

# OCTOBER | 2020



## SFDS School Lunch Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

28	29	30	1 Pick 1 Entree Rotini w/Meat Sauce & Roll Bosco Sticks PB&J Sandwich Pick 1 or 2 Peas Fruit	2 Pick 1 Entree Bosco Sticks PB&J Sandwich  Pick 1 or 2 Dark Green Salad Fruit
5 Pick 1 Entree Chicken Nuggets Pizza PB&J Sandwich Pick 1 or 2 Carrots Fruit	6 Pick 1 Entree Chicken Chef Salad Bosco Sticks PB&J Sandwich Pick 1 or 2 Wedge Fries* Fruit	7 Pick 1 Entree Corn Dog Pizza PB&J Sandwich Pick 1 or 2 Roasted Edamame Fruit	8 Pick 1 Entree Soft Taco w/Pretzel Bosco Sticks PB&J Sandwich Pick 1 or 2 Black Beans Fruit	9 Pick 1 Entree Pepperoni Calzone PB&J Sandwich  Pick 1 or 2 Dark Green Salad Fruit
12 Pick 1 Entree Chicken Chunks w/Soft Pretzel Pizza PB&J Sandwich Pick 1 or 2 Green Beans Fruit	13 Pick 1 Entree Hot Dog Bosco Sticks PB&J Sandwich Pick 1 or 2 Emoji Smiles Fruit	14 Pick 1 Entree Cheese Quesadilla Pizza PB&J Sandwich Pick 1 or 2 Roasted Mixed Veggies Fruit	15 Pick 1 Entree Cheeseburger Bosco Sticks PB&J Sandwich Pick 1 or 2 Peas Fruit	16 Pick 1 Entree Round Pizza PB&J Sandwich  Pick 1 or 2 Dark Green Salad Fruit
19 Pick 1 Entree Breaded Chicken Sandwich Pizza PB&J Sandwich Pick 1 or 2 Wedge Fries Fruit	20 Pick 1 Entree Orange Chicken Bosco Sticks PB&J Sandwich Pick 1 or 2 Broccoli Fruit	21 Pick 1 Entree Toasted Cheese Sandwich Pizza PB&J Sandwich Pick 1 or 2 Tomato Soup* Fruit	22 Pick 1 Entree Turkey Sub Bosco Sticks PB&J Sandwich Pick 1 or 2 Baked Beans Fruit	23 <b>No School!</b>  Teacher In-Service Day
26 Pick 1 Entree Chicken Nuggets Pizza PB&J Sandwich Pick 1 or 2 Sweet Potato Puffs Fruit	27 Pick 1 Entree Glazed French Toast w/Sausage Bosco Sticks PB&J Sandwich Pick 1 or 2 Hash Brown Stars Fruit	28 Pick 1 Entree Mac & Cheese w/Pretzel Pizza PB&J Sandwich Pick 1 or 2 Mixed Veggies Fruit	29 Pick 1 Entree Taco w/Chips Bosco Sticks PB&J Sandwich Pick 1 or 2 Refried Beans Fruit	30 Pick 1 Entree Stuffed Crust Pizza PB&J Sandwich  Pick 1 or 2 Dark Green Salad Fruit

### **News**

St. Albert Nutrition Service is excited to offer a **free lunch every day to every student at SFDS School** during these challenging economic times. This is made possible by federal funding and will be available **until funding is depleted or until 12/31/2020.**

Please note that snacks, ice cream, and a la carte items are not free; students must have money on their lunch accounts to purchase these items.

### **Questions or concerns?**

Please contact:  
**Marianne Thomas**  
SFDS School  
Lunchroom Manager  
St. Albert Nutrition Service  
SFDSchoolLunch@gmail.com

\*Denotes a substitution.