Good Friday

Christ our Passover is sacrificed for us therefore let us keep the feast

In æternum

The Cathedral of Our Lady of Walsingham
15 April 2022
GOOD FRIDAY

This day of mourning and fasting commemorates Jesus’ death on the Cross, the ultimate form of almsgiving and the perfect pattern of self-sacrifice. On this most solemn day all the images in the Church are veiled in black, we abstain from food, and we dedicate ourselves to prayer, meditation, and the examination of conscience as we reckon with our sins and our own responsibility for the crucifixion of Christ. Between noon and three in the afternoon, we are called to contemplate the three hours’ agony of Jesus on the Cross before He rendered up His spirit to the Father. We walk the Way of the Cross, and we seek to fathom the ineffable grief of Our Lady of Sorrows. The Liturgy of Good Friday begins in silence as the priest and ministers prostrate themselves before the empty Altar. During the Liturgy of the Word, we hear the mournful words of Scripture and take part in a dramatized reading of the Passion according to John. Next are the Solemn Collects, in which we pray for the needs of the Church, the whole world, and all peoples. This is followed by the Adoration of the Cross as the faithful come forward to kneel in veneration of our precious relic of the True Cross during the singing of the Reproaches. Finally, we receive Holy Communion from the reserved Sacrament, and then depart the Church in silence.
First Part: Liturgy of the Word

The Lesson: Isaiah 52:13 – 53:12

Behold, my servant shall prosper, he shall be exalted and lifted up, and shall be very high. As many were astonished at him — his appearance was so marred, beyond human semblance, and his form beyond that of the sons of men — so shall he startle many nations; kings shall shut their mouths because of him; for that which has not been told them they shall see, and that which they have not heard they shall understand.

Who has believed what we have heard? And to whom has the arm of the Lord been revealed? For he grew up before him like a young plant, and like a root out of dry ground; he had no form or comeliness that we should look at him, and no beauty that we should desire him. He was despised and rejected by men; a man of sorrows, and acquainted with grief; and as one from whom men hide their faces he was despised, and we esteemed him not.

Surely he has borne our griefs and carried our sorrows; yet we esteemed him stricken, struck down by God, and afflicted. But he was wounded for our transgressions, he was bruised for our iniquities; upon him was the chastisement that made us whole, and with his stripes we are healed. All we like sheep have gone astray; we have turned every one to his own way; and the Lord has laid on him the iniquity of us all.

Yet it was the will of the Lord to bruise him; he has put him to grief; for he shall make his soul an offering for sin, and he shall see his offspring, and the travail of his soul shall be satisfied; by his knowledge shall the righteous one, my servant, make many to be accounted righteous; and he shall bear their iniquities.

He was oppressed, and he was afflicted, yet he opened not his mouth; like a lamb that is led to the slaughter, and like a sheep that before its shearsers is silent, so he opened not his mouth. By oppression and judgment he was taken away; and as for his generation, who considered that he was cut off out of the land of the living, stricken for the transgression of my people? And they made his grave with the wicked and with a rich man in his death, although he had done no violence, and there was no deceit in his mouth.

Yet it was the will of the Lord to bruise him; he has put him to grief; when he makes himself an offering for sin, he shall see his offspring, he shall prolong his days; the will of the Lord shall prosper in his hand; he shall see the fruit of the travail of his soul and be satisfied; by his knowledge shall the righteous one, my servant, make many to be accounted righteous; and he shall bear their iniquities. Therefore I will divide him a portion with the great, and he shall divide the spoil with the strong; because he poured out his soul to death, and was numbered with the transgressors; yet he bore the sin of many, and made intercession for the transgressors.

V. The Word of the Lord.
R. Thanks be to God.

Respond  

Heard is the prayer:  

Hear my prayer, O Lord: and let my crying come unto thee.  

O hear me, and that right soon. For my days are consumed away like smoke: and my bones are burnt up as it were a fire-brand.  

My heart is smitten down, and withered like grass: so that I forget to eat my bread.  

Thou shalt arise, and have mercy upon Sion: for it is time that thou have mercy upon her, yea the time is come.

The Epistle: Hebrews 4:14–16; 5:7-9

Brethren, since we have a great high priest who has passed through the heavens, Jesus, the Son of God, let us hold fast our confession. For we have not a high priest who is unable to sympathize with our weaknesses, but one who in every respect has been tempted as we are, yet without sinning. Let us then with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need.

In the days of his flesh, Jesus offered up prayers and supplications, with loud cries and tears, to him who was able to save him from death, and he was heard for his godly fear. Although he was a Son, he learned obedience through what he suffered; and being made perfect he became the source of eternal salvation to all who obey him.

V. The Word of the Lord.
R. Thanks be to God.
The Passion of Our Lord Jesus Christ according to Saint John

The customary responses before and after are not used today.
The Passion of Our Lord will be sung by three cantors and the choir.

Homily

The Solemn Prayers

The biddings are said by the Deacon. The Celebrant says the Collects.
Please remain standing until the Deacon says, “Let us bow the knee.” All then shall kneel to pray in silence for a time, standing again when the Subdeacon says, “Arise.”

