

SACRED HEART CATHOLIC COMMUNITY

† SACRED HEART PARISH
N108 Sabin Avenue
Spring Valley, WI 54767

† SACRED HEART PARISH
106 West Wilson Avenue
Elmwood, WI 54740

OUR PASTOR: Rev. Prince A. Raja
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NEW PARISHIONERS: We welcome new parishioners into our parish family. Please contact the Central Office for information on how to join.

OUR MASS SCHEDULE FOR THE WEEK:

Tuesday	February 20	6:30 PM	Mass in Spring Valley	+Joann Statz (Leo & Pat Lofgren)
Wednesday	February 21	7:30 PM	Mass in Elmwood	+Tom Breggemann (Altar & Rosary Society)
Thursday	February 22	8:00 AM	Mass in Spring Valley	+Mickey Traynor (Ed & Diana Hanson)
Friday	February 23	1:30 PM	Mass at Elmwood Nursing Home	+Luetta Schlosser (Mary Ann Jensen)

SECOND SUNDAY OF LENT

Saturday	February 24	8:00 PM	Vigil Mass in Elmwood	+Leroy Keenlyne (Randy & Ruth Hartung)
Sunday	February 25	8:30 AM	Mass in Elmwood	+Loren Leehe (Margery Leehe)
		10:30 AM	Mass in Spring Valley	+Fred & Fannie Krause (Doris Traynor)

CONFESSIONS:

Sunday 7:45-8:15 AM Elmwood
Tuesday 5:45-6:15 PM Spring Valley
Wednesday 6:30-7:15 PM Elmwood
Saturday 7:00-7:45 PM Elmwood

ADORATION OF THE BLESSED SACRAMENT:

Wednesday 6:30-7:30 PM Elmwood
Thursday to Friday 8:00 AM to 8:00 AM Spring Valley

Stewardship for February 10-11th, 2018

"How shall I make a return to the Lord for all He has -done for me?" (Psalm 116:12)

	Adult Envelopes	Offertory
Elmwood	\$ 1665.25	\$ 176.35
Spring Valley	\$ 1608.00	\$ 85.89



PASTORAL REFLECTION

We are now into the great season of Lent. During the season of Lent, the church invites us to examine our lives, to repent of our sins and do penance. By means of fasting, penance and prayers, the faithful obtain strength they need to overcome the sinful tendencies. During the season of Lent, we are called upon to spend six weeks preparing ourselves to celebrate the high point of our faith: the Paschal Mystery, the suffering, death and resurrection of the Incarnate God.

The Summary of five steps in St. Ignatian Spirituality can enlighten us:

- 1. Become aware of God's presence.** Look back on the events of the day in the company of the Holy Spirit. The day may seem confusing to you—a blur, a jumble, a muddle. Ask God to bring clarity and understanding.
- 2. Review the day with gratitude.** Walk through your day in the presence of God and note its joys and delights. Focus on the day's gifts. Look at the work you did, the people you interacted with. What did you receive from these people? What did you give them? Pay attention to small things—the food you ate, the sights you saw, and other seemingly small pleasures. God is in the details.
- 3. Pay attention to your emotions.** One of St. Ignatius's great insights was that we detect the presence of the Spirit of God in the movements of our emotions. Reflect on the feelings you experienced during the day.
- 4. Choose one feature of the day and pray from it.** Ask the Holy Spirit to direct you to something during the day that God thinks is particularly important. It may involve a feeling—positive or negative. Allow the prayer to arise spontaneously from your heart—whether intercession, praise, repentance, or gratitude.
- 5. Look toward tomorrow.** Ask God to give you light for tomorrow's challenges. Pay Allow these feelings to turn into prayer. Seek God's guidance. Ask him for help and understanding. Pray for hope. Have a conversation with Jesus. End the Daily Examination of Conscience with the 'Our Father'.

Rev. Prince Raja

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News for All

This Week in FORMED: With clarity and profound hope, in Love, Sacrifice, Trust: He Showed Us the way, Fr. Mike Schmitz shows how God's rescue mission for us includes the need for each person to embrace his own cross, and understand that true love requires sacrifice. Check out this audio talk on the watch tab of Formed.org. Find all of this content and so much more on Formed.org. Log in to Formed by visiting www.formed.org/register –and entering in Parish Code: **CQH26N**

Pope Benedict XVI says the following words in his encyclical letter “God is Love”: “In sacramental communion I become one with the Lord, like all the other communicants. As Saint Paul says, “Because there is one bread, we who are many are one body, for we all partake of the one bread” (1 Cor 10:17). Union with Christ is also union with all those to whom he gives himself. I cannot possess Christ just for myself; I can belong to him only in union with all those who have become, or who will become, his own. ... Love of God and love of neighbor are now truly united: God incarnate draws us all to himself. ... Here the usual contraposition between worship and ethics simply falls apart. “Worship” itself, Eucharistic communion, includes the reality both of being loved and of loving others in turn. A Eucharist which does not pass over into the concrete practice of love is intrinsically fragmented” (n. 14). These words remind us of our calling to love all our neighbors, born and unborn.

