

FOURTH SUNDAY IN ORDINARY TIME — JANUARY 31, 2021

Come, let us bow down in worship; let us kneel before the LORD who made us. — Psalm 95:6

Saint Mary Help of Christians Parish
 818 McGowan Road • Shelby, NC 28150 • 704-487-7697
 stmaryshelby@charlottediocese.org • SaintMaryShelby.org

Christ the King Mission
 714 Stone Street • Kings Mountain
 Refer all correspondence to St. Mary

Parish Office: Monday, Tuesday, Thursday, Friday 9:00 AM-5:00 PM (Closed 1:00-2:00 PM)
 Chapel Open: 7:00 AM-6:00 PM, with door code 5440#

Parish Priest..... Rev. Fr. Michael Kottar..... 704-487-7697 x103..... mtkottar@charlottediocese.org
 Permanent Deacon..... Rev. Mr. James Trombley 704-487-7697 x307..... jptrombley@charlottediocese.org
 Administrative Assistant..... Jean Judge 704-487-7697 x103..... jmjudge@charlottediocese.org
 Faith Formation Maureen Westlund..... 704-487-7697 x308..... mpwestlund@charlottediocese.org

For Sacramental emergencies after hours, please call the parish office and follow the prompts.

HOLY MASS

Saturday (Christ the King)..... 5:00 PM
 Sunday 9:00 AM; 12:00 PM (Español)
 Monday, Tuesday, Thursday 8:00 AM
 Friday..... 7:00 PM (Español)
 Holy Days of Obligation..... As announced

Changes announced at Mass and with Facebook and FlockNote

CONFESSION

Monday..... 7:15-7:30 PM
 Thursday..... After Mass
 Friday..... After Mass
 Saturday (Christ the King)..... 4:15-4:45 PM
 Sunday 8:15-8:45 AM

Also by appointment

ADORATION

Monday..... 7:00-8:00 PM
 Friday..... 8:00-9:00 PM

NOVENAS

Miraculous Medal Novena..... Monday after Mass
 St. Rita Novena..... Tuesday after Mass



**The 2020 contribution statements
 were mailed on January 29.**

**Thank you for your generosity
 to our parish and to the needy
 in our community.**

OUR LADY OF LOURDES



Our Lady of Lourdes Feast Day is Thursday, February 11. It is also World Day of the Sick. Holy Mass will be in the chapel at 11:00 AM. If anyone is seriously ill, in chronic pain, preparing for surgery, or is weak from age, you are invited to come to this Mass to receive the sacrament of the Anointing of the Sick. Confessions will be available beginning at 10:30 AM to spiritually prepare for this sacrament. You may also come to Confession prior to one of the weekend Masses. You can prepare for the feast with a novena beginning February 2: www.ewtn.com/catholicism/devotions/novena-to-our-lady-of-lourdes-297

DAILY PRAYER TO END ABORTION

Lord God, I thank you today for the gift of my life, and for the lives of all my brothers and sisters. I know there is nothing that destroys more life than abortion, yet I rejoice that you have conquered death by the Resurrection of Your Son. I am ready to do my part in ending abortion. Today I commit myself never to be silent, never to be passive, never to be forgetful of the unborn.

I commit myself to be active in the pro-life movement, and never to stop defending life until all my brothers and sisters are protected, and our nation once again becomes a nation with liberty and justice, not just for some, but for all. Through Christ our Lord. Amen.



Facebook



FlockNote



Website

CHANGES THIS WEEK

Tuesday, February 2 - the Mass for the Presentation of the Lord will be celebrated at 7:00 PM in Spanish.

DEVOTIONS & MORE

For a listing of Mass intentions each week, visit our Facebook page (www.facebook.com/StMaryShelby) or our website (www.SaintMaryShelby.org/mass-intentions). They will also be sent to the parish regularly via FlockNote.

