Confirmation.
- ✿ I understand that the keeping of this inscription promise during the preparation program is an indication of intent and readiness on my part for the Sacrament of Confirmation.

Participant Signature _____ Date _____

Parent/Guardian Signature _____ Date _____

(This form is to be filled out and turned in to the ministry office prior to September 26, 2021)