Diocesan Sesquicentennial Opening Mass: To celebrate the opening of our diocesan sesquicentennial, Bishop Callahan will celebrate Mass at St. Gabriel Church in Prairie du Chien on Saturday, March 3, 2018, beginning at 10:00 a.m. Reception to follow at St. John Church in Prairie du Chien. All are welcome.

Elmwood News

STATIONS of the CROSS: will be prayed on Friday's at 7:30 pm during Lent.

Fazoli fundraiser: A big shout-out to everyone who supported our CCD program and enjoyed the Fazoli dinner night with us. Thank you to the Sacred Heart CCD families who worked hard in making this event successful. The families with the highest sales and donations: in first place Bryan & Sarah Bechel family, second place Derek & Vicki Auth family and third place Charley and Renee Obermueller family. Thank you to the local businesses and parishioners who donated the wonderful door prizes: Citizens State Bank, Countryside Coop, Elmwood Motors, Kern's Kurbside Bar and Grill, Sandbar Bar and Grill, Sailer's Food market, Schuler Insurance, Sneaker's Pub & Eatery, Spring Valley Drug & Hardware, T & S Hardware, The Longbranch, The Rusty Horse Bar and Grill, Ann Heath, and Bill & Roselyn Sylla. To Paul Seeling and Marybeth Tschumperlin a special thank you for helping advertise for the event. Last but not least thank you to Martha Hartung and Catholic Financial Life, Chapter 191 for co-sponsoring the event with us. Sincerely, Marilyn Bowell DRE and Youth Minister

In this Lenten season, join with other parishioners in praying the thirty day novena to St. Joseph. As we pray for our own private intentions, we also will be praying for the requests of all those participating in the novena. The novena prayer pamphlets are found at the entrances and in the back of the church. March is St. Joseph's special month, so begin the novena on Ash Wednesday or anytime during Lent, but no later than March first, so that Good Friday is the final day for this novena.

Altar and Rosary is making a change in their yearly calendar of events, the new calendar will now be May to April. We are in desperate need of a new treasurer, this position does require a home computer. It is a 2 year term and all information is on a flash drive. Also needed is a secretary and group chairs. (Home computer not required) Please contact Sharon Weber, Mary Ann Jensen or Sharon Sinz for more information The Altar and Rosary needs you to help keep the organization do all the wonderful things we do for Elmwood Parish.

First Sunday of Lent Prayer:

**Lord of Lent, Lord of Easter,
As you went into the desert**

So do I follow

Putting aside that which distracts me

Grabs at me

Falsely claims me.

To search inside

To confront myself

My best, my worst

My good works and my sins.

And each time, I find you there

To call to me again

With words of challenge and words of mercy.

And as I fall to my knees, in prayer, in fasting

In sacrifice and penitence

**Somehow, you have it in yourself to reach out
and gently lift me**

To renew me

To claim me as nothing of this world can claim me.

Meet me in the desert, Lord. Claim me anew.

Amen.



Spring Valley News

DAA Update: With the recent installment payments & a pledge, \$19082.44 (93%) of our \$20375 DAA target has been paid. Thank you for your continual payments & pledges.

Finance Committee: meeting will be held Tuesday, February 20th at 7:00 PM after Mass in Spring Valley

St. Patrick's Day Dinner - Sunday, March 18, 2017: will be held at the Brother Michael CCD Center - S104 Sabin Avenue, Spring Valley from 11:00am -1:00pm. ALL Help is welcomed. Thank you to Mary Lansing for providing leadership for the dinner.

Spring Valley Community Food Shelf: Sacred Heart Parish is responsible for donating items in the months of February and July. Please leave non perishable food items in the back of church. Monetary donations should be made out to the "Spring Valley Food Shelf". We will deliver the monies and items to the food shelf on the 2nd and 4th Wednesdays in February. Thank you.

Eucharistic Adoration: We are looking for two or more people to permanently take over the 1:00 - 2:00 hour of Eucharistic adoration on Thursday afternoons. Please contact Laura Buchal at 715-772-4452 for more information.

30th Annual Spring Valley Area Ambulance: Pancake Breakfast and Silent Auction will be held Sunday February 25th from 8-1 pm in the Brother Michael Center.

STATIONS of the CROSS: will be prayed on Tuesday's at 7:00 pm during Lent.

In Need of Mass Servers: With a couple of our youth graduating this Spring, we are in need of a few more altar servers. If any youth in grades 3rd or older are interested in helping with mass, please contact the Central Office for more information. Thank You!