

# ST. MARY'S CATHOLIC CHURCH - LENT 2020

## Devotionals / Prayer

Solemn Vespers (Evening Prayer): **Every Sunday 4:00-4:30 PM** at *Our Lady of Victory Cathedral*

Eucharistic Adoration: **Monday - Friday 7:00 AM - 7:00 PM** in *St. Mary's Chapel*

Divine Mercy Cenacle (Chaplet and Rosary): **Every Tuesday 3:00 - 4:30 PM** in *St. Mary's Chapel*

Stations of the Cross and Benediction: **Every Friday: 6:00 PM** in *St. Mary's Church*

## Lenten Day Retreat

I Will Glory in My Infirmities, *From the life and writings of Fr. Charles Kram:*

**Sat, Feb. 29th from 9:00 AM - 4:00 PM** in *St. Mary's Activity Center*

RSVP by Thursday, Feb. 27th (361) 573-4328

## Sacrament of Penance

Confession Available: **Monday - Friday 12:30 PM / Saturday 5:00 PM / and upon request**

<u>Parish Penance Services:</u>	<b>Tuesday, March 24</b>	<i>Our Lady of Sorrows</i>	<b>at 6:30 pm</b>
	<b>Monday, March 30</b>	<i>Our Lady of Victory</i>	<b>at 6:30 pm</b>
	<b>Tuesday, March 31</b>	<i>Our Lady of Lourdes</i>	<b>at 6:30 pm</b>
	<b>Wednesday, April 1</b>	<i>St. Patrick's, Bloomington</i>	<b>at 6:00 pm</b>
	<b>Thursday, April 2</b>	<i>Holy Family</i>	<b>at 6:30 pm</b>
	<b>Friday, April 3</b>	<i>St. Mary's</i>	<b>at 4:00 pm</b>

## Faith Sharing / Faith Formation

Disciples on the Journey: Small groups of faith sharing during Lent. Call Laurie Bautista at 573-9561, Judy Jabbour at 648-9347, or the parish office at 573-4328 for more information.

Bible Study: **Every Sunday at 9:15 AM and Every Wednesday at 6:15 PM** in *the Annex*

## Holy Week / Easter

Chrism Mass: **Tuesday, April 7th at 10:00 AM** at *Our Lady of Victory Cathedral*

Tenebrae: **Tuesday, April 7th at 8:00 PM** at *Our Lady of Victory Cathedral*

Holy Thursday: **April 9th**

Parish Meal **at 6:00 PM** in *the Activity Center*

Mass **at 7:30 PM** in *St. Mary's Church*

Eucharistic Adoration **after Mass until 10:00 PM** in *the Activity Center*

Good Friday Service: **April 10th at 12:00 Noon** in *St. Mary's Church*

Easter Vigil Mass: **April 11th at 8:00 PM** in *St. Mary's Church*

Easter Sunday Masses: **April 12th at 8:00 AM & 10:30 AM** in *St. Mary's Church*



# WHAT WILL I DO FOR LENT?

## THREE PILLARS OF LENTEN OBSERVANCE

The three traditional pillars of Lenten observance are **Prayer, Fasting** and **Almsgiving**. The Church asks us to surrender ourselves to prayer and to the reading of Scripture, to fasting and to giving alms. The fasting that all observe together on Fridays is but a sign of the daily Lenten discipline of individuals and households: fasting for certain periods of time, fasting from certain foods, but also fasting from other things and activities. Likewise, the giving of alms is an effort to share this world equally – not only through the distribution of money, but through the sharing of our time and talents.

## THE RULE OF FASTING AND ABSTINENCE

Catholics between the ages of 18 & 59 (inclusive) are obliged to fast on Ash Wednesday and Good Friday. In addition, all Catholics 14 years old and older must abstain from meat on Ash Wednesday, Good Friday and all the Fridays of Lent.

**Fasting** means partaking of only one full meal. Some food (not equaling another full meal) is permitted at breakfast and around midday or in the evening—depending on when a person chooses to eat the main or full meal.

**Abstinence** forbids the use of meat, but not of eggs or milk products. Abstinence does not include meat juices and liquid foods made from meat. Foods such as chicken broth, consommé, soups cooked or flavored with meat, meat gravies or sauces, as well as seasonings or condiments made from animal fat are not forbidden. It is permissible to use butter, lard and bacon drippings.

**“Denying material food, which nourishes our body, nurtures an interior disposition to listen to Christ and be fed by His saving word. Through fasting and praying, we allow Him to come and satisfy the deepest hunger that we experience in the depths of our being: the hunger and thirst for God.”** – Pope Benedict XVI, *Message for Lent 2009*.

## FASTING/ABSTINENCE (Which of these will I choose?)

- I will not eat meat on Fridays in Lent.
- I will not eat meat on Wednesdays [or another day \_\_\_\_\_] in Lent.
- I will give up \_\_\_\_\_.
- I will give up using the internet on Sundays [or another day \_\_\_\_\_].
- I will not go to these specific sites on the internet: \_\_\_\_\_.

## ALMSGIVING (Which of these will I choose?)

- I will give up a specific expensive habit: \_\_\_\_\_ and use the money saved for:
  - a donation to a charity (St. Vincent de Paul Society, etc.).
  - a donation for my Easter offering.
  - a donation to \_\_\_\_\_.
- I will volunteer my time at a local charity: \_\_\_\_\_.
- I will volunteer my time and talents to my parish during Lent by \_\_\_\_\_.
- I will set Sundays apart from the rest of the week by spending quality time with my family.

## PRAYER / SPIRITUAL NOURISHMENT (Which of these will I choose?)

- I will attend Mass on Ash Wednesday, February 26 (12:05 PM & 6:00 PM at St. Mary's).
- I will pray the Stations of the Cross at least once each week (Fridays, 6:00 PM at St. Mary's).
- I will read and reflect on the Sunday readings before coming to Mass.
- I will come to Mass \_\_\_\_\_ minutes early to prepare my soul for Mass.
- I will attend Sunday Vespers (Evening Prayer) at Our Lady of Victory Cathedral at 4:00 PM.
- I will attend Eucharistic Adoration (7:00 AM - 7:00 pm Mon-Fri in the Chapel).
- I will attend daily Mass (6:00 AM @ OLV / 7:00 AM @ OLS / 8:00 AM @ OLL / 12:05 @ St. Mary's).
- I will attend the Parish Lenten Retreat, *Gladly Will I Glory in My Infirmities* (Sat., Feb 29<sup>th</sup>: 9AM - 4PM).
- I will go to confession during Lent. (Frequency: \_\_\_\_\_)
- I will join a Disciples on the Journey group.
- I will read a spiritual book for Lent. (Name of book: \_\_\_\_\_)
- I will take time out of my schedule for quiet prayer time \_\_\_\_\_ minutes each day.
- I will read the Holy Week Gospels a little every day, with devotion and meditation.
- I will attend the Chrism Mass at the Cathedral (Tuesday, April 7<sup>th</sup>, 10 AM).
- I will attend the Tenebrae Service at the Cathedral (Tuesday, April 7<sup>th</sup>, 8:00 PM).
- I will attend the Holy Week liturgies:
  - Holy Thursday 7:30 PM;  Good Friday 12:00 Noon;  Easter Vigil Mass 8:00 PM

## ADDITIONAL PRACTICES:

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