

28TH SUNDAY IN ORDINARY TIME

OCTOBER 10, 2021



The Rich Man

MARK 10:17-27

As Jesus was setting out on a journey, a man ran up, knelt down before him, and asked him, "Good teacher, what must I do to inherit eternal life?" Jesus answered him, "Why do you call me good? No one is good but God alone. You know the commandments: You shall not kill; you shall not commit adultery; you shall not steal; you shall not bear false witness; you shall not defraud; honor your father and your mother." He replied and said to him, "Teacher, all of these I have observed from my youth." Jesus, looking at him, loved him and said to him, "You are lacking in one thing. Go, sell what you have, and give to the poor and you will have treasure in heaven; then come, follow me." At that statement his face fell, and he went away sad, for he had many possessions.

Jesus looked around and said to his disciples, "How hard it is for those who have wealth to enter the kingdom of God!" The disciples were amazed at his words. So Jesus again said to them in reply, "Children, how hard it is to enter the kingdom of God! It is easier for a camel to pass through the eye of a needle than for one who is rich to enter the kingdom of God." They were exceedingly astonished and said among themselves, "Then who can be saved?" Jesus looked at them and said, "For human beings it is impossible, but not for God. All things are possible for God."



TIPS FOR EXPLORING THE GOSPEL

- Read the upcoming Sunday Gospel a few days before the weekend. Listen to what God is saying to you personally.
- Select part of the Gospel ahead of time and share it with your children. Have them listen for this part during Mass.
- Don't be afraid to let kids ask honest questions. Be honest if you don't know something. Tell your child you will look into it and get back to them.

EXPLORING THE GOSPEL



Either before or after a Sunday meal together, designate one person to read the Gospel. Other family members should listen attentively. Then have each family member share an insight about the Gospel.

Discuss the following questions as a family:

- Jesus says that it is hard for those who have wealth to enter the kingdom of God. Why is this an obstacle?
- The Rich Man was asked to give up his possessions. What are you willing to give up in order to focus more on God?



RECIPE OF THE WEEK

Philly Beef and Cheese Sandwiches

Ground beef wasn't the meat of choice for the "rich" but it can be used to create a delicious sandwich for a quick and easy meal!

INGREDIENTS:

- 2 lbs. ground beef
- 2 packages dry onion soup mix
- 1 T. Worcestershire sauce
- 2 T. butter
- 1 onion, sliced
- 2 bell peppers, sliced
- 6 slices provolone cheese
- 8 Kaiser rolls

DIRECTIONS:

1. In a large skillet, combine the ground beef, onion soup mix and Worcestershire sauce. Cook over medium heat until the beef is browned.
2. As the meat is cooking, slice the onion and peppers.
3. In a second skillet, melt the butter and add the onion and peppers. Sprinkle with salt and cook until the vegetables are soft.
4. Cover the cooked meat with the cheese, and cover with the lid. Turn off the heat and let the cheese melt.
5. Toast the rolls and top with the meat mixture and vegetables.

Submit your own favorite snack, dessert, or dinner recipe online at www.stmarysbismarck.org/reclaiming-sundays

Families are encouraged to share what they are doing to celebrate each Sunday by using the hashtag *#ReclaimingSundays* on social media!



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FAMILY PRAYER

10 Commandments Prayer

As a family, pray this Ten Commandments Prayer. Each prayer is a positive petition to ask for God's help with each commandment, some of which can be found in today's Gospel.

My Lord and God,

1. Help me keep you first in my life.
2. Help me speak only good things in your name.
3. Help me attend Mass each week.
4. Help me honor my parents.
5. Help me protect life.
6. Help me be faithful to those I love.
7. Help me be generous.
8. Help me speak the truth.
9. Help me celebrate the beauty of others.
10. Help me to want to share.

Amen.

FAMILY FUN

Eye of the Needle



Some claim that Jerusalem's city wall had a narrow gate known as the "eye of the needle." The size of the gate made it impossible for a fully loaded camel to pass through it. The animal would have to be fully unloaded or walk on its knees, in a vulnerable position, in order to get through the opening.

With parental supervision, grab some thread or yarn and a few needles. Have your children try and get the thread through the eye of the needle. It's not easy! Have them try using different size thread or different size needles to see who can do it quickest. If you have a needle threader, demonstrate how much easier it is with some assistance.

Connect the activity to the Gospel message: without help, certain tasks can seem impossible. But with God, anything is possible!