



### **Carmelite Sisters, Discalced (OCD)**

Carmel of Maria Regina, Monastery and Novitiate  
87609 Green Hill Rd., Eugene, OR 97402

(541) 345-8649

[www.carmelitenunsinoregon.org](http://www.carmelitenunsinoregon.org)

carmelegene@gmail.com

The Carmel of Maria Regina is a cloistered community founded in 1957 in Eugene, Oregon. They are part of the Carmelite Order of which there are about sixty monasteries of nuns in the United States.

The original Carmelites were hermits who settled on Mount Carmel in the Holy Land where St. Elijah the prophet had lived in Old Testament times. In 1204, they received the Rule which expressed their deepest desires: “to meditate day and night on the law of the Lord and to watch in prayer.”

In the 13<sup>th</sup> century due to strife and unrest in the Middle East, the hermits of Mt. Carmel migrated to Europe and became mendicants. The nuns became part of the Order in 1452. In 1562, St. Teresa of Jesus initiated her reform which spread throughout the world and became known as the Discalced Carmelite nuns and friars.

In her monasteries, St. Teresa endeavored to form houses of prayer where friendship with Christ would be valued above all else, and where He would be served with fidelity and love. Prayer is the center and purpose of their life. The structure of their life supports this through enclosure, solitude, self-denial, community and simplicity of life.

**Vocations:** They welcome vocational inquiries by personal letter or telephone. They can also make arrangements for personal interviews. For more information please visit their [website](#).

They also are happy to receive prayer requests by letter or telephone.