1. For Holy Church
Dearly beloved brethren, let us pray for the holy Church of God: that the Lord our God may vouchsafe to preserve her throughout all the world in unity, peace, and safety; making subject unto her all principalities and powers; and that he may grant unto us to dwell in such quiet and tranquility, that we may duly show forth the glory of God the Father Almighty.

Let us bow the knee. Silence Arise.

2. For the Pope
Let us pray likewise for our most Holy Father Pope Francis: that like as the Lord our God hath appointed him to the office of a Bishop, so he may preserve him in all peace and safety for the governance of the holy people of God.

Let us bow the knee. Silence Arise.

3. For All Orders and Estates of the Faithful
Let us pray likewise for Steven our Bishop; all Bishops, Priests and Deacons; and for all the elect people of God.

Let us bow the knee. Silence Arise.

4. For Catechumens
Let us pray likewise for all them that are Catechumens: that the Lord our God may open the ears of their hearts that they may enter in at the gate of his mercy; that by the washing of regeneration they may obtain the remission of all their sins, and be found faithful servants of Christ Jesus our Lord.

Let us bow the knee. Silence Arise.

5. For the Unity of Christians
Let us pray likewise for all them that are in heresy and schism: that the Lord our God may deliver them from all false doctrines, and vouchsafe to restore them to their holy mother the Catholic and Apostolic Church.

Let us bow the knee. Silence Arise.

6. For the Jewish People
Let us pray likewise for the Jewish people, to whom the Lord our God spoke first, that he may grant them to advance in love of his Name and in faithfulness to his covenant.

Let us bow the knee. Silence Arise.

7. For Them that Believe not in Christ
Let us pray likewise for them that believe not in our Lord Jesus Christ, that, enlightened by the Holy Spirit, they also may enter on the way of salvation.

Let us bow the knee. Silence Arise.

8. For Them that Believe not in God
Let us pray likewise for those who do not acknowledge God, that following what is right in sincerity of heart they may find the way to God himself.

Let us bow the knee. Silence Arise.

9. For All Governors and Rulers
Let us pray for all who bear rule over the nations, and for all in any office and authority therein: that the Lord our God would direct their hearts and minds according to his will to the preservation of our perpetual peace.

Let us bow the knee. Silence Arise.

10. For the Needs of the Faithful
Dearly beloved brethren, let us pray likewise to God the Father Almighty, that he would vouchsafe to cleanse the world from all false doctrine: to deliver it from pestilence and famine; to set free them that are in captivity; granting unto pilgrims a safe return; to the sick healing; and to them that travel to attain unto the haven that they desire.

Let us bow the knee. Silence Arise.

11. For the Faithful Departed
Let us remember before God those of our brethren who have departed this life with the sign of faith; and likewise yield high praise and hearty thanks for the wonderful grace and virtue declared in all his Saints.

Let us bow the knee. Silence Arise.
Second Part: The Adoration of the Holy Cross

The Celebrant will carry an unveiled crucifix containing a Relic of the True Cross. He will elevate it at the door, in the middle, and before entering the chancel, singing the invitation “Behold the wood...”. The Choir will respond each time “O come, let us adore.” Following each response, all kneel briefly, in adoration.

Celebrant: Behold the wood of the Cross, whereon was hung the world’s Salvation.
Choir: O come, let us adore. (kneel)

The Celebrant will offer the Cross. The Ministers, with vestments and shoes removed, venerate the Cross first, followed by the People.

As the People approach the True Cross, they should genuflect (the relic of the True Cross is the only relic rightly honored with a genuflection).

The Congregation is asked to refrain from kissing the cross.

At the 2:00 service, a second Crucifix with another relic of the True Cross will be available in the Narthex for Adoration by those seated in the back of the Church or outside.

Veneration Antiphon

We worship thy holy Cross, O Lord, and praise and glorify thy holy Resurrection:
for by virtue of this very wood joy hath come to the whole world.
Ps. God be merciful unto us and bless us; and show us the light of his countenance, and be merciful unto us.
We worship thy holy Cross....

The Reproaches

Tomas Luis de Victoria (c. 1548-1611)

O my people, what have I done to thee? Or how have I offended you? Answer me.
Because I led thee out of the land of Egypt: thou hast prepared a Cross for thy Saviour.
O holy God! O holy God! O holy strong One! O holy strong One!
O holy and immortal, have mercy upon us. O holy and immortal, have mercy upon us.

Because I led thee through the desert for forty years: and fed thee with manna, and brought thee into a land exceeding good:
thou hast prepared a Cross for thy Saviour.
O holy God!...

What more ought I to have done for thee, that I have not done? I planted thee, indeed, My most beautiful vineyard:
and thou hast become exceeding bitter to me: for in my thirst thou gavest me vinegar to drink:
and with a spear thou hast pierced the side of thy Saviour.
O holy God!...

For thy sake I scourged the firstborn of Egypt: Thou hast given me up to be scourged.
O my people...

I led thee out of Egypt having drowned Pharaoh in the Red Sea: and thou hast delivered Me to the chief priests.
O my people...

I opened the sea before thee: and thou hast opened my side with a spear.
O my people...