Sunday, January 31

8:15 AM... Confession (SM)
10:20 AM . Confirmation Class (SM Parish Hall)
11:20 AM . Holy Rosary (SM)

Monday, February 1

8:00 AM... Mass/Miraculous Medal Novena (SM)
7:00 PM ... Adoration until 8:00 PM (SM)
7:00 PM ... Emaús Group (SM Parish Hall)
7:15 PM ... Confessions until 7:30 PM (SM)

Tuesday, February 2

4:00 PM ... RCIA Class (SM Parish Hall)
7:00 PM ... Mass in Spanish (SM)

Wednesday, February 3

No events scheduled

Thursday, February 4

8:00 AM....Mass (SM)

Friday, February 5

7:00 PM Mass/ Conf. / Adoration until 9:00 (SM)

Saturday, February 6

4:15 PM Confession (CK)

Sunday, February 7

8:15 AM.... Confession (SM)
10:20 AM .. Confirmation Class (SM Parish Hall)
11:20 AM .. Holy Rosary (SM)

STEWARDSHIP

*The Blessed Virgin Mary was the model steward with her unqualified, "yes" and complete trust in God's will.
When I put God first in my life, everything else falls into place.*

- Upcoming Special Collections:
January 31 - Debt Reduction (Christ the King only)
- Cleaners: 1/31 - Joel, Graciela | 2/7 - El Coro
- Bulletin Sponsorship: Suggested donation of \$15/week. All donations are for the Poor Box and will be used for charitable needs in our community. Sponsorship will be announced by name, or any other message (as appropriate) that will fit in this space, or you may remain anonymous. Contact the office for more information.
- Food Bank / Boost & Ensure: Donations of non-perishable food and Boost & Ensure are urgently needed. Suggested food items: apple sauce, cold cereal, oatmeal, canned soup and pasta, canned fruit, peanut butter, beans, rice, canned vegetables. The food will stay in our parish to help parishioners, but Boost & Ensure will be taken to the Senior center for use by their clients. You can have items delivered directly to St. Mary, 818 McGowan Rd, Shelby, NC 28150. THANK YOU to those who have donated to our food pantry!
- Online Giving: Please consider using online giving for your weekly tithe to St. Mary or Christ the King. You can use credit or debit cards, or your bank account. Text giving is now available at both churches. Learn more at SaintMaryShelby.org/online-giving.

• Monthly Offertory:	<u>October 2020</u>	<u>Monthly Budget</u>	<u>October 2019</u>
SM	\$15,766	\$19,757	\$16,249
CK	\$1,262	\$4,510	\$1,669

SAINTS AND SPECIAL OBSERVANCES

- Tuesday: The Church celebrates the feast of the Presentation of the Lord which occurs forty days after the birth of Jesus and is also known as Candlemas day, since the blessing and procession of candles is included in today's liturgy. This is known as a "Christmas feast" since it points back to the Solemnity of Christmas, and many Catholics practice the tradition of keeping out the Nativity creche or other Christmas decorations until this feast.
- Wednesday: St. Blaise enjoyed widespread veneration in the Eastern and Western Churches due to many cures attributed to him. According to tradition, he was Bishop of Sebaste in Armenia and was martyred under Licinius. On this day the Church gives a "Blessing of the Throats" in honor of St. Blaise. From the eighth century he has been invoked on behalf of the sick, especially those afflicted with illnesses of the throat.
- Friday: St. Agatha
- Saturday: St. Paul Miki and companions - Paul Miki, a Japanese Jesuit, and his twenty-five companions were martyred in Nagasaki, Japan. They were the first martyrs of East Asia to be canonized. They were killed simultaneously by being raised on crosses and then stabbed with spears. Their executioners were astounded upon seeing their joy at being associated to the Passion of Christ. (*CatholicCulture.org*)

LENTEN REGULATIONS

Ash Wednesday (February 17) and Good Friday (April 2) are obligatory days of fasting and abstinence for Catholics. In addition, Fridays during Lent are obligatory days of abstinence.

Fasting is obligatory from age 18 until age 59. One full meal is permitted, as well as two smaller meals that together are not equal to a full meal. **Abstinence** from meat is binding from age 14 onwards.

Anyone who neglects all forms of penance, or shows contempt for the Church's penitential discipline, may be guilty of serious sin. Occasional failure to observe penitential regulations is not seriously sinful. Proportionately grave circumstances (sickness, dietary needs) excuse from the obligation of fast and abstinence, but not from seeking other forms of penance.

ASH WEDNESDAY, FEBRUARY 17

Mass with imposition of Ashes will be celebrated at 11:00 AM (English) and 7:00 PM (Spanish). Both Masses will require Signup Genius registration beginning February 14. Contact the parish office if you need assistance registering for Mass. If you are unable to attend either of the Masses because the Signups are full, you can still receive ashes: wait in your car outside the evening Mass and the ushers will allow you inside to receive ashes at about 7:30. Ashes will not be distributed at any other time.

FRIDAYS IN LENT

- Mass at 11:00 AM in English, followed by Stations of the Cross in English.
- Stations of the Cross at 7:00 PM in Spanish, followed by a Holy Hour. No evening Mass.

CAROLINA CATHOLIC RADIO



DYNAMIC, FAITHFUL CATHOLIC PROGRAMMING - Learn, Love and Live Your Catholic Faith. Our programming is designed to draw you deeper into your Catholic faith, feed you spiritually and encourage you to be a Beacon of Light in a dark, divided secular culture. Listen online at

www.carolinacatholicradio.org/. Apps are available for both Android and Apple.



ST. JOSEPH PRAYER BOOKS

Bishop Peter Joseph Jugis announced that the Diocese of Charlotte would celebrate the “Year of St. Joseph” from January 1, 2020 to May 1, 2021 to commemorate the 150th anniversary of St. Joseph being solemnly declared Patron of the Catholic Church by Pope Pius IX in his decree *Quemadmodum Deus*. Additionally, the Holy See has proclaimed 2021 the Year of St. Joseph for the Universal Church. Throughout the year we strive to honor St. Joseph as the guardian and protector of the Church and her faithful with heartfelt prayer and devotion, encouraging all to take his virtuous life as our model for fulfilling our personal vocation to holiness. Our parish still has a limited number of St. Joseph prayer books available in English and Spanish. Contact the parish office for more information.

“Let us ask St. Joseph to intercede for us, to obtain God’s blessing on us as we make our way in life this year.” - Bishop Peter Jugis

I CONFESS

One form of the penitential rite at the beginning of Mass is the traditional Confiteor, or “I confess,” a prayer that was formerly prayed by the priest alone at the foot of the altar, but which is now prayed by the entire assembly. The Confiteor is at once personal—“I confess”—and communal, prayed aloud, together. We recognize that sin does not just separate us from God; sin comes between us and others, isolating us. We acknowledge that sin has many dimensions, individual and communal: sins of thought, sins of speech, sins of action, sins of omission. Sin is not something that happens to us; sin is something we do. In the Confiteor, we take responsibility for our own actions. The repeated insistence on our “fault,” with the ritual gesture of striking the breast, an ancient sign of penitence, is not meant to lower our self-esteem. Rather, it acknowledges our human instinct to transfer the blame whenever we can (“The devil made me do it!”). This prayer stops us short. We take responsibility for ourselves, our actions, our failure to act. Then we cry out to God in those ancient words, Kyrie, eleison—Lord, have mercy. For the sinner who repents, there is mercy. This truth is at the heart of our faith, and it is where the Mass, our feast of faith, begins. (*-Corinna Laughlin, Copyright © J. S. Paluch Co.*)



**Thank you to
Fr. Kottar,
Deacon James,
Ushers, Cantors,
Lectors, Office Staff,
Cleaning Crew,
all Parish Volunteers.**



Pray for the repose of the souls of the deceased members of Knights of Columbus Council 11946:

Anibal Angel	Butch Lowery
Bill Campbell	Joe McNamara
Berney Gehring	Dick Nann
Karl Giffin	Conway Pagett
Bill Hill	Paul Pasco
Dave Hobart	Ibrahim Sara
Joe Izzi	Paul Territo
Paul Judge	Ed Vito
Marty Kane	Rev. Michael Hoban
Bob Kingery	

Eternal rest grant unto them, O Lord.
And let perpetual light shine upon them.

May their souls, and the souls of all the faithful departed, rest in peace. Amen.