I went before thee in a pillar of cloud: and thou hast led me to the judgment hall of Pilate.
O my people...

I fed thee with manna in the desert; and thou hast assaulted me with blows and scourges.
O my people...

I gave thee the water of salvation from the rock: and thou hast given me gall and vinegar to drink.
O my people...

For thy sake I struck the kings of the Canaanites: and thou hast struck my head with a reed.
O my people...

I gave thee a royal sceptre: and thou hast given a crown of thorns for my head.
O my people...

I exalted thee with great strength; and thou hast hanged me on the gibbet of the cross.
O my people...
The Celebrant continues alone:
Deliver us, O Lord, we beseech thee, from all evils, past, present, and to come; and at the intercession of the blessed and glorious ever-Virgin Mary, Mother of God, with thy blessed Apostles Peter and Paul, and with Andrew, and all the Saints, favourably grant peace in our days, that by the help of thine availing mercy we may ever both be free from sin and safe from all distress.

The People respond:
For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

The Celebrant shall show the Host to the People, saying,
Behold the Lamb of God, behold him that taketh away the sins of the world.

Blessed are those who are called to the Supper of the Lamb.

The People shall join him in saying thrice,
Lord, I am not worthy that thou shouldest come under my roof; but speak the word only, and my soul shall be healed.

When the Adoration of the Holy Cross has been concluded, the Crucifix is carried by the Deacon to its place at the Altar. Lighted candles are placed near the Crucifix.

Third Part: The Holy Communion

The Blessed Sacrament will be brought from the Altar of Repose. The Altar is covered with a cloth, and the corporal and book are placed upon it. The ciborium, containing the Blessed Sacrament is carried by the Deacon from the place of reposition to the Altar. The faithful should kneel as the Blessed Sacrament is brought into the Sanctuary. Two servers with lighted candles accompany him, and then set their candles on the Altar. The Celebrant places the ciborium on the Altar, uncovers it, and genuflects.

The Celebrant says:
As our Saviour Christ hath commanded and taught us, we are bold to say:

Our Father,
who art in heaven, hallowed be thy Name,
Thy kingdom come, thy will be done, on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses, as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.

The Celebrant continues alone:
Deliver us, O Lord, we beseech thee, from all evils, past, present, and to come; and at the intercession of the blessed and glorious ever-Virgin Mary, Mother of God, with thy blessed Apostles Peter and Paul, and with Andrew, and all the Saints, favourably grant peace in our days, that by the help of thine availing mercy we may ever both be free from sin and safe from all distress.

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The Celebrant shall show the Host to the People, saying,
Behold the Lamb of God, behold him that taketh away the sins of the world.
Blessed are those who are called to the Supper of the Lamb.

The People shall join him in saying thrice,
Lord, I am not worthy that thou shouldest come under my roof; but speak the word only, and my soul shall be healed.

The Sacrament is then administered with the customary words.

Communion of the Faithful

An Act of Spiritual Communion
for those who cannot now receive Jesus in the Blessed Sacrament
My Jesus, I believe that thou art truly present in the Most Holy Sacrament. I love thee above all things, and I desire to receive thee into my soul. Since I cannot at this moment receive thee sacramentally, come at least spiritually into my heart. I embrace thee as if thou wert already there and unite myself wholly to thee. Never permit me to be separated from thee. Amen.
Communion Anthems

“Ave verum Corpus”  
William Byrd (1538-1623)

Ave verum corpus, natum de Maria Virgine:  
Vere passum, immolatum in cruce pro homine:  
Cuius latus perforatum, unda fluxit sanguine:  
Esto nos praegustandum in mortis examine.  
O dulcis, O pie, O Jesu Filii Mariae, Miserere mei.  
Amen.

Hail, O true Body, of the blessed Virgin born,  
Which in anguish to redeem us didst suffer upon the cross;  
from whose side, when pierced by spear,  
there came forth both water and blood:  
Be to us at our last hour the source of consolation.  
O loving, O holy, O Jesu, thou Son of Mary, have mercy on me.  
Amen.

~ Fourteenth-century hymn, Pope Innocent VI (d. 1342)

“God So Loved the World” from The Crucifixion  
Sir John Stainer (1840-1901)

God so loved the world that he gave his only begotten Son, that  
whosoever believeth in him should not perish, but have everlasting life.  
For God sent not his Son into the world to condemn the world, but that the world through him might be saved.  
~ John 3:16-17

The distribution of Holy Communion being completed, the Deacon takes the ciborium to its place of repose.  
The Celebrant, after a period of silence, says:

Let us pray.

O Lord Jesu Christ, Son of the living God, we pray thee to set thy Passion, Cross, and Death between thy judgement and our souls, now and in the hour of our death: vouchsafe to grant mercy and grace to the living, rest to the dead, to thy holy Church peace and concord, and to us sinners everlasting life and glory; who livest and reignest with the Father, in the unity of the Holy Spirit, ever one God, world without end.  
Amen.

After genuflecting to the Crucifix, the Ministers and servers return to the sacristy in silence.

The congregation departs in silence.

This second portion of the Easter Triduum ends without a blessing.